



## **Musculoskeletal and Sports Care Self-Study Package 9<sup>th</sup> Edition**

### **Topics with Faculty**

Female Athlete Triad  
Siobhan M. Statuta, MD

Osteoarthritis and Sports Participation  
Bryan Prine, Jr, MD

Dietary and Nutritional Supplements  
Siobhan M. Statuta, MD

Exercise for the Geriatric Patient  
W. Joshua Cox, DO

Skin Conditions in Athletics  
Charlie Michaudet, MD

STOP Sports Injuries  
Peter J. Carek, MD

Concussion and Return to Play Guidelines  
Michael Seth Smith, MD

Athletes with Common Medical Conditions  
Bryan Prine, Jr, MD

Cardiovascular Screening in Young Athletes  
Peter J. Carek, MD

Upper Body Evaluations, Examinations and Injury  
Management (Cervical)  
Michael J. Petrizzi, MD

Upper Body Evaluations, Examinations and Injury  
Management (Shoulder)  
Michael J. Petrizzi, MD

Upper Body Evaluations, Examinations and Injury  
Management (Elbow)  
Bryan Prine, Jr, MD

Physician Wellness  
Peter J. Carek, MD

Upper Body Evaluations, Examinations and Injury  
Management (Hand and Wrist)  
W. Joshua Cox, DO

Lower Body Evaluations, Examinations and Injury  
Management (Lumbar)  
Michael J. Petrizzi, MD

Lower Body Evaluations, Examinations and Injury  
Management (Hip)  
W. Joshua Cox, DO

Exercise Prescriptions and New Trends in Training  
Charlie Michaudet, MD

Lower Body Evaluations, Examinations and Injury  
Management (Knee)  
Michael Seth Smith, MD

Lower Body Evaluations, Examinations and Injury  
Management (Ankle and Foot)  
Charlie Michaudet, MD

Case Studies (Shoulder and Knee) Evaluations and  
Management  
Siobhan M. Statuta, MD