

## Resident 2 Agenda and Resolutions

National Conference of Family Medicine Residents and Medical Students July 27 -29, 2017 – Kansas City, MO

1. Resolution No. R2-501	Student Loan Refinancing Program
2. Resolution No. R2-502	Make a Statement Opposing Department of Health and Human Services Department Cuts to the Reproductive Health Programs and Funding
3. Resolution No. R2-503	Improve Physician Wellness Through Providing Travel Credit from Commercial Airline Partners
4. Resolution No. R2-504	Harm Reduction Strategies to Prevent Opioid Overdose- related Events
5. Resolution No. R2-505	Supporting family physicians in advocating for healthier practice environments
6. Resolution No. R2-506	Implementing Objective Assessment of Resident Physician Burnout
7. Resolution No. R2-507	The Medicare and Medicaid Funding Shortage – Impact for Puerto Rico
8. Resolution No. R2-508	Addressing Unmet Need: Personal Financial Education
9. Resolution No. R2-509	Affiliating International Student Members with AAFP State Chapter

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1 2	Resolution NO. R2-501		
3 4	Student Loan Refinancing Program		
5 6	Introduced by: C	hetan Patel, MD, Columbus, Georgia	
7 8 9	WHEREAS, Student loan debt is rapidly growing and is a factor in student choice of medical specialty, and		
10 11 12	WHEREAS, income, length of credit history, and current income status can adversely affect a resident's or new physician's ability to refinance a student loan for a good rate, and		
13 14 15	WHEREAS, a loan of \$250,000 paid back at an interest rate of 3.5% instead of 6.8% can reduce repayments by over \$150,000, now, therefore, be it		
16 17 18		merican Academy of Family Physicians study the feasibility of creating a n in partnership with a financial institution to reduce the effect of loans and student choice.	

Resolution NO. R2-502

Make a Statement Opposing Department of Health and Human Services Department Cuts to the Reproductive Health Programs and Funding

Introduced by: Yakira Teitel, MD, San Francisco, California

WHEREAS, 81 reproductive health education and research programs nationwide learned this month that the five-year grants handed out by President Barack Obama's administration in 2015 were being canceled as of June 2018, and

WHEREAS, the Trump Administration gave no explanation for the decision, which rescinded \$213 million in grant awards specifically aimed at reproductive health education, access, and teen pregnancy prevention, and

WHEREAS, the United States has the worst maternal mortality rates in the Global North, and access to safe and comprehensive reproductive health care is actively being attacked in the current political climate, and

WHEREAS, the American Academy of Family Physicians has a history of making statements in support of access to reproductive health and opposing cuts to reproductive health access and

WHEREAS, at the same time, it ended funding for the grants the Health and Human Services Department proposed sharply increasing funding for abstinence education, and

WHEREAS, the American Medical Association (AMA), American Academy of Pediatrics (AAP), Society for Adolescent Medicine (SAM), and American College of Obstetricians & Gynecologists (ACOG) have official policy statements urging schools to implement comprehensive sexuality education programs and/or criticizing abstinence-only programs as inaccurate and ineffective, and

WHEREAS, the American Academy of Family Physicians' Family Physicians' Creed states "I support access to health care for all," which includes comprehensive reproductive health care and education for patients, now, therefore be, it

RESOLVED, That the American Academy of Family Physicians issue a statement in support of reproductive health access and education programs and against the cuts to such programs by the Department of Health and Human Services.

1 Resolution NO. R2-503 2 3 Improve Physician Wellness Through Providing Travel Credit from Commercial Airline 4 **Partners** 5 6 Yin Zheng, MD, Tampa, Florida Introduced by: 7 Mehak Gandhi, MD, Gainesville, Florida 8 Caroline Price, MD, Jacksonville, Florida 9 10 WHEREAS, Burnout is defined by emotional exhaustion, decreased depersonalization and 11 sense of reduced accomplishment, and 12 13 WHEREAS, family medicine resident burnout rate at the University of North Carolina is reported 14 to be 50%, which is representative of the national average, and 15 16 WHEREAS, residents are burdened financially, and 17 18 WHEREAS, travel provides the opportunity to de-stress and 19 20 WHEREAS, the American Academy of Family Physicians partners with multiple other 21 organizations to promote physician wellness, now, therefore, be it 22 23 RESOLVED, That the American Academy of Family Physicians collaborate with commercial 24 airline partners to provide undesignated travel credits to family medicine residents to alleviate 25 the financial burden of travel so that residents will have the opportunity to travel to promote 26 resident wellness, ie visit family, friends, or leisure, and be it further 27 28 RESOLVED, That the American Academy of Family Physicians suggest travel credit in the 29 amount of \$500 or equivalent frequent flyer mileage.

1 Resolution NO. R2-504 2 3 Harm Reduction Strategies to Prevent Opioid Overdose-related Events 4 5 Introduced by: Kevin Kennedy, MD, Seattle, Washington 6 7 WHEREAS, In the United States we are in the midst of an opioid epidemic, and 8 9 WHEREAS, more than half of drug overdose deaths in the United States are due to opioids. 10 with over 33,000 opioid overdose-related deaths occurring in 2015, and with an average of 91 11 deaths occurring per day, and 12 13 WHEREAS, it has been shown that harm-reduction models in the form of safe injection sites 14 have reduced mortality rates related to opioid overdose, and 15 16 WHEREAS, in Vancouver, Canada opioid-related deaths declined by 35% near a safe injection 17 site and by 9% in the whole city, and 18 19 WHEREAS, some cities such as New York and Seattle are proposing the creation of safe 20 injection sites, and 21 22 WHEREAS, some cities such as Seattle and San Francisco have implemented buprenorphine 23 first programs to prevent opioid overdose-related, now, therefore, be it 24 25 RESOLVED. That the American Academy of Family Physicians evaluate data regarding buprenorphine first programs and safe injection sites as harm reduction models to reduce 26 27 mortality from opioid-related deaths.

1 Resolution NO. R2-505 2 3 Supporting Family Physicians in Advocating for Healthier Practice Environments 4 5 Introduced by: Lauren Williams, MD, Minneapolis, Minnesota 6 Chetan Patel, MD, Colombus, Georgia 7 Taneev Escamilla, MD, MPH, Seattle, Washington 8 9 WHEREAS. The American Academy of Family Physicians (AAFP) clearly supports the health of 10 communities as evidenced by its efforts of "Family Medicine for America's Health" and its 11 associated "Health is Primary Campaign," and 12 13 WHEREAS, the environment may arguably represent the largest asset of a healthy community, 14 15 16 WHEREAS, according to the most recent Environmental Protection Agency (EPA) report, "in 17 2013, Americans generated about 254 million tons of trash and recycled and composted about 18 87 million ton of this material, equivalent to a 34.3 percent recycling rate," and 19 20 WHEREAS, according to the Healthier Hospitals initiative, hospitals and health systems 21 produce approximately 11.7 thousand tons of waste each day, or 48 pounds per patient per day, 22 and 23 24 WHEREAS, by enrolling in waste reduction programs, 457 hospitals were able to achieve a 25 recycling rate of 24%, diverting 445,722 tons of materials from area landfills, and 26 27 WHEREAS, there are many organizations and programs such as GreenHealth and Healthier 28 Hospitals which focus on reducing waste, practice environmental stewardship and incorporate 29 sustainable materials management into healthcare settings, now, therefore, be it 30 31 RESOLVED. That the American Academy of Family Physicians consolidate resources into a 32 toolkit to assist family medicine physicians in advocating for more sustainable practices in their 33 hospitals, clinics and other practice settings.

1 Resolution NO. R2-506 2 3 Implementing Objective Assessment of Resident Physician Burnout 4 5 Introduced by: Scott Hippe, MD, Boise, Idaho 6 Josef Bartels, MD, Boise, Idaho 7 8 WHEREAS, The American Academy of Family Physicians (AAFP) published a position paper in 9 2014 titled "Physician Burnout," which offers definitions for the term and identifies physician 10 burnout as a problem that must be dealt with "openly and proactively," and 11 12 WHEREAS, burnout among physicians has been shown to affect patient health outcomes, and 13 14 WHEREAS, rate of burnout is high among physicians during their years of residency training, 15 and 16 17 WHEREAS, resident physician burnout is a treatable entity, with various interventions that have 18 been associated with reduced burnout and increased well-being, and 19 20 WHEREAS, measuring levels of burnout among resident physicians would give residency 21 programs information vital to guide the implementation of strategies aimed at reducing resident 22 physician burnout, now, therefore, be it 23 24 RESOLVED. That the American Academy of Family Physicians encourage and/or collaborate 25 with the Accreditation Council for Graduate Medical Education to develop objective measures to 26 assess resident physician burnout, and be it further 27 28 RESOLVED, That the American Academy of Family Physicians adopt an alternative strategy to 29 objectively measure family medicine resident burnout on a national scale if working through the 30 Accreditation Council for Graduate Medical Education is not a feasible option.

2 3 The Medicare and Medicaid Funding Shortage – Impact for Puerto Rico 4 5 Introduced by: David Cevallos, MD, Manati, Puerto Rico 6 Dayhana Pena, MD, San Juan, Puerto Rico 7 8 WHEREAS, Puerto Rico has received a fixed federal matching rate of 55% in Medicaid funding 9 while the 50 states and the District of Columbia has received an adjustable rate of 50%-83% 10 based on the states' per capita income, and 11 12 WHEREAS, Puerto Rico's federal funding for healthcare is capped at \$321 million compared to 13 the rest of 50 states and District of Columbia which is uncapped, and 14 15 WHEREAS, the increasing needs of Puerto Rico's aging and underserved population results in 16 exhaustion of allotted Medicaid and Medicare funding before the end of Fiscal Year, and 17 18 WHEREAS, the Medicare and Medicaid funding shortage has affected the quality and 19 availability of the healthcare services to the population and has contributed to Puerto Rico's 20 financial crisis, and 21 22 WHEREAS, the Obama Administration identified this issue and proposed the elimination of the 23 Medicare and Medicaid funding cap for Puerto Rico for the 2017 Fiscal Year, however, the 24 proposal was never passed, now, therefore, be it 25 26 RESOLVED, That the American Academy of Family Physicians support equal funding for 27 Medicaid and Medicare in Puerto Rico similar to the 50 states and District of Columbia, and be it 28 further 29 30 RESOLVED, That the American Academy of Family Physicians write a letter to the Centers for 31 Medicare and Medicaid Services to uncap Puerto Rico's federal Medicare and Medicaid Funds.

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Resolution NO. R2-507

1 Resolution NO. R2-508 2 3 Addressing Unmet Need: Personal Financial Education 4 5 Introduced by: Chetan Patel, MD, Columbus, Georgia 6 7 WHEREAS, Personal financial education is lacking in undergraduate and graduate medical 8 education, and 9 10 WHEREAS, the financial burden of education on students and residents is increasing, and 11 12 WHEREAS, learning financial management can be very confusing and hard to understand 13 without professional guidance, and 14 15 WHEREAS, education on budgeting, various forms of insurance, tax planning and retirement strategies is useful to both residents and students, now, therefore, be it 16 17 18 RESOLVED. That the American Academy of Family Physicians include education at the 19 National Conference of Family Medicine Residents and Medical Students addressing personal 20 financial issues such as budgeting, insurance, tax planning and retirement planning, and be it 21 further 22 23 RESOLVED, That the educator of a session at the National Conference of Family Medicine 24 Residents and Medical Students addressing personal financial issues be a certified financial planner who does not sell financial products to receive payment in the form of sales 25 26 commissions.

1 Resolution NO. R2-509 2 3 Affiliating International Student Members with AAFP State Chapter 4 5 Introduced by: Jason Schrock, MD, Baton Rouge, Louisiana 6 Eukesh Ranjit, MD, West Monroe, Louisiana 7 8 WHEREAS, Despite the increased interest in family medicine by the international medical 9 student community, international medical students are currently unable to participate in state 10 chapters, and 11 12 WHEREAS, the American Academy of Family Physicians (AAFP) defines International Medical 13 Students as medical students who are currently enrolled in a medical school in a country or territory outside the United States that is not accredited by the Liaison Committee on Medical 14 15 Education (LCME) or the American Osteopathic Association's Commission on Osteopathic 16 College Accreditation (AOA COCA), and 17 18 WHEREAS, the AAFP and state chapters are committed to increasing and supporting the family 19 medicine workforce, from the time a student chooses family medicine through the completion of 20 a satisfying career, and 21 22 WHEREAS, student membership raises the awareness, understanding, and the confidence of 23 medical students to choose family medicine, now, therefore, be it 24 25 RESOLVED. That international student members be affiliated with state chapters to promote 26 family medicine as a specialty of choice.