



# AAFP Foundation Board of Trustees Resident/Student 2016 Annual Report

## AAFP FOUNDATION BOARD OF TRUSTEES RESIDENT/STUDENT MEMBERS

### Resident

Christopher Watson, MD, MPH  
Indiana University  
Methodist Family Medicine Residency  
Class of 2018

### Student

Elizabeth McIntosh  
State University of New York  
Upstate Medical University  
Class of 2017

Greetings on behalf of the American Academy of Family Physicians (AAFP) Foundation. We appreciate the opportunity to share some of the Foundation's successes since the last AAFP Commission on Education meeting.

The AAFP Foundation strives to advance the values of Family Medicine to improve the health of all people. Efforts are focused in three strategic areas – Scientific, Humanitarian, and Education. Over the last few years, the Foundation has been working to develop Signature Programs in each of these areas to be focused, sustainable, and advancing the values of family medicine.

### Education Signature Program: *Family Medicine Leads*!

The Foundation's Education Signature Program, ***Family Medicine Leads (FML)***, which began in 2015 with the successful debut of the *FML Emerging Leader Institute* at the 2015 AAFP National Conference of Family Medicine Residents and Medical Students, has continued to generate a high level of interest among members, donors, residents and students. This spring the Foundation selected 12 residents and students from the inaugural *FML Emerging Leader Institute* to receive a project award and to return to the 2016 National Conference held July 28-30, 2016, to share their projects on Thursday, July 28, 2016, and to participate in several activities with the second annual *FML Emerging Leader Institute* class of scholars. The *FML Emerging Leader Institute* is a four-day leadership development program held in conjunction with National Conference, comprised of three tracks: Policy & Public Health Leadership, Personal & Practice Leadership, and Philanthropic & Mission-Driven Leadership. Those residents and students selected for the program will then work through the year with assigned mentors to design and implement a project in their chosen area of study. Twelve of these projects will be recognized and participants invited to National Conference in the following year to present their work. Of these, three will be awarded "Best Project", and the winner will be given a scholarship to attend Family Medicine Congressional Conference, the *Family Medicine Cares International* Delegation, or FMX.

### Educational Programs and Scholarship Support

The Foundation continues to promote family medicine by funding *Family Medicine Leads* Scholarships to attend **National Conference**, the **FMIG Funding Initiative**, and the Family Medicine Congressional Conference. In 2015, 250 scholarships at \$600 each were awarded. In addition, the Foundation allocates \$75,000 annually to support FMIGs. Support for medical students and residents remains a high priority for the Foundation. Continuing education for physicians is supported through the **Family**

**Medicine Philanthropic Consortium**, which provides grants at the AAFP Chapter level. In 2015, \$84,300 was provided in Grant Awards. Since 2006, over \$700,000 of support has been provided to chapters.

#### Humanitarian Signature Program: *Family Medicine Cares*

*Family Medicine Cares* was launched in 2011 to coordinate humanitarian efforts of the foundation, both domestic and international. It built upon the familiar framework of Physicians with Heart and Heart to Heart International. ***Family Medicine Cares USA*** provides grant money to support the startup efforts of new free clinics and support to existing free clinics. In 2015 the Foundation provided \$38,152.00 to support 5 clinics, two new and three existing. These included: Three Angels Clinic, Inc. Ocala, FL and Volusia Volunteers in Medicine, Daytona Beach, FL (new clinics) and Camden Community Health Center, Camden, NJ; Campbell University Care Clinic, Bules Creek, NC; Hope Clinic of Garland, Inc. Garland, TX (existing clinics).

***Family Medicine Cares International (FMCI)*** delivers patient care and medical resources in Haiti. There is one large delegation that visits Haiti each winter, and volunteer physicians provide patient care to these under-resourced communities through the year. The trip brought 26 individuals to Haiti from February 20-27, 2016. This week-long service trip includes three teams with unique roles: the Patient Care Delegation; the Medical Education Delegation, to support family medicine development in Haiti; and the Service to Children and Youth Delegation, who work to improve schools and orphanages. The Patient Care Team saw 1365 patients in 5 days—a record for HHI clinics since the earthquake. The Patient Care and Service Teams combined for a joint project at the Place l'Or school which included 158 well child exams. This will be done annually as a part of future Delegations. Three residents were able to participate on scholarships provided by CompHealth and Dr. David and Karen Smith. The residents will share their experiences at 2016 National Conference. The Medical Education Team supported short and long-term goals through well-received symposia and faculty development sessions and an excellent meeting the MSPP/Medical School Dean. Faculty development efforts will continue throughout the year through a virtual classroom as well as an in person component. As part of on going efforts, *FMCI* Work Group recently reviewed the curriculum for the program and has updated the timeline to allow for the two Family Medicine residency programs to evolve organically in their unique educational needs.

In 2013, the Foundation introduced the **Resident Service Award** to support a resident-designed sustainable service project to address an unmet health care need in the community. Beginning in 2015, up to two resident service awards per year may be given to a first- or second-year resident who designs a resourceful service project to address an unmet health care need in his/her community. The \$16,500 *FMC-Resident Service Award* consists of multiple elements: \$10,000 to the resident to cover project costs; \$5,000 to the free clinic where the service award is implemented; \$1,000 travel award for the resident to attend the 2016 National Conference of Family Medicine Residents and Medical Students to present the results of the project; and a \$500 stipend to the residency program to celebrate and recognize the resident. The 2016 awardees were Dr. Caitlin Lee, a second-year resident with the University of Arizona Phoenix Family Medicine Residency, for her project titled “Beyond Disease-Oriented Care for the Underserved: Increasing access to prevention” and Dr. Karsha Sathianathan, a first-year resident with the Mercy Medical Center Family Medicine Residency, for her project titled, “Merced Needle Exchange.”.

James G. Jones, MD, past president of both the AAFP and the AAFP Foundation, strongly believes that it is important for medical students to be knowledgeable about and active in addressing the advocacy issues that impact the delivery of our nation's health care. **The James G. Jones, MD, Student Scholarship** is awarded annually to support travel expenses for a medical student to attend the Annual Family Medicine Congressional Conference (FMCC) in Washington, DC on April 18 – 19, 2016. The conference is sponsored jointly by the American Academy of Family Physicians and the Council of Academic Family Medicine. The 2016 Dr. Jones Student Scholarship recipient, Sabrina M. Martinez, is a fourth-year medical student at the University of Wisconsin School of Medicine & Public Health.

### Scientific Endeavors

The Foundation continues to support the development of family medicine research by providing multiple research grants to family physician researchers, and residents. The Foundation also continues to support research projects through the **Robert Graham Foundation**. The Foundation is now also invested in the early stages of development of a **Research Signature Program**. There will be resident/student focus groups at National Conference to provide input into the development of the program.

The AAFP Foundation generously provides the Academy with \$75,000 per year to translate the content on familydoctor.org to Spanish. As a result of this effort, about 45% of Page Views on the site are to the Spanish language content. The largest users of the Spanish language content are from Mexico, the U.S.A. and Spain, in that order. Currently, 100% of the content is available in Spanish.

The AAFP and the AAFP Foundation share the goal of broadening the reach of family medicine and supporting family physicians, residents, and students in their endeavors. Education of current and future family physicians is a key focus of the Foundation. Over the last year, the Foundation has increased funding for student and resident scholarships, provided research and community grant for residents, and actively worked to establish a new Education Signature Program. Because of all of these efforts, we encourage you to donate to the Foundation, the only non-profit with the specific mission of furthering the specialty of family medicine.

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*Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit [aafp.org](http://aafp.org).*