

Key to help staff remember EPDS and PHQ-9 scores.
Print. Cut out both squares. Laminate after placing back to back.

Woman's Feelings EPDS Scoring

Interpreting the scores

9 or less concerns	no depression
10 to 12	modest concern
13 to 18	moderate concern
19 and above	likely to have depression and worry about suicide risk

Woman's Feelings PHQ-9 Severity Tool

- **<5 normal**
- **5-9 mild or minimal depression
symptoms**
- **10-14 moderate symptoms**
- **15-19 moderately severe symptoms**
- **= 20 severe symptoms**