



AAFP Tobacco and Nicotine Chapter/Family Medicine Residency Program Mini Grants
Final Report
2015-2016

Each question in this Final Report should be answered thoroughly and completely.

Describe your project. Please answer the following questions.

1. Why did you choose this project? In other words, how was it relevant to your chapter/residency?
For the past five years, the MAFP has participated in a project sponsored by the Mississippi Department of Health, Office of Tobacco Control where the goal is to implement PHS Guidelines for *Treating Tobacco Use and Dependence* recommendations into family physicians' practices throughout our state. Mississippi is privileged to have four (4) accredited Family Medicine residency programs. Our office felt that offering tobacco treatment training to all Mississippi Family Medicine residents before they begin their own practice would enable them to feel confident when talking to their patients about the dangers of tobacco and how to begin treatment.
2. What did you do and how did you accomplish it?
Our office contacted all four family medicine residency programs to determine interest in a one hour 'Lunch and Learn' training session. Each program was willing to participate, and three of the four trainings have been completed. Due to scheduling issues the last training will be held June 10. Of the three trainings completed, two received the 2 A's and an R training from an employee of the Mississippi Quitline. The third program received training from the Director of the Mississippi ACT Center for Tobacco Treatment and Research on *Emerging Trends and E-Cigarettes*.
3. What were your goals and to what extent did you achieve them?
Our first goal was to foster the desire for all 4 Mississippi Family Medicine Residency programs in our state to see the need for tobacco treatment for all Mississippi family medicine residents. We contacted all four programs by email and they all responded positively and worked to fit us into their schedules. Our second goal was to actually provide the trainings to the family medicine residents so that they will feel comfortable discussing tobacco use and treatment options with their patients once they begin their own practice. The first training was held at University of Mississippi Medical Center Family Medicine Residency Program in Jackson, MS on December 3, 2015. The second training was held at Forrest General Family Medicine Residency Program in Hattiesburg, MS on January 25, 2016 and the third was held at North Mississippi Medical Center Family Medicine Residency Program in Tupelo, MS on April 15, 2016. The final training is scheduled for EC HealthNet Family Medicine Residency Program in Meridian, MS on June 10, 2016.
4. How did you measure your goals?
Measurement for the first goal occurred when all 4 residency programs agreed to participate in a training session. At the conclusion of the training, participants completed evaluations to determine if they were presented new ideas about tobacco treatment for patients. These evaluations measured the second goal.
5. How did this project benefit your chapter/residency? Please provide examples.
From participating in this project our chapter has strengthened our ties with the Family Medicine Residency Programs in our state. Each year our chapter holds a Spring Fling in conjunction with our yearly Spring Conference. The Spring Fling is marketed solely to medical students and family medicine residents, and the goal of the Spring Fling is to encourage interest in family medicine for medical students, and to encourage family medicine residents to become active members of the AAFP and the MAFP. Attendees of the Spring Fling have the opportunity to hear CME like lectures and to participate in procedures workshops. Residents who attend

the Spring Fling also may choose to sit in on our practitioners' CME sessions. We feel that our relationships with the residency programs were further enhanced this year through the tobacco treatment training, and as a result, registration and participation in this year's Spring Fling was greater than it has been in our four years of holding the event. For the first time, we had representation from all 4 residency programs and a greater level of participation overall at the event. This year's event included attendees from 2 residency programs who have not participated in the past.

6. What challenges did you face implementing your project and how did you overcome them?
The only challenge our chapter faced was the scheduling of the final family medicine program (EC HealthNet). The program director responded quickly to our request to facilitate the training, but was not quick to schedule it.

Describe how other chapters/residencies could learn from your project.

7. Do you think that your project could be easily adapted by other chapters/residency programs? Why or why not?
The project could be adapted by other chapters by simply contacting the family medicine residency programs in their states. Our office found the programs to be very receptive to training presentations/speakers. In addition, we provided breakfast, lunch or a snack based on the time of the presentation and found that to be an added incentive for the programs to participate.
8. What recommendations would you have for other chapters/residencies who want to replicate your project?
Other chapters should reach out to their residency programs and ask if they can come in and conduct the tobacco treatment training. We plan to vary the training topics from year to year so we will not repeat a topic.

Contact Information

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NOTE: AAFP would like to help disseminate your good work by sharing your project with others via the AAFP Mini-grant web page. Please indicate whether you consent to AAFP sharing on its website your project results, final report and contact information. ☒ Yes ☐ No