

AAFP Tobacco and Nicotine Prevention and Control Chapter/FMRP Mini-Grants



NJAFP, Trenton, NJ
DAFP, Wilmington, DE



Goals

1. Train practices to use a brief, evidence-based intervention
2. Help link practices with cessation services, such as the Quitline
3. Change provider attitudes toward patients with tobacco addiction

Project Overview

NJAFP and DAFP used this project to supplement the tobacco cessation curriculum of a large quality improvement education project aimed at the ABCS of treating T2DM – A1c, blood pressure, cholesterol and smoking. Tobacco cessation is a critical need for any patient with T2DM who smokes.

While most primary care practices report high percentages of patients counseled for tobacco cessation, the quality of that counseling and documentation of the cessation efforts varies.

We leveraged an existing relationship with the regional American Lung Association to provide additional training and education, which resulted in significant rates of intent to change and is expected to result in increased rates of referral to evidenced-based cessation services and ultimately better outcomes among patients with T2DM.

Results

Short-term: 95% of attendees stated that they intend to implement a new strategy in their practice based on the training.

Intermediate: Tests of change cycles have started. Results should be available summer 2017.

Long-term: We expect a 10% improvement in the tobacco counseling quality measure by winter 2017.

Measurements

- Onsite evaluation and conversations with participants
- Online evaluation post-event
- Narrative report submissions on practice changes
- Tobacco counseling process measure reports

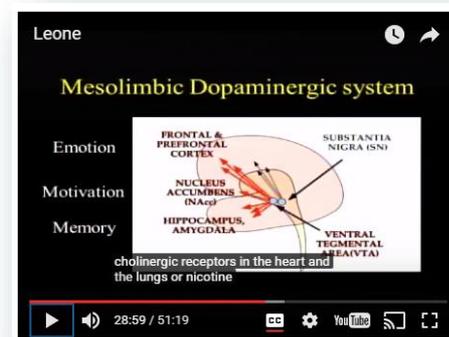
Who, Where and When

Target audience:

- 18 participating primary care practices in the NJAFP's ABCS of Diabetes QIE Project that spans New Jersey and Delaware
- Tracking about 4,100 patients with T2DM

Events:

- AAR training and tobacco cessation education at Feb. 10 Learning Session in Philadelphia
- BONUS: scheduled full-day June 22 training in Trenton for practice staff so they can become certified Freedom From Smoking counselors



All sessions are archived at
<http://njafp.org/content/abcs-diabetes>