**Group-visit documentation form**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**For the patient**

Do you struggle with any of the following associated with high blood pressure or arthritis? If so, please check and/or fill out the appropriate answers:

|  |  |
| --- | --- |
| *High blood pressure* | *Arthritis* |
| [ ] Headaches  [ ] Bloody nose  [ ] Fatigue  [ ] Dizziness  [ ] Chest pain  [ ] Shortness of breath or breathing problems  [ ] Swelling in your legs | [ ] Falls  [ ] Problems getting up/out of a chair  [ ] Problems walking  [ ] Problems walking without use of a walker or cane  [ ] Pain in your shoulders  [ ] Pain in your hips  [ ] Pain in your knees  [ ] Pain in your hands  [ ] Pain in other joints: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Is there anything else you need the doctor to know?

|  |
| --- |
|  |
|  |

For the doctor

**BP:** \_\_\_\_\_\_\_\_\_\_  **HR:** \_\_\_\_\_\_\_\_\_\_

**Heart:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Lungs:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Edema:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Ambulation:** [ ] normal [ ] hesitant [ ] wobbling [ ] needs device [ ] needs assist

**Sitting to standing:**  [ ] normal (no arms) [ ] slow without use of arms/with use of arms/with devices

**Get up and go:**  [ ] < 20 seconds [ ] 20-29 seconds [ ] > 30 seconds

**Overall fall risk:** [ ] none [ ] small [ ] moderate [ ] significant

**ROM of knees:**  [ ] normal [ ] limited [ ] markedly limited

**hips:**  [ ] normal [ ] limited [ ] markedly limited

**Hands:**  [ ] Heberden’s nodes [ ] ulnar deviation [ ] bony enlargement

::::::Production:FPM:FPM Logos:FPMBannerBW.epsDeveloped by Douglas Dreffer, MD, Hillsboro Family Health Center, Hillsboro, N.H. Copyright © 2004 American Academy of Family Physicians. Physicians may photocopy or adapt for use in their own practices; all other rights reserved. “Group Visits Hit the Road.” Dreffer D. *Family Practice Management*. September 2004:39-42, http://www.aafp.org/fpm/20040900/39grou.html.