

Musculoskeletal Exam Techniques: Evidence-Based Treatment of Upper Extremity Injuries: Ask the Expert

Anthony Beutler, MD, FAAFP



ACTIVITY DISCLAIMER

The material presented here is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily best, methods or procedures appropriate for the medical situations discussed. Rather, it is intended to present an approach, view, statement, or opinion of the faculty, which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury or other damages resulting to any individual using this material and for all claims that might arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician or any other person. Every effort has been made to ensure the accuracy of the data presented here. Physicians may care to check specific details such as drug doses and contraindications, etc., in standard sources prior to clinical application. This material might contain recommendations/guidelines developed by other organizations. Please note that although these guidelines might be included, this does not necessarily imply the endorsement by the AAFP.



DISCLOSURE

It is the policy of the AAFP that all individuals in a position to control content disclose any relationships with commercial interests upon nomination/invitation of participation. Disclosure documents are reviewed for potential conflict of interest (COI), and if identified, conflicts are resolved prior to confirmation of participation. Only those participants who had no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this CME activity.

All individuals in a position to control content for this activity have indicated they have no relevant financial relationships to disclose.

The content of my material/presentation in this CME activity will not include discussion of unapproved or investigational uses of products or devices.



Anthony Beutler, MD, FAAFP

Colonel, USAF, MC

Associate Professor of Family Medicine, Uniformed Services University of the Health Sciences, Department of Family Medicine; Program Director, NCC Sports Medicine Fellowship; Chief, Injury Prevention Research Laboratory; Physician

Dr. Beutler practices family medicine and comprehensive primary care sports medicine for the U.S. Air Force, caring for active-duty service members, retirees, and their families in the Washington, D.C., area. An award-winning educator and teacher, Dr. Beutler recently assisted in developing and implementing a new musculoskeletal curriculum for USU School of Medicine. One of his favorite activities is helping family physicians make their musculoskeletal practices more rewarding and profitable. Dr. Beutler is an AAFP Fellow.



Learning Objectives

1. Discuss solutions for overcoming barriers to providing optimal management of upper extremity injuries in practice.



Audience Engagement System

The image shows three sequential screenshots of a mobile application interface for an audience engagement system. Step 1 shows a home screen with a search bar, a 'CME activity' button, and a list of activity icons. Step 2 shows a list of CME activities with details like 'Date', 'Time', and 'Status'. Step 3 shows the details of a specific CME activity, including the title 'CME011 Acute Coronary Syndromes: Unchain My Heart', a description, and a 'Start' button.

