

# Mental Disorders in Children:Ask the Expert

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# William Douglas Tynan, PhD, ABPP

Director of Integrated Health Care, American Psychological Association (APA) Center for Psychology and Health, Washington, DC.

Tynan is a leader in the development of multidisciplinary teams and strategies to meet mental health needs effectively within primary care. His current area of focus involves training mental health professionals to work on integrated health teams in primary care settings in order to support health behavior change. Particular interests include working with health coaches and community health workers that serve all age groups, particularly among populations that have high mental health needs (e.g., those in the Veterans Health Administration, geriatric settings, or rural areas). Tynan's past work includes development and implementation of culturally sensitive, evidence-based mental health programs (including evaluation and satisfaction components) in pediatric settings in high-need urban and rural locales. At Nemours, he directed a statewide program on child obesity prevention that focused on breastfeeding and weaning to solid foods, and involved work in medical settings, child care settings, and schools. In addition, he has been involved in several clinical initiatives focused on treatment of attention deficit-hyperactivity disorder (ADHD), child overweight, and developmental screening. He is one of the authors of a chapter in the recently published American Academy of Pediatrics handbook on psychosocial treatments for behavior disorders.



# Learning Objectives

1. Discuss solutions for overcoming barriers to providing optimal management of childhood mental disorders in practice.



# Audience Engagement System

