

## Adult and Elderly Hypertension: Ask the Expert

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## Michael Rakotz, MD, FAAFP, FAHA

Vice President of Chronic Disease Prevention, American Medical Association (AMA), Chicago, Illinois.

At the AMA, Dr. Rakotz oversees efforts to develop and implement national quality improvement initiatives aimed at improving blood pressure control and preventing type 2 diabetes. He is the AMA's clinical lead of Target: BP®, a nationwide, multi-year collaboration with the American Heart Association (AHA) that is designed to reduce the number of American adults living with uncontrolled hypertension. A practicing family physician for more than 20 years, Dr. Rakotz recently served as the Director of Population Health and Virtual Medicine at Northwestern Medical Group in Chicago, Illinois. In 2014, his office was one of 30 sites in the United States to earn designation as a Million Hearts® Hypertension Control Champion. He fulfills his passion for educating medical students and residents, and for promoting innovative health care technology by serving as Assistant Clinical Professor of Family and Community Medicine at the Feinberg School of Medicine at Northwestern University, Chicago, Illinois, and as a fellow for the Office of the National Coordinator for Health Information Technology (ONC).

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## Learning Objective

1. Discuss solutions for overcoming barriers to providing optimal management of patients with hypertension in practice.

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## Associated Session

- Adult and Elderly Hypertension: A M.A.P. for Improving Blood Pressure Control

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