

Applying to Residency: From Before Application to After Interviews

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Your Panelists for Today

- **Chuck Carter, MD** (Program Director, **Palmetto Health/University of South Carolina**, Columbia, SC)
- **Katy Kirk, MD** (FM Resident, **Banner Good Samaritan Residency**, Phoenix, AZ)
- **Dennis Gingrich, MD** (Professor, Dept of Fam & Com Medicine, **Penn State University**, Hershey, PA)
- **Joseph Gravel, MD** (Chair of Family Medicine, **Lawrence Family Medicine Residency**, Lawrence, MA)
- **Moderator: Michael Mazzone, MD** (Program Director, **Waukesha Family Medicine Residency**, Waukesha, WI)

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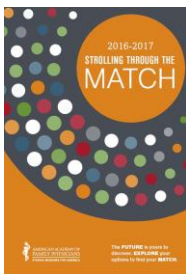
Learning Objectives

- Understand the steps in applying to a family medicine residency
- Understand how the ERAS application, personal statement, and CV are used in the resident selection process
- Learn the do's and don'ts in interviewing
- Learn what programs are looking for in a residency applicant

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Excellent Resource

(just google it)



GENERAL RESIDENCY APPLICATION TIMELINE AND CHECKLIST

April (Junior Year) – March (Senior Year)

	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MAR
<input type="checkbox"/> Review specialty and residency materials												
<input type="checkbox"/> Create service schedule												
<input type="checkbox"/> Arrange MSPE interview (depending on your school's schedule) and deadlines												
<input type="checkbox"/> Complete applications for program information, requirements, and deadlines												
<input type="checkbox"/> Prepare application materials from programs not participating in ERAS												
<input type="checkbox"/> Contact your designated clerkship office to register your ERAS ID and NRMF numbers												
<input type="checkbox"/> Contact your designated clerkship office to register your ERAS ID and NRMF numbers												
<input type="checkbox"/> Register with NRMF (usually July 1 for all applicants)												
<input type="checkbox"/> Complete profile on MedCAS application												
<input type="checkbox"/> Prepare and assign USMLE transcripts and letters of recommendation and personal statements using Documents Manager of MyERAS												
<input type="checkbox"/> Register with NRMF (opens September 1st)												
<input type="checkbox"/> Submit required data to your author MSPE, transcript, letters of reference (also sent to programs not participating in ERAS)												
<input type="checkbox"/> Software release date for data to author MSPE – October 1												
<input type="checkbox"/> Apply to programs (opens December 1st)												
<input type="checkbox"/> Software release date for data to author MSPE – October 1												
<input type="checkbox"/> Interview at programs												
<input type="checkbox"/> Send follow-up correspondence												
<input type="checkbox"/> Submit your order for												
<input type="checkbox"/> SOAP process opens – Monday of Match Week												
<input type="checkbox"/> MATCH DAY for Main Residency Match – First Friday in March (also see the Matchweek table)												
<input type="checkbox"/> ERAS® – Electronic Residency Application Service												
<input type="checkbox"/> MSPE – Medical Student Performance Evaluation												
<input type="checkbox"/> NRMF – National Resident Matching Program®												
<input type="checkbox"/> SCAP – Supplemental Offer and Acceptance Program®												
<input type="checkbox"/> USMLE® – United States Medical Licensing Examination®												

Spring 3rd Year

- Review specialty and residency materials
- Finalize senior electives
- Arrange MSPE interview – talk to who is writing your dean's letter
- Review each program's application information- requirements and deadlines
- Request application materials from non-ERAS residency programs

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Summer 4th Year

- Register with MyERAS (opened June 6)
- Prepare Common Application Form on MyERAS
- AOA: Begin applying to programs through ERAS (July 6)
- AOA: Programs can receive application files (July 15)
- AOA: Register for Match at Natmatch.com (June-November)
- Request letters of recommendations – **Somewhat New – need to be submitted through ERAS Letter of Recommendation Portal**
- Begin to write personal statement(s)
- Request and assign USMLE/COMLEX transcripts
- If program not participating in ERAS, request Dean's/ MSPE letter, transcript, Letters of Recommendation be sent

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Fall 4th year

- September 6th -Residency applicants may begin applying to ACGME accredited programs through ERAS
- September 15th – residencies receive applications
- September 15th – Registration opens for NRMP (apply by Nov 30th or price goes up)
- October 1- Universal release date for Dean's letter/ MSPE for allopathic schools
- October 15th - Universal release date for Dean's letter/ MSPE for osteopathic schools
- Schedule program interviews
- Begin interviewing at programs

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Winter 4th year

- Finish interviewing at programs
- Follow up correspondence
- Military Match – Mid-December
- AOA: Enter rank order list at natmatch.com (Jan 4- Jan 20th)
- Allopathic: Enter rank order list at www.nrmp.org (Jan 15- Feb 22 2017 – 9:00 PM Eastern)
- AOA: Match day Feb 6th, 2017
- NRMP SOAP schedule – March 13- March 17
- NRMP MATCH DAY- March 17, 2017

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Party Like it's 1999



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Preparation

- How to Prepare Your Curriculum Vitae (C.V.)
- How To Write a Personal Statement
- Tips on Letters of Reference
- What About the Medical School Performance Evaluation (MSPE)?

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So Where should I apply?

“Different programs excel for different reasons and individual residency candidates may value the same program for different reasons. As a result you won’t find “top ten” lists for residency programs. Your objective is to find the training program that best meets your unique goals.”

Strolling Through The Match 2013 p 43

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Credible resources about residencies

- www.aafp.org/residencies -AAFP website for listing and contact information
- FRIEDA – AMA listing of all residencies
- Med school FM faculty, residents, 4th year students, Family Docs in community
- This meeting!

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What is the relative importance of these to you?

- | | |
|--|--|
| <ul style="list-style-type: none"> • Geographic location • Type of institution • Age and stability of program • Academic reputation • Frequency of call • Faculty to resident ratio • Amount of Obstetrics, Pediatrics • Number and type of conferences • International electives • Structure and flexibility of curriculum • PCMH implementation • Provisions for maternity/paternity leave • EHR implementation | <ul style="list-style-type: none"> • Physical characteristics of the hospital —age, atmosphere, etc. • Availability of shared or part-time residency positions • Physical characteristics of the hospital — age, atmosphere, etc. • Presence of other training programs in hospital • Patient population-racial, gender-based and socioeconomic mix • Community —housing, employment opportunities for spouse/significant other, recreational activities, etc. • Opportunities for further postgraduate training in same hospital |
|--|--|



Interviewing



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The Interview Process

- Interviewing Tips
- Elements of the Interview
- Questions to Consider Asking at the Interview
- Follow-Up
- What a program can and cannot ask
- New rules - **Programs are prohibited from requesting applicants to reveal the names, specialties, geographic locations, or other identifying information of programs to which they have or may apply.**
- The Next Step
- Sample Checklist/Residency Program Evaluation Guide

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Top 10 things not to do on an interview (that have been done)

- Tell the interviewer you have to leave early to interview at another residency
- Stretch out on the floor to fill out paperwork
- Speak about yourself in the third person
- Bring your dog
- Wear a jogging suit
- Wear headphones and listen to an ipod
- Challenge interviewer to arm wrestle
- Go through the program director's purse, find a brush and comb your hair with it
- Phone your therapist during the interview
- Whistle while the program director is talking

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SAMPLE CHECKLISTS	Date
Overall Rating (Circle 1-5) (Do not average or round) (Indicate) 1. A. Area ... 2. Facilities ... 3. Faculty ... 4. Residents ... 5. Benefits ... 6. Library/Technology ...	7. Curriculum ... 8. Evaluation/Advancement ... 9. Patients ... 10. Cost/Setting ... 11. AB Categories ... 12. Comments ...

RESIDENCY PROGRAM EVALUATION GUIDE		
Residency Program	Rating	Comments
1. Schedule		
2. Academic		
3. Faculty		
4. Residents		
5. Benefits		
6. Library/Technology		
7. Curriculum		
8. Evaluation/Advancement		
9. Patients		
10. Cost/Setting		
11. AB Categories		
12. Comments		

*From Strolling through the Match 2013-2014
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Sample Modified Decision Table

Sample Modified Decision Table

Factors	Weight (W)	Program 1 -	Rating (R)	W * R	Program 2 -	Rating(R)	W * R
Facilities	8.5	Comments here	4	34	Comments here	7	76.5
Electronic Health Record	7	Comments here	9	56	Comments here	4	55
Curriculum	8	Comments here	9	72	Comments here	9	72
Faculty	9	Comments here	7	56	Comments here	8	72
Location	10	Comments here	4	40	Comments here	9	90
Community size	2	Comments here	5	10	Comments here	8	16
Total				Total Score: 268			Total Score: 382.5

From Strolling through the Match 2013-2014

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PATIENT-CENTERED MEDICAL HOME (PCMH) QUESTIONS TO ASK RESIDENCY PROGRAMS	
Answer to Case 1. How does your program provide patient-centered care? 2. How do you ensure quality care? 3. How do you ensure patient safety? 4. How do you ensure patient satisfaction? 5. How do you ensure patient engagement? 6. How do you ensure patient autonomy? 7. How do you ensure patient dignity? 8. How do you ensure patient respect? 9. How do you ensure patient privacy? 10. How do you ensure patient confidentiality? 11. How do you ensure patient information? 12. How do you ensure patient education? 13. How do you ensure patient empowerment? 14. How do you ensure patient participation? 15. How do you ensure patient collaboration? 16. How do you ensure patient partnership? 17. How do you ensure patient alliance? 18. How do you ensure patient trust? 19. How do you ensure patient loyalty? 20. How do you ensure patient commitment?	Continuous Quality Improvement 1. How do you ensure quality improvement? 2. How do you ensure patient safety? 3. How do you ensure patient satisfaction? 4. How do you ensure patient engagement? 5. How do you ensure patient autonomy? 6. How do you ensure patient dignity? 7. How do you ensure patient respect? 8. How do you ensure patient privacy? 9. How do you ensure patient confidentiality? 10. How do you ensure patient information? 11. How do you ensure patient education? 12. How do you ensure patient empowerment? 13. How do you ensure patient participation? 14. How do you ensure patient collaboration? 15. How do you ensure patient partnership? 16. How do you ensure patient alliance? 17. How do you ensure patient trust? 18. How do you ensure patient loyalty? 19. How do you ensure patient commitment?

FINDING THE RIGHT RESIDENCY PROGRAM FOR GLOBAL HEALTH EXPERIENCE	
Match 1. What is the goal of the international rotation? 2. How do you ensure quality care? 3. How do you ensure patient safety? 4. How do you ensure patient satisfaction? 5. How do you ensure patient engagement? 6. How do you ensure patient autonomy? 7. How do you ensure patient dignity? 8. How do you ensure patient respect? 9. How do you ensure patient privacy? 10. How do you ensure patient confidentiality? 11. How do you ensure patient information? 12. How do you ensure patient education? 13. How do you ensure patient empowerment? 14. How do you ensure patient participation? 15. How do you ensure patient collaboration? 16. How do you ensure patient partnership? 17. How do you ensure patient alliance? 18. How do you ensure patient trust? 19. How do you ensure patient loyalty? 20. How do you ensure patient commitment?	Findings 1. How do you ensure quality improvement? 2. How do you ensure patient safety? 3. How do you ensure patient satisfaction? 4. How do you ensure patient engagement? 5. How do you ensure patient autonomy? 6. How do you ensure patient dignity? 7. How do you ensure patient respect? 8. How do you ensure patient privacy? 9. How do you ensure patient confidentiality? 10. How do you ensure patient information? 11. How do you ensure patient education? 12. How do you ensure patient empowerment? 13. How do you ensure patient participation? 14. How do you ensure patient collaboration? 15. How do you ensure patient partnership? 16. How do you ensure patient alliance? 17. How do you ensure patient trust? 18. How do you ensure patient loyalty? 19. How do you ensure patient commitment?

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Helpful Links for Application Process

- ERAS - <https://www.aamc.org/students/medstudents/eras/>
- NRMP - <http://www.nrmp.org/residency/>
- AOA Matching - <http://www.natmatch.com/aaairp/>
- Strolling through the match - http://www.aafp.org/dam/AAFP/documents/medical_education_residency/fm/jg/StrollingThroughMatch.pdf
- Directory of Family Medicine Residencies - www.aafp.org/residencies
- AMA Listing of Residencies (FRIEDA) - <http://www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/frieda-online.page>
- Careers in Medicine Guide (AAMC) - <https://www.aamc.org/cim/>
- MYERAS User Guide - <https://www.aamc.org/students/download/375020/data/myeras-ug-residency2015.pdf>
- NRMP checklist - <http://www.nrmp.org/wp-content/uploads/2015/08/Applicant-Checklist.pdf>

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Thanks for attending!



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