Osteopathic Recognition:
Something New and Something Old
-Value and Strategies for All to Consider-

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Disclosure Information

We have no financial relationships to disclose.
AND
We will not discuss off label use and/or investigational use in my presentations.
Poll Question
Which of the following describes you?
A. I am affiliated with an ACGME program who **has achieved** Osteopathic recognition.
B. I am affiliated with a **an** ACGME program that **has applied** for Osteopathic recognition
C. I am affiliated with an ACGME program that is **considering** Osteopathic Recognition
D. I am affiliated with an AOA accredited program who is **considering** Osteopathic Recognition
E. I am none of the above but **curious** about Osteopathic Recognition.

By the end of this educational activity, participants will:

➢ Describe what Osteopathic Recognition is and what value it can bring to a program
➢ Outline the curricular requirements, potential strategies and resources associated with implementation of Osteopathic Recognition
➢ Discuss the application process and consider potential next steps
Definitions

• Osteopathic Recognition (OR)

Osteopathic Recognition is conferred upon any ACGME-accredited graduate medical education program providing requisite training in the Osteopathic Principles and Practice (OPP)

Poll Question

Essentially, Osteopathic Principles and Practice (OPP) means the same as Osteopathic Manipulative Treatment (OMT)

A. True
B. False
Definitions

- **OPP** – Osteopathic Principles and Practice is a conceptual and practical understanding of the distinct behavioral, philosophical, and procedural aspects of osteopathic medicine
- **OMM** – Osteopathic manipulative medicine includes diagnosis of somatic dysfunction and treatment using osteopathic manipulative treatment
- **OMT** - Osteopathic manipulative treatment includes a variety of hand-on techniques to treat somatic dysfunction
- **Somatic dysfunction** – the presence of one or more of the following physical findings – tenderness, tissue texture abnormalities, asymmetry, restricted range of motion
- **Structural examination** – assessing for the physical findings of somatic dysfunction

What is your “Why” for Osteopathically Focused Residency Training?
“IATP”
It’s About the Patient!!!

Patient Benefits-A Sample

➢ Pneumonia

➢ Ileus

➢ Pain Medicine Use

➢ Low Back Pain
  • John C Licciardone, 1 Angela K Brimhall, 2 and Linda N King 343 Osteopathic manipulative treatment for low back pain: a systematic review and meta-analysis of randomized controlled trials, *BMC Musculoskelet Disord.* 2005; 6: 43, Published online 2005 Aug 4. doi: 10.1186/1471-2474-6-
“Where Can this be Used?”
(In our residency treating patients)

➢ Difficulty breathing
➢ Athletes
➢ Geriatrics with pain
➢ Pediatrics
  • Colicky
  • Feeding
➢ Pregnancy
➢ Headache
➢ Musculoskeletal
➢ The “Whole Patient”

Our Residents: The Future of Health Care
Poll Question

Relatively few osteopathic medical students are interested in programs that offer osteopathic recognition

A. True
B. False

Our Students
Poll Question

Osteopathic Recognition through the ACGME does not require an initial site visit nor is there an application fee.

A. True
B. False
# Accreditation and Osteopathic Recognition

## Accreditation
- Program level
- Whole
- Specialty Milestones
- Pathway to certification
- Dedicated resources
- Scholarship
- MD/DO’s
- Initial site visit
- Fees
- GME lens

## Recognition
- Program level
- May designate track
- General Milestones (5)
- Pathway to certification
- Dedicated resources
- Scholarship
- MD/DO’s
- Initial paper review
- No fees
- GME, UME-GME, Inter-professional lens

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**Purposeful, Dedicated Learning Environment**

**DO/MD’s with foundational skills and commitment**

**Graduate physicians who competently incorporate OPP into practice**
An Example, A Fish Friendly Environment

➢ Water temp
➢ Light
➢ Oxygen levels
➢ Food
➢ pH balance
➢ Salt
➢ Others...

The Osteopathic Clinical Learning Environment

➢ A vibrant OPP environment:
  • Modeling
  • Learning
  • Using
  • Advancing
  • Fostering
Osteopathic Principles and Practice (OPP)

➢ Knowledge, skill, and behavior that is patient centered and focused on health

➢ These include a recognition that the following must be a part of our medical decision making:
  • The patient is a unit of mind, body, and spirit
  • The body has the intrinsic ability to heal itself when provided with the right environment and conditions
  • Structure and function are inter-related

*Does this describe something more than “add OMT?”

Poll Question

Having a DO who is AOA board certified is a requirement of Osteopathic Recognized programs.

A. True
B. False
The Osteopathic Clinical Learning Environment (cont.)

➢ Modeling
• Faculty, leadership, and trainees are committed to creating and maintaining
  ▪ Instruction, supervision, and evaluation: OPP/OMT
  ▪ Demonstrating values, attitudes, and behaviors aligned to the tenets
  ▪ Minimizing the hidden curriculum

➢ Learning
• Instruction
  ▪ A curriculum/learning plan has been created to assure trainees can predictably acquire or develop the knowledge, skill, and behavior necessary for successful practice
  ▪ Lead to Milestones
• Evaluation
  ▪ Provides formative and summative evaluation

Example
• 4 tenet lecture series
• Hands on workshops
• Inpatient and/or outpatient bedside instruction
• Periodic journal club
• Osteopathic rounds
• Patient care conference
OPP Competencies

OSTEOPATHIC PRINCIPLES AND PRACTICES

• OPP integrated into 6 ACGME Core Competencies
• OPP Competencies must be assessed in residency programs with Osteopathic Recognition

The Osteopathic Clinical Learning Environment (cont.)

➢ Using
  • Predictable opportunity exists during
    ▪ Didactic/learning activities
    ▪ Patient care activities
  • To develop and integrate
    ▪ Osteopathic thought/decision making
    ▪ Manual skills (appropriate to the specialty)
Integrating OPP

• Patient Care and Procedural Skills
  – Approach the patient holistically
    • Acknowledge all sources of health and disease
      – Social history - Employment, Diet, Exercise, Habits, Stressors, Spiritual Wellness
  – Diagnosis and document somatic dysfunction
  – Perform OMT
  – Sensitive to cultural views regarding touch
  – Plan of care should be holistic
    • Health promotion, disease prevention

The Osteopathic Clinical Learning Environment (cont.)

➢ Advancing
  • Scholarly inquiry about OPP and OMT is an expectation
    ▪ Leadership, faculty, and trainees are predictably encouraged to discover what we don’t know about OPP and OMT
    ▪ Such inquiry should lead to scholarly activity
The Osteopathic Clinical Learning Environment (cont.)

➢ Fostering

- The continuum of osteopathic medical education
  - Leaders, faculty, and trainees are part of a larger, vibrant learning community connecting UME, GME, and CME/OCC

- Interprofessional learning and team development to expand the osteopathic sphere of influence

Think-Pair-Share

What You Do...

➢ Implementing Osteopathic Recognition

1. Where do you struggle with curricula, learning activities, resources?
2. What are some solutions/strategies?!?

➢ Pair up with a neighbor for 5 minutes and then share what you do in your program
Think-Pair-Share
What You Do...

➢ Implementing Osteopathic Recognition
   1. Where are the struggles with milestone and assessment activities
   2. What are some solutions/strategies?!?

➢ Pair up with a neighbor for 5 minutes and then share what you do in your program
Think-Pair-Share

What You Do...

➢ Implementing Osteopathic Recognition
   1. What are the challenges re faculty and faculty development?
   2. What are some solutions/strategies?!?

➢ Pair up with a neighbor for 5 minutes and then share what you do in your program
OR Pearls: Faculty

How? The Process

➢ Application
➢ Milestones
➢ Creating the Osteopathic Learning Environment
  • Modeling
  • Learning
  • Using
  • Advancing
  • Fostering
Application: ACGME Website is Rich with Tools
Application Best Practices

➢ Begin
➢ Engage the DIO
➢ Create a timeline with needed reviews
➢ Engage at least one other person to help
➢ Use all your resources
  • Website, Tiffany, OPTI, COM, Others
  • They are really good!
➢ Ensure review by someone who speaks the language
➢ Answer each question...
➢ Other Ideas?

Summary

➢ Harness the energy/emotion from your own clear “Why”
➢ Osteopathic Principles and Practice
  – A conceptual and practical understanding of the distinct behavioral, philosophical, and procedural aspects of osteopathic medicine
➢ Osteopathic Recognition is a delivery vehicle
➢ Identify one practice shared today to bring back to your program
Poll Question:
Enter your email address to be included in any follow-up communication from the presenter(s).

Social Q & A
Choices…

- Andrew Taylor Still, MD, DO, said, “My father was a progressive farmer and was always ready to lay aside an old plow if he could replace it with one better constructed for its work. All through life, I have ever been ready to buy a better plow.”
- https://archive.org/stream/historyofosteopa00bootuoft#page/42/mode/2up

Please…

Complete the session evaluation.

Thank you.
“Patient care delivered within the context of osteopathic principles and practices is aligned to patient-centered, high-value care and the needs of our nation’s healthcare system.” Cain

With Gratitude...