

# Using PCAT's to Evaluate Resident Procedures

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## Disclosures

- None

## Objectives

- Review procedure training requirements for Family Medicine residency
- Become familiar with the Procedural Competency Assessment Tools (PCAT)
- Utilize PCAT to evaluate a procedure
- Discuss and propose best practices for summative evaluations of residents regarding procedural competencies



## Family Medicine RRC

- Residents must receive training to perform clinical procedures required for their future practices in ambulatory and hospital environments. (Core) IV.A.6.r).
  - (1) The program director and family medicine faculty should develop a list of procedural competencies required for completion by all residents in the program prior to graduation. (Core) IV.A.6.r).
    - (1).(a) This list must be based on the anticipated practice needs of all family medicine residents. (Core) IV.A.6.r).
    - (1).(b) In creating this list, the faculty should consider the current practices of program graduates, national data regarding procedural care in family medicine, and the needs of the community to be served. (Core)

# AAFP Clinical Services Performed by Physicians (as of December 31, 2015)

	Percentage
Skin Procedures (e.g., biopsies)	74.7
Musculoskeletal Injections	64.9
Spirometry	35.6
Endometrial Sampling	31.2
Obstetrics	17.6
Colposcopy	16.6
Cosmetic Procedures	8.9
Vasectomy	8.2
Cardiac Stress Testing	7.5
Ultrasound (OB)	7.5
Ultrasound (non-OB)	5.6
Flex Sigmoidoscopy	4.6
Echocardiography	4.3
Allergy Testing	3.7
Colonscopy	2.5
EGD	2.5
Nerve Conduction Study	2.4

## Residency Review Committee for Family Medicine

2015-2016 National Data Report (represents data/idents from previous academic year)

### Responses to Question Regarding the Top 10 Most Frequent Procedures

Count of Occurrences	Description
422	Joint Injection/Aspiration
389	ECG Interpretation
336	BC Abcess, Skin
311	Destruction of skin lesion
311	Tag/Tax Collection
290	Skin Biopsies (punch/shave)
287	KUG Insectors/Removal
222	Cervical Disruption
186	Skin Tag Removal
177	Colposcopy
170	Wet Mount
170	Forearmal Biopsy, Skin
162	Public Exam
133	Contraception implant insertion and removal
112	Ingrown Toenail Surgery/Excision
110	Osteopathic Manipulation
87	Tagged Food Ingestion
87	Endometrial Biopsy
83	Newborn Counseling
79	Spirometry
74	DB Ultrasound
69	X-ray Interpretation
60	AST/ALT Interpretation
55	Vaginal Delivery
54	Location Single with Substis



Accreditation Council for  
Graduate Medical Education

## Residency Review Committee for Family Medicine

2015-2016 National Data Report (represents data/idents from previous academic year)

### Responses to Question Regarding the Top 5 Most Frequent Procedures All Residents Must Learn

Count of Occurrences	Description
287	ECG Interpretation
225	Tag/Tax Collection
220	Joint Injection/Aspiration
217	BC Abcess, Skin
203	Skin Biopsies (punch/shave)
202	Vaginal Delivery
228	Location Single with Substis
196	Public Exam
160	Endometrial Biopsy, Skin
152	Destruction of skin lesion
148	Newborn Counseling
129	Wet Mount
127	X-ray Interpretation
108	KUG Insectors/Removal
81	Cervical Disruption
81	Cast/Plaster Application
71	Colposcopy
70	Ingrown Toenail Surgery/Excision
67	AST/ALT Interpretation
69	Endometrial Biopsy
60	Skin Tag Removal
41	Contraception implant insertion and removal
36	Local anesthesia
37	Spirometry
28	DB Ultrasound

# Procedural Training in US Family Medicine Residencies: A National Survey



Kate DuChene Thoma, MD, MME and John Ely, MD  
Department of Family Medicine

## INTRODUCTION

- Family Medicine residents must receive training to perform wide variety of clinical procedures required for their future practices in ambulatory and hospital environments<sup>1</sup>
- Program director should develop list of procedural competencies required for completion by all residents of the program<sup>2</sup>
- Draft 2014 ACGME RRC Family Medicine curriculum requirements included list of required 18 procedures
- Little information is known about the number of procedures currently performed by US family medicine residents

## METHODS

- National survey of residency programs using the Association of Family Medicine Residency Directors (AFMRD) list-serve
- Program directors asked to forward link to the 38-item Quattrics questionnaire to their residents
- Single reminder email sent 4 weeks after initial request

## BACKGROUND

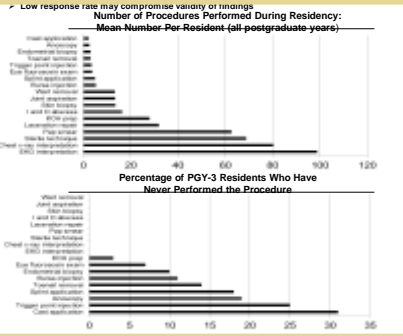
- Scope of practice of current family physicians variable

AAFP Performance of Procedures by Family Physicians (as of April 2011) <sup>3</sup>	
Dermatologic Procedures	87.3%
Circumcision	39.3%
Otolaryngology	29.2%
Holter Monitoring	23.9%
Formal EKG Interpretation	44.4%
Ophthalmology	19.1%
Cardiac Stress Testing	11.7%



## RESULTS

- Response rate 205/200 (6%, estimated)
- Pap smear and sterile technique universally performed
- Some procedures not performed at all by end of residency
  - 1472 (19%) PGY-3 residents reported zero anoscopies
  - 1872 (25%) PGY-3 residents reported zero trigger-point injections
  - 2272 (31%) PGY-3 residents reported zero cast applications
- Geographic variation in number of procedures performed during residency



## REFERENCES

- ACGME program requirements for Graduate Medical Education in Family Medicine effective July 1, 2014. Retrieved from [http://www.acgme.org/acme/Portals/0/PDFAssets/ProgramRequirements120\\_Family\\_Medicine\\_07012014.pdf](http://www.acgme.org/acme/Portals/0/PDFAssets/ProgramRequirements120_Family_Medicine_07012014.pdf)
- Kelly, B.F., Sicilia, J.M., Forman, S., Eklert, W., & Nothnagel, M. (2009) Advanced Procedural Training in Family Medicine: A Group Consensus Statement. *Family Medicine*. Jun;41(6):399-404.
- Family Medicine Facts - Table 12: Performance of (and Reasons for Not Performing) Diagnostic Procedures in Family Physicians<sup>3</sup>

## DISCUSSION AND CONCLUSIONS

- U.S. Family Medicine resident appear to have more than enough exposure to several procedures but insufficient exposure to other
- Resident experience should match educational recommendations

Table 12: Performance of (and Reasons for Not Performing) Diagnostic Procedures in Family Physicians

Procedure	Number of Residents	Percentage	Reasons for Not Performing
Cast application	100	100%	
Anoscopy	80	80%	
Endometrial biopsy	70	70%	
Teenail removal	65	65%	
Trigger point injection	60	60%	
Eye fluorescein exam	55	55%	
Spilit application	50	50%	
Bursa injection	45	45%	
Wart removal	40	40%	
Joint aspiration	35	35%	
Skin biopsy	30	30%	
I and D abscess	25	25%	
KOH prep	20	20%	
Laceration repair	15	15%	
Pap smear	10	10%	
Sterile technique	5	5%	
Chest x-ray interpretation	2	2%	
EKG interpretation	1	1%	

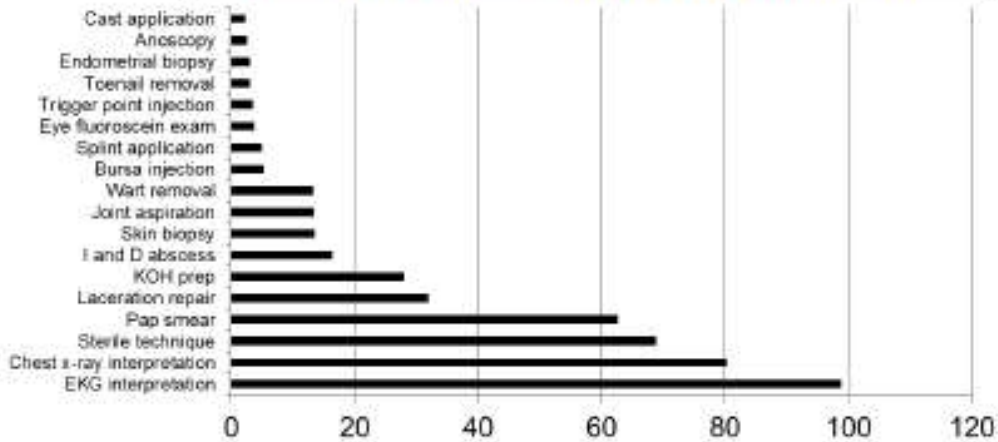
- STFM Group on Hospital Medicine and Procedural Training developed Group Consensus Statement on scope of procedural training for family medicine<sup>4</sup>

Site	All residents must be able to perform (OS requirements not required)	All residents need to be able to perform independently by graduation
Office	Review concussions Range studies (PDR) Laceration repair with tissue glue	Diaper (pouch, wafer, incision) Circumcise I/D abscess
Musculoskeletal		Wound management of open fractures Closed reduction • Splint • Cast • Joint • Reduction of compound elbow
Urgent Care	Foreign body removal ear & nose Ear lock removal Wig removal Proctology	Lidiate pedicle Eye procedures • Fluorescein exam • Foreign body removal Anterior nasal packing for epistaxis
Geriatric/geront	Neurologic exam Pupil discrimination Cranial nerve examination	History Examination of forehead, paranasal N/A at primary doctor
Cardiovascular	ECG rhythmology ECG interpretation	History ECG interpretation

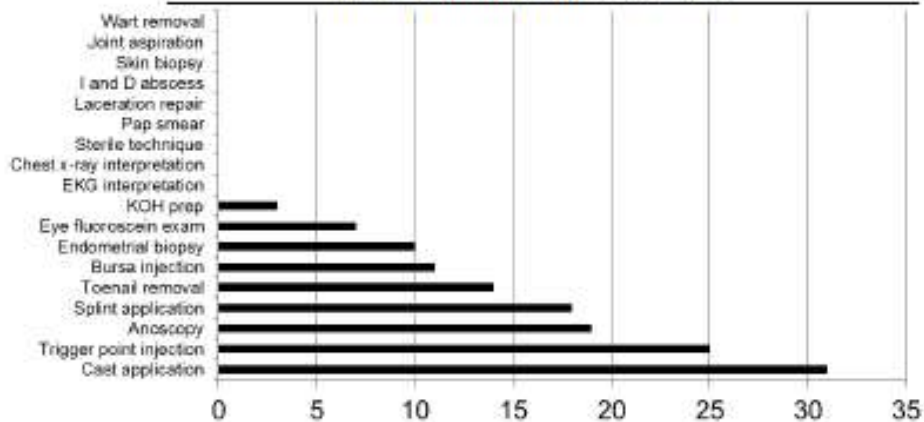
## NEXT STEPS

- Milestones will require competency assessment of residents with more focus on resident performance and less on the number of procedures performed
- Residents need more musculoskeletal procedural training
- Develop national data similar to ACGME ADS to monitor scope of procedural training for Family Physicians and incorporate into procedural training for residents

## Number of Procedures Performed During Residency: Mean Number Per Resident (all postgraduate years)



### Percentage of PGY-3 Residents Who Have Never Performed the Procedure



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### Advanced Procedural Training in Family Medicine: A Group Consensus Statement

Barbara F. Kelly, MD; Julia M. Sicilia, MD; Stuart Forman, MD;  
William Ellert, MD; Melissa Nothnagle, MD

**Background and Objectives:** Family medicine does not have a defined scope of procedures or universal standards for procedural training. This contributes to wide variation in family physician training and difficulties obtaining hospital privileges for advanced procedures. The Society of Teachers of Family Medicine (STFM) Group on Hospital Medicine and Procedural Training previously developed a list of core procedures to be taught to all family medicine residents. The group recommenced to develop a consensus list of advanced procedures within the scope of family medicine. **Methods:** Working from a master list of procedures, the group, which consisted of 21 family medicine educators, used a multi-stage process to identify advanced procedures within the scope of family medicine. **Results:** The group generated a list of 36 advanced procedures and added nine procedures to the previously created list of core procedures. **Conclusions:** The STFM Group on Hospital Medicine and Procedural Training proposes a list of advanced procedures within the scope of family medicine and urges family medicine governing bodies to use this list to define and standardize the scope of procedural training and practice in family medicine.

(Fam Med 2009;41(6):398-404.)

Table 1

#### Procedure Categories, Revised<sup>21</sup>

- A: All family medicine residency programs must provide training in each of these procedures.
  - A0: Residents will have the ability to perform these basic procedures either upon graduation from medical school or through normal residency experience. These procedures do not require specific documentation of training or numbers performed.
  - A1: All residents must be able to perform these procedures independently by graduation.
  - A2: All residents must have exposure to these procedures and be given the opportunity to be trained to perform them independently by graduation.
- B: These procedures are within the scope of family medicine and require focused training for residents to be able to perform independently by graduation.
- C: These procedures are within the scope of family medicine and may require additional training beyond the usual 3-year training for family physicians to perform independently.

Following is a list of procedures that will be encountered in residency. It is not an exhaustive list but does include most procedures our residents experience.

- A0:** Procedures all residents must be able to perform but documentation not required  
**A1:** Procedures all residents must be able to perform (documentation required)  
**A2:** Procedures residents will be exposed to and will have the opportunity to gain proficiency

Category	A0 Procedures	A1 Procedures	A2 Procedures
Skin	<ul style="list-style-type: none"> <li>• Cryotherapy of skin lesion</li> <li>• Skin tag removal</li> <li>• Shave cure/caulax</li> <li>• Laceration repair</li> <li>• Wart treatment (other than cryotherapy)</li> </ul>	<ul style="list-style-type: none"> <li>• Punch biopsy of skin</li> <li>• Excisional biopsy</li> <li>• Nail excision with and without matrix destruction</li> <li>• Shave biopsy</li> </ul>	
Maternity Care	<ul style="list-style-type: none"> <li>• Fetal monitor interpretation</li> <li>• Manual removal of placenta (simulation)</li> </ul>	<ul style="list-style-type: none"> <li>• NST interpretation*</li> <li>• Intrapartum cervical exam*</li> <li>• SBOM evaluation*</li> <li>• Artificial rupture of membranes (amniotomy)*</li> <li>• IUPC placement*</li> <li>• Fetal scalp electrode placement*</li> <li>• NSVD*</li> <li>• First-degree laceration repair*</li> <li>• Shoulder dystocia management (ALSO)</li> <li>• Second-degree perineal laceration repair</li> <li>• Insertion of cervical ripening agent (Cervidil, PregoID,</li> <li>• Cytotec)</li> <li>• Foley bulb insertion for induction of labor</li> </ul>	<ul style="list-style-type: none"> <li>• Cesarean section</li> <li>• Forceps delivery</li> <li>• Vacuum delivery</li> <li>• Third-degree perineal laceration repair</li> <li>• External cephalic version</li> <li>• Paracervical block</li> <li>• Amnioinfusion</li> <li>• Fourth degree perineal laceration repair</li> </ul>

## PROCEDURE EVALUATION

## LP Video

- How would you provide feedback?
- What process do you use to evaluate?

PC-5 Performs specialty-appropriate procedures to meet the health care needs of individual patients, families, and communities, and is knowledgeable about procedures performed by other specialists to guide their patients' care					
Has not achieved	Level 1	Level 2	Level 3	Level 4	Level 5
	<p>Identifies procedures that family physicians perform</p> <p>Demonstrates sterile technique</p>	<p>Performs procedures under supervision, and knows the indications of, contraindications of, complications of, how to obtain informed consent for, procedural technique for, post-procedure management of, and interpretation of results of the procedures they perform</p> <p>Begins the process of identifying additional procedural skills he or she may need or desire to have for future practice</p>	<p>Uses appropriate resources to counsel the patient on the indications, contraindications, and complications of procedures</p> <p>Identifies and actively seeks opportunities to assist with or independently perform additional procedures he or she will need for future practice</p>	<p>Independently performs all procedures required for graduation</p> <p>Counsels the patient regarding indications, contraindications, and complications of procedures commonly performed by other specialties</p> <p>Identifies a plan to acquire additional procedural skills as needed for practice</p>	<p>Seeks additional opportunities to perform or assist with procedures identified as areas of need within the community</p>
<p>Comments:</p>					



## CAFM Consensus Statement for Procedural Training in Family Medicine Residency

### Preamble:

Procedural skills are expected of all family medicine residency graduates. The Accreditation Council for Graduate Medical Education Review Committee for Family Medicine (RC-FM) in its 2014 revision of the Family Medicine requirements FAQ (frequently asked questions), stated that national organizations of family medicine should develop training guidelines for procedural training for the specialty.<sup>1</sup> A task force was convened with the support of the Association of Family Medicine Residency Directors (AFMRD) that included experienced faculty and program directors from across the country and CAFM member organizations. This consensus report represents the collective wisdom of experienced educators building upon a foundation of established literature and existing standards in determining best practices for informing what defines procedural competency.

## Procedure Competency Assessment Tool (PCAT)

1. Minimum volume of experience
2. Formal, standardized assessment tool



## PCAT Competency: Minimum Volume

- Number of times resident should perform a procedure under supervision before faculty consider the resident to perform it independently
- Not synonymous with establishing a minimum threshold case log for residency experience
- Based on expert opinion and should be adjusted as data becomes available
- May include simulation and models

## Competency: Formal, Standardized Assessment

- Procedure Competency Assessment Tool (PCAT)
- Adapted from validated Operative Performance Rating System (OPRS) used in surgical specialties
- 5 point Likert scale with behavior anchors ranging from “novice” to “expert”
- May be used as formative teaching tool, but primary goal is to evaluate operators performing procedures independently

NEWLY  
REVISED

# ACS/APDS SURGERY RESIDENT SKILLS CURRICULUM PHASE 1 - CORE SKILLS

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## CAFM-Approved Procedure Competency Assessment Tools

(Individual files in .docx format.)

Anoscopy	Incision and Drainage
Arterial Cannulation	Intrauterine Device
Bartholin's Cyst Management (Manipulization)	Joint, Bursa, Soft Tissue Aspiration or Injection
Bartholin's Cyst Management (Word Catheter)	Lingual Frenotomy (for Ankyloglossia)
Casting and Splinting	Lumbar Puncture
Central Venous Cannulation	Nail Removal
Cervical Cytology (Pap Smear)	Nerve Block
Cervical Polypectomy	Newborn Circumcision
Colposcopy	OB Ultrasound Basic/Limited
Destruction of Skin Lesion	Oral Endotracheal Intubation
Endometrial Biopsy	Paracentesis
External Hemorrhoidectomy	Reduction of Dislocated or Subluxed Joint
Fine Needle Aspiration Biopsy	Skin and Subcutaneous Excision
Fine Needle Aspiration of Cyst	Skin Biopsy (Non-Excisional)
General	Skin Laceration Repair (Simple)
Implantable Contraception	Slit Lamp Examination
	Thoracentesis
	Umbilical Vein Cannulation (Neonatal)
	Vasectomy
	Wet and KOH Prep

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## LP Video take 2

- PCAT Assessment

## Our Experience with PCAT's

- Iowa Data

## SUMMATIVE EVALUATION OF PROCEDURE COMPETENCY



### Family Medicine RRC

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    - (1).(a) This list must be based on the anticipated practice needs of all family medicine residents. (Core) IV.A.6.r).
    - (1).(b) In creating this list, the faculty should consider the current practices of program graduates, national data regarding procedural care in family medicine, and the needs of the community to be served. (Core)

# Summative Evaluation

- V.A.3.a) The specialty-specific Milestones must be used as one of the tools to ensure residents are able to practice core professional activities without supervision upon completion of the program. ...
- V.A.3.b) The program director must provide a summative evaluation for each resident upon completion of the program. ...
- This evaluation must:
  - V.A.3.b).(1) become part of the resident's permanent record maintained by the institution, and must be accessible for review by the resident in accordance with institutional policy; ...
  - V.A.3.b).(2) document the resident's performance during the final period of education; and, ...
  - V.A.3.b).(3) verify that the resident has demonstrated sufficient competence



## Clinical Privileges/Procedures Requested.

At the conclusion of Dr. \_\_\_\_\_'s Family Medicine residency training, he/she was judged capable of performing the following procedures independently. Current clinical competence should be assured before granting these privileges.

### CORE PROCEDURES

#### General

Skin punch biopsy  
Cryotherapy (skin lesion)  
Excision of skin lesion (including excisional biopsy)  
Incision and drainage of abscess  
Suturing/laceration repair—simple/complex  
Toenail removal  
Anoscopy  
Circumcision—neonatal  
Endometrial biopsy  
Lumbar puncture  
Management of simple nondisplaced fractures/splinting/casting  
Epistaxis management  
Joint aspiration and injection

#### Obstetrical

Resident completed only the minimal requirements for obstetrical training for a family medicine residency.  
Resident completed our full obstetric training program and was judged capable of the following core obstetric privileges:  
Spontaneous vaginal delivery  
Repair of obstetrical lacerations and episiotomies  
Labor augmentation and induction  
Manual extraction of retained placenta  
Basic obstetrical ultrasound (position of the head, heartbeat)  
Amniotomy  
Fetal scalp electrode placement  
Intrauterine pressure catheter (IUPC) insertion  
Interpretation of fetal heart rate tracing

## Procedure Competency & Summative Evaluation

- Discussion
  - Specific list
  - “scope of FM procedures”
  - No comment

## PCAT: Future Research Needed

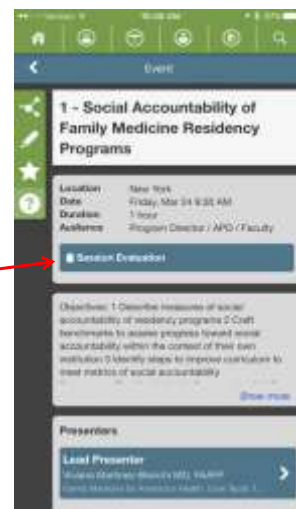
- Collaborate
- Validate
- Disseminate
- “This task force recommends that AFMRD & STFM establish and support a learning collaborative for the continuing development, field testing, refinement, and dissemination of this method of procedure competency assessment.”

Please contact me if interested  
in collaboration on PCAT validation

kate-thoma@uiowa.edu

Please...  
  
Complete the  
session evaluation.

Thank you.





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