

Men's Health Month June 2017

Chronic conditions in men are on the rise...

	HIGH BLOOD PRESSURE	HIGH CHOLESTEROL	DIABETES
2012	33%	24%	14%
2013	36%	29%	17%

Source: National Ambulatory Medical Care Survey, Centers for Disease Control and Prevention, 2012 and 2013

Too many men aren't following doctor's orders.

- **2** out of **10** doctors surveyed said up to half of their male patients did not fill a prescription.
- Nearly **1/3** said up to half of their male patients did not take their medications as prescribed.
- More than **4** out of **10** doctors said up to half of their male patients failed to follow up with a medical test when ordered for their condition.
- Nearly **1** in **4** doctors said up to half of their male patients failed to show up for a follow-up visit.

Source: 2017 AAFP Member Insight Exchange Survey*

Don't mess around with your health.

"Many men do not take these common chronic conditions seriously because they don't have any noticeable symptoms, and that's a big mistake. Neglecting to seek help and follow through on prescribed treatment can lead to much bigger problems like heart attack, stroke, and kidney disease."

— JOHN MEIGS, JR., MD, AAFP PRESIDENT

Learn more about men's health at familydoctor.org/men



AMERICAN ACADEMY OF
FAMILY PHYSICIANS

*AAFP Member Insight Exchange surveys, conducted by AAFP Market Research, provide a snapshot of what AAFP members are seeing in their practices. Due to the small sample size of these surveys, they are by no means scientific. Still, these surveys provide us with an opportunity to identify the frontline physician's experience in patient care and the overall health care environment.

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