

APPLICATIONS ARE DUE APRIL 1, AND CAN BE SUBMITTED ELECTRONICALLY VIA EMAIL TO POE@AAFP.ORG. YOU MUST USE THIS TEMPLATE FOR YOUR APPLICATION. Please fill in the following:

1. Medical School Name: Meharry Medical College
2. FMIG Name: Family Medicine Interest Group (FMIG) at Meharry
3. Main Campus or Regionally Separated (branch) campus
a: If regionally separated (branch) campus, name: _____
4. Number of students in your medical school: 420
a: If your campus is a regionally separated (branch) campus, number of students on your campus: _____
5. Number of active FMIG members: 90
6. Number of students serving in FMIG leadership positions: 9
7. Check all that apply:
 - Our school does not have a department of family medicine.
 - Our FMIG has minimal support from our state chapter.
 - Our school has minimal faculty support (*i.e. from Dean, Dept. Chair, etc.*).
8. Has your FMIG applied for this award in the past: YES NO
9. Has your FMIG won this award in the past: YES NO

Contact information:

10. Primary Student Leader Name: _____
11. Primary Student Leader Email Address: _____
12. Primary Student Leader Phone: _____
13. FMIG Faculty Advisor Name(s): _____
14. FMIG Faculty Advisor Email Address: _____
15. FMIG Faculty Advisor Phone: _____
16. Institutional Mailing Address: _____

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FMIG OPERATION

Please answer the following three questions to describe your FMIG's structure and approach to operation. These questions will help describe the environment and provide the background for the programming/initiatives/projects section of the application.

17. How is your FMIG structured? What roles do student leaders play?

The Family Medicine Interest Group (FMIG) at Meharry Medical College is a student-run organization that falls under the Pre-Alumni Association governing body, the student government association. Any medical student can be part of the organization, whether they are sure about their desire to enter family medicine or not. At the beginning of each year, FMIG Eboard members participate in student organization fairs, and other tabling events to distribute information about family medicine and the FMIG at Meharry, giving students the opportunity to sign up to be added to the listserv and receive information about our events. Meharry receives an tremendous amount of organizational support both from Meharry's Department of Family and Community Medicine in hosting events, and holding meetings in the Department's classroom, and as well as the Tennessee Academy of Family Physicians (TNAFP). Students pay annual dues; \$15 without an FMIG polo, and \$25 if they would like to receive a polo. All first time due-paying members receive an FMIG lapel pin.

Our main mode of communication with the student members is via emails through our Campus Groups listserv. This year, in an effort to streamline emails, we disseminated monthly electronic newsletters with information about upcoming community service events, opportunities in family medicine, global health initiatives, and the national conference. Finally, a new resource that was created this year was the FMIG Alumni Database to inform current students about where past Meharrians have matched in family medicine so that as they prepare for residency, they can reach out to individuals from those programs. These resources can be found by visiting our Campus Groups website at: <http://mmc.campusgroups.com/fmig/>.

The 2014-2015 executive board consists of 9 student leaders. They are:

Toni Aluko, MS-III: President; responsible for presiding over all executive board and general body meetings, acting as a liaison between the faculty and FMIG, delegating authority to other officers, monitoring FMIG activities and events.

Paul Hannam, MS-IV: Vice-President; performs the duties of the President in the event that she is not available, serves as an additional liaison between the faculty and FMIG, provides support and guidance to the President.

Alexandria Cooke, MS-III: Treasurer; responsible for collecting dues, maintaining a record of all financial transactions, provides reimbursement paperwork to the financial office for expenditure reimbursements, makes all disbursements for FMIG.

Arieal Felix, MS-II: Secretary; responsible for keeping record of attendance and minutes of all meetings, maintains all official records for FMIG, and serves as the official correspondence of the Executive Board and General Body.

Suk-Joon Hong, MS-II: Community Service Chair; identifies community service activities in which the class can participate in collectively or individually, serves as the liaison between community organizations and FMIG, coordinates volunteers during service activities.

Laiea Jackson, MS-II: Historian; responsible for keeping a written and photographic record of FMIG events, maintaining and updating the FMIG Alumni Database, Campus Groups webpage, and social media accounts.

Ashley Simon, MS-IV: Senior Class Liaison; responsible for distributing correspondence to respective class regarding upcoming FMIG events, and encouraging participation of classmates in FMIG activities.

Khai-El Johnson, MS-III: Junior Class Liaison; responsible for distributing correspondence to respective class regarding upcoming FMIG events, and encouraging participation of classmates in FMIG activities.

Kayla Dietrich, MS-I: Freshmen Class Liaison; responsible for distributing correspondence to respective class regarding upcoming FMIG events, and encouraging participation of classmates in FMIG activities.

Christopher Watson, MS-IV: Student Membership Coordinator; responsible for recruiting students to join the FMIG and AAFP.

This year, we added the positions of Community Service Chair and Historian to increase the number of available leadership positions in the organization, and also ensure that we are reaching our full potential in documenting FMIG activities, as well as being active in serving our surrounding Nashville community. We work closely with our Faculty Advisor, Dr. Ruth Stewart, as well as the Department of Family and Community Medicine staff to utilize the Department's classroom for general body meetings and special events. Annual elections are held in April, with transition of leadership occurring in May for the new executive board.

18. Describe your FMIG's mission and goals.

The mission of Meharry's FMIG is to increase the exposure of Meharry medical students to the field of family medicine and family physicians through the implementation of engaging and interactive educational activities, develop future leaders in family medicine through community service and advocacy opportunities, establish partnerships with school-based and Nashville-based primary care organizations, and finally, to increase the presence of FMIG on the campus of Meharry Medical College.

Specifically, our goals are to:

- 1) Promote educational and professional advancement of its members in the field of family medicine, including encouragement and promotion of its members' diverse professional interests.
- 2) Empower students from all background and beliefs to lead in improving health for all within a model that reflects the unique perspectives of family medicine.
- 3) Provide and develop leadership, advocacy, education, expertise, mentoring, and strategic alliances.
- 4) Promote student awareness of issues and policies pertinent to the Family Medicine Interest Group.
- 5) Seek out and retain funds necessary and useful to carry out its purposes.
- 6) Serve as the unique voice for family medicine on the campus of Meharry Medical College and the advancement of family medicine.

These goals are achieved through Executive Board and general body meetings as well as organized activities including academic, social, and community service events.

19. Describe the role of your FMIG Faculty Advisor.

Dr. Ruth Stewart, Assistant Professor and Clerkship Director at Meharry Medical College, has served as the FMIG Faculty Advisor for the last several years. In addition to these positions, she is also the faculty member in charge of the Health Disparities Scholars Program, a longitudinal program for medical students interested in primary care, to increase their knowledge and exposure to careers in urban and rural underserved areas. Dr. Stewart serves as the main resource and faculty point of contact for our FMIG. With assistance from the Department of Family and Community Medicine coordinator, Ms. Carmen Jones, she ensures that FMIG is supported as necessary during general body meetings, conference trips, and community service events. In addition, she graciously hosts an annual FMIG mixer attended by family physicians within Meharry and the community, family medicine residents, and medical students to interact and discuss the field of family medicine. She also serves as a mentor for students interested in the field, and is available to meet with students with regards to planning for residency, and a career as a family physician.

FMIG PROGRAMMING, INITIATIVES, AND PROJECTS

In this section of the application, please describe your FMIG programming. Each block of questions should reflect one program, initiative, or project. In total, you may submit eight programs, initiatives, or projects, meaning that you may fill out the block of questions up to eight times total to reflect up to eight individual programs, initiatives, or projects.

While there is an eight program/initiative/project maximum, there is NO MINIMUM. You are not required to fill out eight separate entries. Certain programs can be combined into one entry. For example, National Primary Care Week Celebration can be one programming entry, and you can describe the week's activities and how they fit into that initiative.

Questions during the application process can be directed to Sam Carlson at poe@aafp.org or (913) 906-6000, ext. 6722.

PROGRAM/PROJECT/INITIATIVE 1

- Title of FMIG event, project, or initiative: "Getting to know FMIG" tabling event and first general body meeting
- Date(s) and time(s) held: August 25th, 2014, 12pm-1pm, and August 26, 5:30pm-6:30pm
- Number of students/student work hours it took to organize: 6 students/2 hours
- Number of students who participated: 45

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Community service: This is something your FMIG does for the community. <input type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input checked="" type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____ <input type="checkbox"/> Other: _____ |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

First year medical students begin classes in June at Meharry as part of a program called "MAPS: Mini Academic Program for Success". Usually, it is during this time that a student organization fair is held with the intent to reach out to first year students and provide them information about the wealth of opportunities available on Meharry's campus. However, it is also during this time that rising second year medical students are away from Meharry engaged in research experiences, while rising third year medical students are in the midst of taking the USMLE Step 1 examination. Therefore, to increase the number of students that we reached, we decided to hold our tabling event towards the end of August when all students have begun classes to ensure that we did not miss an opportunity to reach as many students as possible. This year, we employed a two prong approach with regards to FMIG outreach.

Our first approach involved setting up a tabling event on 8/25/2014 in West Basic Atrium, the School of Medicine's main academic building, which has the highest level of foot traffic on a daily basis. Executive board members were present to speak to students interested in family medicine and answer any questions that they had regarding the mission, values, and activities of our organization. We provided students with an electronic sign up sheet via a Google Document to keep track of students visiting the table so that we could add them to the FMIG email listserv. We also distributed materials provided to us by the AAFP regarding topics related to the scope of family medicine, managing student debt, global health opportunities, and paying dues. With the first general body meeting planned for the following day, we distributed fliers about the meeting to students, encouraging them to attend the meeting, and making sure to let them know that dinner would be served!

The general body meeting was held on 8/26/2014, and featured a PowerPoint presentation given by the FMIG president introducing the 2014-2015 Eboard, and utilizing the "Your Future is Family Medicine" PowerPoint provided by the AAFP modified for content and length to present to the medical students. The presentation touched upon the scope of Family Physician's work, the type of procedures they perform, residency curriculum, fellowship opportunities, loan repayment/debt reduction options, and how they could get involved in the FMIG at Meharry and the AAFP. The President also discussed upcoming plans for the organization with regards to community service, guest speakers, and the national conference, with selected Eboard members speaking about their experiences in FMIG thus far and why they chose family medicine. This was also the opportunity for us to pass out the AAFP membership forms, which resulted in 25 new students joining AAFP. We received positive feedback from this event from students, and many stayed after the conclusion of the meeting to ask additional questions.

PROGRAM/PROJECT/INITIATIVE 2

- Title of FMIG event, project, or initiative: "FMIG Night with the Residents"
- Date(s) and time(s) held: September 22, 2014, 5:30pm-6:30pm
- Number of students/student work hours it took to organize: 3/2 hours
- Number of students who participated: 24

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Community service: This is something your FMIG does for the community. <input checked="" type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input checked="" type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input checked="" type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input checked="" type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____ <input type="checkbox"/> Other: _____ |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

"FMIG Night with the Residents" was a new initiative this year implemented to bridge the gap between medical students and family medicine residents. Often times, there is a disconnect between residents and medical students, particularly first year and second year medical students who have not yet begun their clinical work in the hospital. However, the executive board felt that the family medicine residents could serve as valuable resources for medical students because they are still within a few years of having just completed medical school themselves, and can offer unique and candid perspectives as to what students need to do to prepare for life as a family medicine resident, and what to expect. Residents were informed about the event through emails, as well as word of mouth via their resident liaison, and family medicine faculty.

We had the participation of four Family Medicine residents; one PGY-1, two PGY-2, and one PGY-3, which allowed students to gain different perspectives because of the different experiences occurring each year. In addition, two of the residents were Meharry alum, which was particularly insightful because they were also able to speak with familiarity regarding what students should expect as they prepared for residency with regards to navigating the process at Meharry. The residents spoke with students about how and why they chose the field of family medicine, how they prepared to enter the field (i.e. through elective course work, mentorship opportunities, etc), and their experiences with interviewing at different residency programs. They also provided tips for students regarding how to choose and rank the programs that are the best fit for them. One of the Meharry Alum, who completed an Adolescent Medicine fellowship prior to beginning family medicine residency, spoke to students regarding the scope of his work as an Adolescent Fellow, choosing fellowships wisely, and the opportunities available to students desiring to enter fellowships.

Students had the opportunity to ask residents more personal questions related to loan repayment, maintaining relationships during residency, work-life balance, and staying healthy during residency, which residents were more than willing to answer and discuss. This event was a success, and we hope in the future that we can continue to bridge the gap between FMIG and the family medicine residents through integrative programming such as this.

PROGRAM/PROJECT/INITIATIVE 3

• Title of FMIG event, project, or initiative: "Global Health in Family and Community Medicine" with Dr. Muktar Aliyu

• Date(s) and time(s) held: October 22nd, 2014, 5:30pm-6:30pm

• Number of students/student work hours it took to organize: 2/2 hours

• Number of students who participated: 30

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.
- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
- Current issues or innovations in family medicine.
- New event for this FMIG.
- Significant changes/improvement made on an existing FMIG program.
- Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____
- Other: _____

• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Interest in global health and international medicine has continued to grow at Meharry, and we have seen quite an increase in the number of students choosing to engage in international research/clinical experiences prior to graduating from medical school. Therefore, our FMIG wanted to make sure that this was reflected in our programming, and consequently decided to host a global health talk featuring Dr. Muktar Aliyu, Associate Professor and Associate Director of the Occupational Medicine Residency at Meharry Medical College, and Associate Professor of Health Policy and Medicine and Associate Director for Research with the Vanderbilt Institute for Global Health. Dr. Mukhtar's research focus is on adverse birth outcomes associated with maternal behaviors (e.g. tobacco use), and infectious diseases, such as HIV/AIDS in resource-limited areas.

Dr. Aliyu shared several of his past and current global health research projects with students, and discussed the ethics involved in doing research in different cultural contexts, particularly with regards to ensuring that researchers are collaborating with local country-specific researchers. He also discussed the importance of learning about the cultural environment in which one is practicing. At the end of his presentation, he provided a list of global health resources for students interested in going abroad, which also included a link to a Global Health certificate course at Vanderbilt University, which Meharry students have the opportunity to complete through the Meharry-Vanderbilt Student Alliance, and initiative to connect graduate students at Meharry and Vanderbilt across the professional schools. Through this agreement, students are able to take coursework at Vanderbilt, which is covered by their tuition, and earn a global health certificate after fulfilling the necessary academic requirements. Students had the opportunity to follow up the presentation with questions about opportunities to engage in research experiences internationally, and Dr. Aliyu's contact information was provided to students interested in following up.

To ensure that students would continue to have access to these resources, a "Global Health Opportunities" page was created on our FMIG's Campus Group website that is kept updated to inform students about new global health opportunities as they arise. Students across Meharry can access the database of global health opportunities by visiting the FMIG group at: <http://mmc.campusgroups.com/fmig/global-health-opportunities/>.

PROGRAM/PROJECT/INITIATIVE 4

Diabetes Awareness Month

- Title of FMIG event, project, or initiative: Diabetes Awareness Month
- Date(s) and time(s) held: October 30 (5-7pm), November 1st (8am-1pm), and November 15th, 2014 (8am-3pm)
- Number of students/student work hours it took to organize: 9/15 hours
- Number of students who participated: 35

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Community service: This is something your FMIG does for the community. <input checked="" type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input checked="" type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input checked="" type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): <u>Pre-Alumni Association</u> <input type="checkbox"/> Other: _____ |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Each year, the Pre-Alumni Association, sponsors "Community Day", an event designed to promote healthy living among community members residing in North Nashville, the region of Nashville in which Meharry is located. Student organizations across the Schools of Medicine, Dentistry, and Graduate Studies and Research sign up to host tables, and engage community members and kids in activities related to healthy eating, physical exercise, and health screening. For the third year in a row, FMIG performed glucose/diabetes screening. However, this year, in honor of Diabetes Awareness month, we wanted to do more than simply offer students the opportunity to perform finger stick glucose tests and diabetes education. Rather, we wanted to equip students with the knowledge and foundation to provide effective and thorough diabetes education. Therefore we hosted 3 different activities between end of October, and throughout November.

They were:

Activity 1: "Project Power" Ambassador Training-October 30th, 2014

"Project Power" is a faith-based initiative through the American Diabetes Association which focuses on engaging churches within the African-American community in Diabetes Awareness and Education for the congregation. Ambassadors are recruited from within the community to integrate healthy lifestyle messages into their outreach, and teach others about Type 1 and Type 2 diabetes, risk factors, and tips for healthy living. Content was modified for non-faith based audiences, since the Ambassadors (consisting of Meharry medical students and community members) would be providing educational outreach during a health fair to a mixed audience. Approximately 15 community members and medical students were trained to become "Project Power" Ambassadors during the two hour training event in preparation for the community health fair that would be held on November 15th, 2014. The different workshops and descriptions were:

- 1) Power Over Diabetes: Educates patients about diabetes, management and treatment.
- 2) Fit for the Masters Use: Emphasizes the importance of exercise and weight management in addressing diabetes.
- 3) Taste and See: Focuses on methods for incorporating healthy eating habits into daily practice for diabetes management, providing alternatives to favorite meals, and portion control.
- 4) A Clean Heart: Educates regarding the affects of diabetes on cardiovascular health, and how to avoid heart disease and stroke.
- 5) Train Up a Child: Promotes awareness of the increasing incidence and prevalence of African-American children with Type 2 diabetes, and strategies for disease prevention and lifestyle modification that the entire family can incorporate to prevent and reduce the burden of diabetes in youth.

Activity 2: Glucose/Diabetes Screening-November 1st, 2014

Students desiring to perform glucose screenings attended a brief training on correctly using the glucometers, blood-borne pathogen safety, interpreting numbers, and patient referrals prior to performing the diabetes education outreach during Community Day. As required, we had a attending physician supervising us during the screenings who was also able to educate community members further on what their glucose levels meant, and answer any additional questions or concerns that they had. Overall, 6 students participated in screening, and we were able to provide glucose screenings for approximately 40 community members.

Activity 3: Diabetes Wellness Fair-November 15th, 2014

The Diabetes Wellness Fair was an event spearheaded by diabetes researchers at Meharry to bring diabetes education and outreach to local community members. The event was held a McGruder Family Resource Center, which serves as a community center, and featured various activities and booths for attendees to receive additional information about diabetes. Two MS-1s, three MS-2s, and two MS-3s participated in facilitating their respective workshops, and engaging workshop attendees in discussion of their selected topics.

Overall, this was a successful project as measured by evaluation of the workshop and activities, and we hope we can repeat it annually!

PROGRAM/PROJECT/INITIATIVE 5

FMIG Winter Physician, Resident, and Medical Student Mixer

- Title of FMIG event, project, or initiative: November 18th, 2015, 6pm-9pm
- Date(s) and time(s) held: 6/5 hours
- Number of students/student work hours it took to organize: 40
- Number of students who participated: _____

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Community service: This is something your FMIG does for the community. <input checked="" type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input checked="" type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____ <input type="checkbox"/> Other: _____ |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Each year, our faculty advisor, Dr. Ruth Stewart, hosts Meharry family physicians, residents, and FMIG members at her residence for an evening of food and discussion regarding life as a family physician. In addition to Meharry physicians, this year, we also had the added unique perspective of a family physician practicing in a community setting serving residents of the East Nashville area. Through this mixer, we wanted to expose students to family physicians practicing in different settings, give students the opportunity to ask family physicians about the scope of their practice, and create an opportunity for students interested in family medicine to network with one another. The executive board worked closely with the faculty advisor to identify the best date and time for the event based on student schedules, and once identified, disseminated information regarding the event via electronic invitations.

The family physicians in attendance each discussed their backgrounds with regards to their medical education, how they chose family medicine, how their careers had shifted over the course of the years working as family physicians, and where they envisioned the trajectory of their career path. They also also discussed the opportunities for students to engage in fellowships, such as those in Emergency Medicine, and Obstetrics, as well as funding opportunities related to programs such as the National Health Service Corps, and loan repayment options. The additional perspective of a family physician in private/ community practice provided students exposure to learning about what to consider when going into private practice, and how the life of a community physician differs from that of a family physician working in an academic setting.

Overall, student participation increased from last year, and we also had in attendance a few students that we invited from Vanderbilt's FMIG, which we saw as important in bridging the gap between our FMIGs.

PROGRAM/PROJECT/INITIATIVE 6

- Title of FMIG event, project, or initiative: "FMIG Night at 12 South Clinic"
- Date(s) and time(s) held: February 5th, 2015, 5pm-10pm
- Number of students/student work hours it took to organize: 5/5 hours
- Number of students who participated: 11

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Community service: This is something your FMIG does for the community. <input type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input checked="" type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input checked="" type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input checked="" type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): <u>12 South Clinic</u> <input type="checkbox"/> Other: _____ |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

12 South Clinic is Meharry's student-run clinic that provides free health care to the indigent population in Nashville, particularly those who are uninsured or underinsured. The clinic is supervised by practicing Meharry physicians (general internists and family physicians), and operates every Thursday from 6pm-9pm in collaboration with the United Neighborhoods Health Services clinic network. Each week, first through fourth year medical students volunteer in the clinic to triage patients, conduct complete history and physicals, perform lab work, and serve as case managers to refer patients to the appropriate community resources based on their health needs. First and second year students have the opportunity to work closely with third and fourth year students who serve as mentors, as well as attending physicians to sharpen their existing clinical skills while learning new skills, such as phlebotomy.

The FMIG executive board worked with the volunteer coordinator of 12 South Clinic to designate a night to serve as "FMIG Night" where 100% of the volunteers were comprised of FMIG members. Although several of our members are part of the 12 South Clinic Executive Board, and volunteer at the clinic on a weekly basis, it was important to us that we showed our presence as an organization, and our commitment to primary care, and made sure that for at least one night, there would be no shortage of volunteers. In total, we had 11 medical students sign up to volunteer for the evening, which allowed us to perform intake assessments for all patients coming to the clinic that night, and address their primary health care needs. In addition, we worked with a Meharry family physician, Dr. Vincent Morelli, which brought to full circle our ability to truly reflect the mission of increasing the presence of the FMIG at Meharry Medical College and in the community.

For a few of the FMIG members, this was the first time that they had volunteered at the clinic. Therefore, it was also a great opportunity to expose them to the clinic, and its weekly operation with the hope that they will continue to volunteer outside of FMIG. This was also a teaching opportunity for the upperclassman with regards to working with the underclassmen since many of them were still learning about performing history and physical exams, and coming up with differential diagnoses as well as management plans for common medical conditions. Students provided feedback that this was a helpful experience for them, and expressed interest in further involvement with the clinic in the future. We hope that this can become an event that we hold at a minimum once per semester.

PROGRAM/PROJECT/INITIATIVE 7

- Title of FMIG event, project, or initiative: "From Private Practice to Direct Primary Care" with Dr. Kimberly Howerton
- Date(s) and time(s) held: March 9th, 2015
- Number of students/student work hours it took to organize: 3 students/3 hours
- Number of students who participated: 31
- Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

- Community service: This is something your FMIG does for the community.
- Professional development: This is something your FMIG does to promote professional and/or leadership development among your members.
- Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community.
- Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups.
- Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine.
- Current issues or innovations in family medicine.
- New event for this FMIG.
- Significant changes/improvement made on an existing FMIG program.
- Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____
- Other: _____

- Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Direct primary care (DPC) has become a buzzword in the family medicine community, and the topic of much discussion within the field. However, many medical students are unfamiliar with, and have never even heard of DPC and how it fits within the scope of family medicine. Therefore, our FMIG invited Dr. Kimberly Howerton, MD, former President of the Tennessee Academy of Family Physicians (TNAFP), to speak to Meharry FMIG members regarding her experiences in private practice utilizing the traditional insurance reimbursement model, and her recent transition to a DPC model. Through the talk, we hoped that students would come out with a clearer understanding of how DPC differed from traditional methods of reimbursement for care, and have the opportunity to learn about the work of a family physician working in a community-based private practice.

Dr. Howerton provided a presentation for students about how private practice utilizing a DPC model functions, and the pro's and cons associated with DPC. In addition, she also answered various questions that students had with regards to issues for concern such as affordability for patients who cannot afford to pay monthly premiums, laboratory services, catastrophic wraparound insurance, and how transitioning to a DPC model affects the patient-physician relationships.

Although this was a new concept for most students, and many students have not necessarily thought too far ahead regarding the type of practice in which they would like to work, the goal of was to start the conversation since the executive board felt it was important that students were exposed early to information about DPC since this may be a model that family physicians could possibly transition to in the future. In addition, it provided students the opportunity to conduct further research in the area of DPC.

PROGRAM/PROJECT/INITIATIVE 8

Post-Match Meeting and AAFP National Conference Informational

- Title of FMIG event, project, or initiative: April 1st, 2015, 5:00pm-6:30pm
- Date(s) and time(s) held: 5/4 hours
- Number of students/student work hours it took to organize: 32
- Number of students who participated: _____

• Choose the categories that apply. Please choose all that apply, but be discerning with your selections. Chosen categories should strongly apply to your program/initiative/project.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Community service: This is something your FMIG does for the community. <input checked="" type="checkbox"/> Professional development: This is something your FMIG does to promote professional and/or leadership development among your members. <input checked="" type="checkbox"/> Exposure to family medicine and family physicians: This is something your FMIG does to expose its members to family physicians in your medical school or the community. <input type="checkbox"/> Promoting the value of family medicine as primary care: This is something your FMIG does to tell members about the role of family medicine in enhancing primary care. This could include the patient-centered medical home, primary care workforce, National Primary Care Week Activities, or other collaborations with primary care interest groups. | <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Promoting the scope and diversity of family medicine: What your FMIG does to educate students and increase their understanding of and appreciation for the broad range of opportunities in family medicine. <input type="checkbox"/> Current issues or innovations in family medicine. <input checked="" type="checkbox"/> New event for this FMIG. <input type="checkbox"/> Significant changes/improvement made on an existing FMIG program. <input type="checkbox"/> Collaboration with another campus group.
Please indicate which group (SNMA, another primary care interest group, etc.): _____ <input checked="" type="checkbox"/> Other: <u>Post-match meeting</u> |
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• Please describe the event, project, or initiative. Your answers should reflect the program, its goals and objectives, details about how the idea was generated, how the program was set up, collaboration or community participation, FMIG leader roles, FMIG Faculty Advisor roles, how family medicine was communicated through the initiative, program execution and student participation, and how your FMIG evaluated success of the program to plan for the future. If this was an existing program, what changes and improvements did your FMIG make this year? You will have a 750 word count limit for this section.

Our FMIG holds an annual post-match meeting during which seniors who matched into family medicine sit on a panel to speak with students about preparing for residency, their interview experiences, tips for success, and do's and don'ts of interviews. This year, we decided to combine the post-match meeting with an AAFP national conference informational using PowerPoint presentation provided by the AAFP since our post-match meetings are highly-attended events. The PowerPoint covered information regarding what students could expect at the conference, funding opportunities, and deadlines for registration as well as poster presentations. In addition, we invited Ms. Cathy Dyer, Executive Director for the Tennessee Academy of Family Physicians (TNAFP), to speak to students about conference funding opportunities through TNAFP. Information for applying to funding was distributed to all students interested in attending the conference.

Following the conference informational, we held our senior post-match panel discussion. This year, 11 Meharry seniors matched into family medicine, and four of them were available to serve on the panel. Each student started off by speaking about what lead them to choose the field of family medicine. The floor was then opened up for questions from FMIG members. Notes were taken at the meeting for students who were unable to attend the event, to be sent out via the FMIG listserv. The questions asked (with selected responses) included:

- 1) How did you choose your residency program? "Location.", "Best fit for my family.", "Attending the conference and exposure to the programs."
- 2) What strategies were used to rank the programs? "Gut feeling.", "International and fellowship opportunities."
- 3) What helped you to prepare for residency interviews? "Identifying and speaking to letter writers early in my clinical rotation.", "Taking Step 2 CK and CS before interviews.", "Completing personal statement by July."
- 4) What was the most difficult residency question you received? "What do people say is your weakest quality.", "What do you do if someone doesn't agree with you?"
- 5) What is your 5 year plan? 10 year plan? "Masters program.", "Fellowship in obstetrics."
- 6) How did wanting to do a particular fellowship affect where you applied for residency? "Looked for programs with fellowship programs.", "Looked for programs in cities in which the fellowship program [sports medicine] would provide me great exposure."
- 7) Discuss the difference between opposed and unopposed. "Unlikely to find an unopposed program at large academic hospital; often they're community-based.", "Unopposed program may not have other residents, but will have attendings who are specialists, such as cardiologists."
- 8) What should I expect on residency interview day? "Be prepared to ask questions; don't be socially awkward.", "Practice an answer to the usual, 'So tell me about yourself.'"
- 9) What are some do's and don'ts of residency interviews? "Do dress professionally.", "Don't expect every interview to be the same. Some interviews are very relaxed and conversational."
- 10) What is a safe number of schools to apply to? "Evaluate yourself as an applicant to make that decision. If you're competitive, you may not need to apply to too many.", "Don't buy into the hype of applying to too many schools because by the end, you'll be tired, and not wanting to go to many of the interviews."

Students also had the opportunity to speak to panelists following the meeting to gain additional insight to their experiences during interviews. This meeting was well attended by first, second, third, and fourth year medical students, which is promising for future post-match meetings. Students were excited about the opportunity to learn about the conference and hear the seniors confirm that the conference was helpful in learning about the various residency programs.