

Appendix B One Pager

A Team-based Approach to Integrating Cost-of-medication Conversations into Primary Care



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Funder: Robert Wood Johnson Foundation in collaboration with Avalere Health
Duration: December 1, 2016-November 30, 2017

Background: Medication costs represent a significant portion of patient out-of-pocket (OOP) costs. Patients frequently express the desire for their primary care clinicians to discuss ways to reduce their medications with them. To address this need, feasible and low-burden strategies are needed to facilitate these discussions with patients in primary care settings.

Project Design: Clinicians and staff will be asked to participate in one 50 minute-training session on ways to facilitate medication cost conversations. Activities will include:

- ✓ Implementing feasible, low-burden office systems for:
 - Screening and documentation of patient medication cost burdens during medication reconciliation.
 - Brief strategies to address cost burdens through office based strategies, e.g. de-prescribing, changes in medication brand, class, supply, pill splitting, use of medication cost apps, and referrals to care managers, social workers or clinical pharmacists.
- ✓ Referring patients to participate in the completion of a brief survey regarding medication costs related concerns and assistance in addressing them. Staff will administer the survey to 50 patients at baseline and another 50 patients at follow-up.
- ✓ Identify a Practice Champion who can help with scheduling the training session and study related activities, e.g. facilitating logistics for referring patients for survey completion.
- ✓ Key Informants identified at each participating practice will provide feedback through interview on the barriers and facilitators to implementing conversations and most importantly suggestions for improvement.

Study Timeline: (may be adjusted based on early completion of activities)

- ✓ **Month 1-3:** Collect patient baseline assessment surveys (50 patients total)
- ✓ **Month 4-9:** Participate in training and implementing new strategies for conversations and reducing patient out of pocket medication costs
- ✓ **Month 10-12:** Collect patient follow-up assessment surveys (50 unique patients total); Participate in Key Informant Interviews (up to 8 clinicians and/or staff)

Participation Benefits: The benefit of participating in this project is the potential for moving forward research related to strategies to improve communication with patients specifically around reducing the burden of out of pocket medication costs.

Remuneration: Participating practices will be provided with two mobile tablets that can be used for patient data collection during the study. Participating patients will be compensated \$10 for their time to complete the surveys. Participating clinicians and/or staff will be compensated \$20 for their participation in Key Informant Interviews.

Questions & Additional Information:

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