

Key to help staff remember EPDS and PHQ-9 scores.
Print. Cut out both squares. Laminate after placing back to back.

Woman's Feelings EPDS Scoring

Interpreting the scores

| | |
|---------------------------|---|
| 9 or less concerns | no depression |
| 10 to 12 | modest concern |
| 13 to 18 | moderate concern |
| 19 and above | likely to have depression and worry about suicide risk |

Woman's Feelings PHQ-9 Severity Tool

- **<5 normal**
- **5-9 mild or minimal depression symptoms**
- **10-14 moderate symptoms**
- **15-19 moderately severe symptoms**
- **= 20 severe symptoms**