Global Health (Functional Assessment)



| Diagon | rocpond | to oach | itom | hy filling | in ana | box per row. |
|--------|---------|---------|--------|------------|---------|--------------|
| riease | respond | to each | ILEIII | DV IIIIIII | III OHE | DUX DEL TUW. |

| | | Excellent | Very good | Good | Fair | Poor | |
|-----|--|-----------------------|-----------|------------|----------|-------------|--|
| 1. | In general, would you say your health is: | <u> </u> | 4 | ☐ 3 | □ 2 | □ 1 | |
| 2. | In general, would you say your quality of life it: | <u> </u> | 4 | ☐ 3 | 2 | □ 1 | |
| 3. | In general, how would you rate your physical health? | ☐ 5 | □ 4 | □ 3 | □ 2 | □ 1 | |
| 4. | In general, how would you rate your mental health, including your mood and your ability to think? | ☐ 5 | ☐ 4 | □ 3 | □ 2 | □ 1 | |
| 5. | In general, how would your rate your satisfaction with your social activities and relationships? | □ 5 | 4 | □ 3 | □ 2 | □ 1 | |
| 6. | In general, please rate how well you carry out your usual social activities and roles. (This includes activities at home, at work, and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.) | □ 5 | ☐ 4 | □ 3 | ☐ 2 | □ 1 | |
| - | | Completely | Mostly | Moderately | A little | Not at all | |
| 7. | To what extent are you able to carry out everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair? | ☐ 5 | ☐ 4 | ☐ 3 | □ 2 | □ 1 | |
| | | Never | Rarely | Sometimes | Often | Always | |
| 8. | How often have you been bothered by emotional problems such as feeling anxious, depressed, or irritable? | ☐ 5 | ☐ 4 | ☐ 3 | □ 2 | □ 1 | |
| 9. | How would you rate your fatigue on average? | None 5 | Mild 4 | Moderate 3 | Severe 2 | Very severe | |
| 10. | How would you rate your pain on average? | | | | | | |
| | No pain | Worst imaginable pain | | | | | |
| | \square 0 \square 1 \square 2 \square 3 \square 4 \square 5 \square 6 | □ 7 □ 8 □ 9 □ 10 | | | | | |