

Your health  
BEFORE  
all else.

— INTRODUCING —  
PHYSICIAN HEALTH FIRST

You work hard to take care of your patients. The AAFP works hard to take care of you. AAFP Physician Health First is the first-ever comprehensive initiative devoted to improving the well-being and professional satisfaction of family physicians, and reversing the trend toward physician burnout. So you can stay passionate about your purpose: providing quality patient care.

Discover a wealth of well-being at  
[aafp.org/mywellbeing](http://aafp.org/mywellbeing)

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[aafpfoundation.org](http://aafpfoundation.org)



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FAMILY PHYSICIANS