



## DIABETES REMINDER LETTER

---

Dear \_\_\_\_\_:

It is time for your diabetes check up. For the visit to be as beneficial as possible, we will need your help in preparing for it.

Please phone the office at 000-0000 to schedule your appointment with \_\_\_\_\_.

So that test results will be available for discussion at the time of your visit, please obtain the following lab work approximately one week prior to your scheduled appointment.

- Hemoglobin A<sub>1c</sub>
- BUN/Creatinine
- Urine albumin/Creatinine
- Lipids (fast for 12 hours)
- Other: \_\_\_\_\_
- No lab work needed

No appointment is necessary for your lab work. The lab hours are 8:00 a.m. to 12:30 p.m. and 1:30 p.m. to 4:30 p.m., Monday through Friday.

*It is to your benefit for you to think about your self-management goals and what you would like to accomplish at your diabetes visit.*

**Your participation is vital for good care of your diabetes. Thanks for taking care of yourself and helping to prepare for your visit.**

\*It is very important that you bring this letter with you to the laboratory. Also, please bring your current medications list to your check up.

Sincerely,

Family Health Associates  
Bellingham, Wash.