

SORE THROAT ENCOUNTER FORM



Patient's name: _____ Age: _____ Medical record #: _____

Data collection:

| Symptom | Points |
|--|--------|
| <input type="checkbox"/> History of fever or measured temp >100.4 F | 1 |
| <input type="checkbox"/> Absence of cough | 1 |
| <input type="checkbox"/> Tender anterior cervical nodes | 1 |
| <input type="checkbox"/> Tonsillar swelling or exudates | 1 |
| Patient's age | |
| <input type="checkbox"/> < 15 years | 1 |
| <input type="checkbox"/> 15 to 45 years | 0 |
| <input type="checkbox"/> > 45 years | -1 |
| Total: | _____ |
| Score: | |
| 0 to -1 point: Strep throat ruled out (only a 2% risk). | |
| 1 to 3 points: Order rapid strep test; treat accordingly. | |
| 4 to 5 points: Diagnose probable strep throat (52% risk); consider empiric antibiotic therapy. | |

| Suggestive findings | Diagnostic considerations |
|--|---------------------------|
| <input type="checkbox"/> Palatine petechiae or scarlatiniform rash | Probable strep throat |
| <input type="checkbox"/> Contact with strep infection in past 2 weeks <input type="checkbox"/> Duration of illness < 3 days | Consider strep throat |
| <input type="checkbox"/> Headache <input type="checkbox"/> Petechial rash <input type="checkbox"/> Stiff neck | Consider meningitis |
| <input type="checkbox"/> Hot-potato voice <input type="checkbox"/> Sudden/severe symptoms | Consider abscess |
| <input type="checkbox"/> Posterior cervical adenopathy or teenager | Consider mononucleosis |

Rapid strep test: Positive Negative NA

Mono spot test: Positive Negative NA

Other history: _____

Diagnosis:

- Probable or confirmed strep throat _____
- Viral pharyngitis _____
- Mononucleosis _____
- Other: _____

Antibiotic treatment:

- None needed _____
- Penicillin V potassium _____
- Cephalexin _____
- Erythromycin _____
- Azithromycin _____

Symptomatic measures:

- NSAID 2% lidocaine gargle
- Sore throat spray Salt water gargles

Follow-up visit:

- prn only
- _____ days

Other treatment: _____

- Patient education handout given.