

PATIENT-PHYSICIAN PARTNERSHIP AGREEMENT FOR DIABETES MANAGEMENT

OBJECTIVE

To better manage your diabetes through a patient-physician partnership and goal setting.

REASON

Medical research and clinical experience have shown that optimal management of diabetes significantly reduces the known complications of this disease, including blindness, heart attack, kidney failure and loss of a limb.

EXPECTATIONS

You can expect your physician to provide the following services, which are an essential part of diabetes management.

- OFFICE VISITS - every three months for reviewing your progress.
- MONITORING - blood pressure, other vital signs, foot examination and A1C.
- ANNUAL SCREENING - lipids, microalbuminuria (test for kidney protein), eye examination and monofilament testing (sensory examination of feet).

PERSONAL GOALS

Weight/Body Mass Index:	Current: _____ / _____	Ideal: _____ / _____
A1C (< 6.5 percent):	Current: _____	Goal for 6 months: _____
Blood pressure (< 130/80 mm/Hg):	Current: _____	Goal: _____
Total cholesterol (< 200 mg/dl):	Current: _____	Goal: _____
LDL (< 100 mg/dl):	Current: _____	Goal: _____

YOUR RESPONSIBILITIES

- Schedule follow-up appointments every three months or as indicated by your doctor.
- Monitor blood sugars at home at the agreed testing frequency: _____.
- Work toward attaining the personal goals noted above.

PATIENT SIGNATURE _____ Date: _____

PHYSICIAN SIGNATURE _____ Date: _____