**SORE THROAT ENCOUNTER FORM**

Patient’s name: ___________________________ Age: _______ Medical record #: ___________________________

**Data collection:**

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>History of fever or measured temp &gt;100.4°F</td>
<td>1</td>
</tr>
<tr>
<td>Absence of cough</td>
<td>1</td>
</tr>
<tr>
<td>Tender anterior cervical nodes</td>
<td>1</td>
</tr>
<tr>
<td>Tonsillar swelling or exudates</td>
<td>1</td>
</tr>
<tr>
<td>Patient’s age</td>
<td></td>
</tr>
<tr>
<td>&lt;15 years</td>
<td>1</td>
</tr>
<tr>
<td>15 to 45 years</td>
<td>0</td>
</tr>
<tr>
<td>&gt;45 years</td>
<td>-1</td>
</tr>
</tbody>
</table>

**Total:**

Score:

0 to -1 point: Strep throat ruled out (only a 2% risk).
1 to 3 points: Order rapid strep test; treat accordingly.
4 to 5 points: Diagnose probable strep throat (52% risk); consider empiric antibiotic therapy.

**Suggestive findings**

<table>
<thead>
<tr>
<th>Points</th>
<th>Diagnostic considerations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Diagnostic considerations**

<table>
<thead>
<tr>
<th>Points</th>
<th>Diagnostic considerations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Symptomatic measures:**

- NSAID
- 2% lidocaine gargle
- Sore throat spray
- Salt water gargles

**Follow-up visit:**

- prn only
- ____________ days

**Other treatment:**

- ____________

**Antibiotic treatment:**

- None needed
- Penicillin V potassium
- Cephalexin
- Erythromycin
- Azithromycin

**Suggestive findings**

<table>
<thead>
<tr>
<th>Points</th>
<th>Diagnostic considerations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Diagnostic considerations**

<table>
<thead>
<tr>
<th>Points</th>
<th>Diagnostic considerations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Rapid strep test:**

- Positive
- Negative
- NA

**Mono spot test:**

- Positive
- Negative
- NA

**Other history:**

- ___________________________

**Diagnosis:**

- Probable or confirmed strep throat
- Viral pharyngitis
- Mononucleosis
- Other: ___________________________

**Antibiotic treatment:**

- None needed
- Penicillin V potassium
- Cephalexin
- Erythromycin
- Azithromycin

**Symptomatic measures:**

- NSAID
- 2% lidocaine gargle
- Sore throat spray
- Salt water gargles

**Follow-up visit:**

- prn only
- ____________ days

**Other treatment:**

- ___________________________

- Patient education handout given.