

How to Prepare & Ship Gel Barrier Samples to LipoScience

NOTE: PATIENTS SHOULD BE FASTING FOR THIS TEST

The LipoScience specimen kit has most of the items you will need to successfully submit samples for testing. You will also need Study ID labels and the requisition form that are included in the large patient study packet.

Each specimen kit includes: 1) 10 plastic specimen bags, 2) 10 red-capped serum tubes, 3) 1 ice brick, 4) 1 styrofoam inner container, and 5) 1 cardboard outer container.

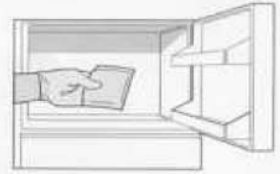
1. Remove ice brick and freeze for at least 12 hours.
2. Complete all information on the requisition form (located inside the patient study packet).
3. Completely fill one Serum gel barrier tube for all serum specimens. Place Study ID/Visit label vertically on the backside of the LipoScience tube. Do not cover "LipoProfile test".

NOTE: Serum specimens drawn in any other gel barrier collection tube will be rejected, due to interfering substances that make them unsuitable for Nuclear Molecular Resonance (NMR) analysis.

4. Gently invert collection tube to mix contents. *Serum specimens should clot for 15-30 minutes before centrifugations.
5. Specimens should be centrifuged immediately or kept refrigerated and centrifuged within 4 hours. Centrifuged collection tubes can be kept refrigerated for up to 4 days before shipping. Do not freeze.
6. Prepare for shipping all serum tubes that you have collected during the current week, using the specimen bags provided by LipoScience. Place each collection tube in its own bag with the corresponding requisition placed in the front pouch of the bag. One requisition form and patient collection tube per bag.
7. Lay specimen bags in Styrofoam Inner Container and cover with a frozen ice brick. Replace the Styrofoam Inner Container top, place the Styrofoam Inner Container in the Cardboard Outer Container, and tape the container closed. Place the entire unit inside the Large Plastic FedEx Clinical Pack. Call FedEx for pickup at 1-800-463-3339 option 1 (DO NOT SHIP FRIDAY, SATURDAY, OR THE EVE OF A HOLIDAY).

NMR
LIPOPROFILE[®]

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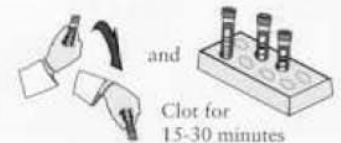
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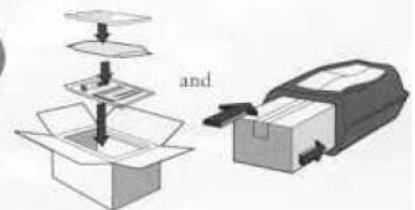
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Questions? Please Call Toll Free 800-274-2237, Ext. 3179 (Ask for Brian, Anøie. or Tom) or Email: aimhi@aafp.org .