BLSO
Basic Life Support in Obstetrics

Sample Breakout Schedule

Session	Objective	Time
Registration and breakfast		7:00-7:20
Overview of the training	Introduce trainers, participants, content of the days course and guidelines for conducting the course	7:20-7:40
A. Normal Labor (Note: add electronic fetal monitoring when taught to medical students in settings with continuous electronic fetal monitoring {CEFM})	• Define labor • Recognition of abnormal labor	7:45-8:35 Group A 8:40-9:30 Group B 9:35-10:25 Group C 10:30-11:20 Group D
B. Emergency Prenatal Assessment (Note: substitute labor dystocia when taught to medical students)	• Mini-lecture • Small-group, interactive session to practice maternal history taking, practice with pregnancy wheel, maternal exam (vitals, heart/lung/calves, fundal height, Leopold's, perineal/vaginal exam) and listening to fetal heart tone with Doppler	7:45-8:35 Group B 8:40-9:30 Group C 9:35-10:25 Group D 10:30-11:20 Group A
C. Maternal Resuscitation and PPH (Saving the Life of the Mother)	• Mini-lecture • Role play resuscitation • Practice the four T's (Tone, Trauma, Tissue, Thrombin)	7:45-8:35 Group C 8:40-9:30 Group D 9:35-10:25 Group A 10:30-11:20 Group B
D. Malpresentations	• Mini-lecture • Practice pre-hospital management with mannequins	7:45-8:35 Group D 8:40-9:30 Group A 9:35-10:25 Group B 10:30-11:20 Group C
LUNCH		**11:25-11:55**
E. Shoulder Dystocia	• Mini-lecture • Practice maneuvers for the HELP-R mnemonic	12:00-12:55 Group A 1:05-1:55 Group B 2:00-2:50 Group C 2:55 -3:45 Group D
F. Hypertensive Emergencies	• Mini-lecture • Case discussion	12:00-12:55 Group B 1:05-1:55 Group C 2:00-2:50 Group D 2:55 -3:45 Group A
G. Preterm Labor and Premature Rupture of Membranes (PROM)	• Mini-lecture • Case discussion	12:00-12:55 Group C 1:05-1:55 Group D 2:00-2:50 Group A 2:55 -3:45 Group B
H. Neonatal Resuscitation (Saving the Life of the Baby)	• Mini-lecture • Practice resuscitation with mannequins	12:00-12:55 Group D 1:05-1:55 Group A 2:00-2:50 Group B 2:55 -3:45 Group C
BREAK		**3:50-4:40**
Evaluation and Wrap-up	• Group case testing — case evaluations • Collect participant evaluations of course • Certificates and closing	4:45-6:00

Note: Participants will be divided into four groups (A-D). They will rotate between four workshops in the morning and four workshops in the afternoon. The instructors will stay in the same place and teach the same workshop four consecutive times to each of the four groups of participants.

For more information, please email: blso@aafp.org or call 1-800-274-2237.