
METRIC—Measuring, Evaluating, and Translating Research Into Care

The AAFP is an active participant in the American Medical Association (AMA)-convened Physician Consortium for Performance Improvement® (Consortium). The Consortium has posted over 200 evidence-based clinical performance measures in 42 clinical topics and conditions. The METRIC program utilizes primary care relevant measures from the Consortium in the clinical assessment step of each module.

To learn more about the Consortium and review the details of performance measures for specific clinical conditions visit <http://www.ama-assn.org/ama/pub/category/2946.html>.

Diabetes Module

- A1C measurement and value
- Aspirin therapy
- Dilated retinal exam
- Foot exam
- Urine microalbumin protein screen
- Blood pressure measurement and values
- Influenza immunization
- Lipid profile measurement and values
- Smoking/smoking cessation

CAD Module

- Ace inhibitor therapy (MI)
- Anginal symptom evaluation
- Antiplatelet therapy
- Beta-blocker therapy (MI)
- Level of physical activity
- Statin therapy
- Blood pressure measurement and values
- Lipid profile measurement and values
- Smoking/smoking cessation

Geriatrics Module

- Advance care plan
- Fall risk assessment
- Medication reconciliation
- Medication review
- Urinary incontinence (females)
- Influenza immunization
- Medication adherence

Asthma Module

- Assessment of current control
- Asthma medications prescribed
- Completed asthma assessment tool
- Daytime and nighttime symptom frequency
- Frequency of missed or modified activities
- Long-term control medication use
- Possible triggers and allergens
- Short-acting beta-agonist inhaler use frequency
- Frequency and severity of acute attacks/exacerbations
- Medication adherence
- Smoking/smoking cessation

Depression Module

- Depression severity assessed and classified
- DSM-IV criteria for major depressive disorder met
- Prescribed appropriate treatment
- Suicide risk assessment
- Treatment preferences discussed and documented
- Use of symptom checklist

COPD Module

- Long-term oxygen therapy
- Oxygen saturation measurement
- Pneumococcus immunization
- Pulmonary rehabilitation
- Symptom and functional status evaluation
- Use of spirometry
- Frequency and severity of acute attacks/exacerbations
- Influenza immunization
- Medication adherence
- Inhaler technique review
- Smoking/smoking cessation

Hypertension Module

- Blood pressure measurement
- Lipid profile measurement
- Glucose screen for diabetes
- BMI or waist circumference measurement
- Serum creatinine measurement
- Urine protein measurement
- Documentation of appropriate counseling for:
 - ◊ The DASH plan
 - ◊ Weight reduction
 - ◊ Alcohol consumption
 - ◊ Physical activity
 - ◊ Sodium intake
 - ◊ Smoking/smoking cessation