

DR C BRaVADO

for the interpretation of FHR tracings

- DR** Determine **R**isk — "low" or "high"
- C** **C**ontractions — comment on pattern and intensity
- BRa** **B**aseline **R**ate — bradycardia, normal 110-160 bpm, or tachycardia
- V** **V**ariability — marked (>25 bpm), moderate (6-25 bpm), minimal (1-5 bpm), or absent. Minimal and absent are concerning.
- A** **A**ccelerations — present or absent (at least ≥ 15 beat change from the baseline lasting ≥ 15 seconds)
- D** **D**ecelerations — "early," "variable," or "late"
- O** **O**verall — assessment (Category I/II/III) and plan of management