



Skills Workstation Checklist

Postpartum Hemorrhage

ALSO Provider Course Learner Name: _____

Instructors: Please see the Postpartum Hemorrhage Instructor Guide (provided in the Course Materials Packet) for the directions and scenario to be used during this particular workstation.

Please note - You may incorporate your institution-specific oxytocin and/or drug protocols for postpartum hemorrhage into this exercise when appropriate.

Postpartum Hemorrhage Skills Workstation

Step		Scoring		
		0 Not done	1 Prompt required	2 Done
Active Management of the Third Stage of Labor (AMTSL)	Oxytocin administered after anterior shoulder is delivered	0	1	2
	Delayed cord clamping 1 to 2 minutes	0	1	2
	Steady, gentle cord traction and transabdominal massage after delivery of placenta	0	1	2
Bimanual Massage	Performs with one hand on abdomen above uterus and second hand in vagina (Demonstrated Skill)	0	1	2
Maternal Resuscitation	Monitors vital signs, obtains 2 large-bore intravenous (IV) lines, oxygen placed, IV fluids. Initiates QBL	0	1	2
The Four Ts • Tone • Trauma • Tissue • Thrombin	Tone: Identify atonic uterus and begin to treat (drain bladder, continue massage, administer drugs-see below)	0	1	2
	Trauma: Identify traumatic causes of bleeding and address	0	1	2
	Tissue: Identify retained placental fragments and address	0	1	2
	Thrombin: Identify coagulopathy and address	0	1	2
Tone Drugs	Oxytocin 20 IU intramuscularly (IM) or 30 IU in 500 mL NS, infuse 167 mL over 10 minutes then 90-200 mL/hour (this should be given in addition to oxytocin administered for AMTSL)	0	1	2
	Methylergonovine 0.2 mg IM	0	1	2
	15-methyl prostaglandin F2-alpha 0.25 mg IM	0	1	2
	Misoprostol 600 mcg sublingually or 800 mcg rectally	0	1	2
	Tranexamic acid 1 g in 100 mL NS IV over 10 minutes	0	1	2
Consider Tamponade	Uterine balloon tamponade	0	1	2

Prepares for Other Options	Transfer to surgical suite (B-Lynch sutures, hysterectomy)	0	1	2
Safety and Effectiveness of Demonstrated Skills		Unsafe 0	Safe 4	Safe and Effective 8
Total Score: (Retake if lower than 32)				

Passed (Instructor Signature): _____

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