

Vacuum Application

A-J

- A** Ask for help
Address the patient
Anesthesia adequate?
- B** Bladder emptied?
- C** Cervix completely dilated
- D** Determine position of the head; consider and prepare for shoulder Dystocia
- E** Equipment ready
- F** Place cup on Flexion point, Feel for vaginal/cervical tissue
- G** Gentle traction following the pelvic curve during contractions/with maternal effort only
- H** Halt traction between contractions.
Halt if:
- 3 pop-offs
- 3 contractions/pulls with no progress
- 20 minutes of total application
Hold cup with the thumb (index finger on fetal head)
- I** Incision: Evaluate for episiotomy (not routinely recommended)
- J** Remove the vacuum when the Jaw is reachable

