

## Skills Workstation Checklist

### Postpartum Hemorrhage

BLSO Course Learner Name: \_\_\_\_\_

**Instructors:** “The baby just delivered vaginally, and the placenta has not yet delivered. Now what do you do?”

*Please note - You may incorporate your institution-specific oxytocin and/or drug protocols for postpartum hemorrhage into this exercise when appropriate.*

#### Postpartum Hemorrhage Skills Workstation

Step		Scoring		
		0 Not done	1 Prompt required	2 Done
<b>Active Management of the Third Stage of Labor (AMTSL)</b>	Oxytocin administered after anterior shoulder is delivered	0	1	2
	Delayed cord clamping 1 to 3 minutes	0	1	2
	Steady, gentle cord traction and transabdominal massage after delivery of placenta ( <b>demonstrate skill</b> )	0	1	2
<b>Maternal Resuscitation</b>	Monitors vital signs, obtains 2 large-bore intravenous (IV) lines, oxygen placed, IV fluids.	0	1	2
<b>The Four Ts</b> • Tone • Trauma • Tissue • Thrombin	<b>Tone:</b> Identify atonic (boggy) uterus and begin to treat (continue massage, administer drugs-see below)	0	1	2
	<b>Trauma:</b> Identify traumatic causes of bleeding and address	0	1	2
	<b>Tissue:</b> Identify retained placental fragments and address	0	1	2
	<b>Thrombin:</b> Identify coagulopathy and address	0	1	2
<b>Tone Drugs</b>	Oxytocin 20 IU intramuscularly (IM) or 30 IU in 500 mL NS, infuse over 10 minutes then 50-200mL/hour(this should be given in addition to oxytocin administered for AMTSL)	0	1	2
	Methylergonovine 0.2 mg IM	0	1	2
	Carboprost 0.25 mg IM	0	1	2
	Misoprostol 600 mcg sublingually or 800 mcg rectally	0	1	2
	Tranexamic acid 1 g in 100 mL NS IV over 10 minutes	0	1	2

<b>Prepares for Other Options</b>	Transfer to surgical suite (B-Lynch sutures, hysterectomy)	0	1	2
<b>Safety and Effectiveness of Demonstrated Skills</b>		<b>Unsafe 0</b>	<b>Safe 4</b>	<b>Safe and Effective 8</b>
<b>Total Score:</b> (Retake if lower than 28)				

Passed (Instructor Signature): \_\_\_\_\_

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