

## DIABETES REMINDER LETTER

Dear \_\_\_\_\_

It is time for your diabetes check up. For the visit to be as beneficial as possible, we will need your help in preparing for it.

Please phone the office to schedule your appointment with:

So that test results will be available for discussion at the time of your visit, please obtain the following lab work approximately one week prior to your scheduled appointment.

- Hemoglobin A1c
- BUN/Creatinine
- Urine albumin/Creatinine
- Lipids (fast for 12 hours)
- Other: \_\_\_\_\_
- No lab work needed

It is to your benefit for you to think about your self-management goals and what you would like to accomplish at your diabetes visit.

Your participation is vital for good care of your diabetes. Thanks for taking care of yourself and helping to prepare for your visit.

Also, please bring your current medications list to your check up.

Sincerely,



**FPM Toolbox** To find more practice resources, visit <https://www.aafp.org/fpm/toolbox>.

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