

Consistency Across Studies

Consistent

Most studies found similar or at least coherent conclusions (coherence means that differences are explainable).

or

If high-quality and up-to-date systematic reviews or meta-analyses exist; they support the recommendation.

Inconsistent

Considerable variation among study findings and lack of coherence.

or

If high-quality and up-to-date systematic reviews or meta-analyses exist, they do not find consistent evidence in favor of the recommendation.