

# PARENTING NEURODIVERGENT CHILDREN

TIPS FOR SURVIVAL & SUCCESS

ALL RUN ON FIREWORKS

ADJUST YOUR EXPECTATIONS FOR YOUR KIDS

**TIPS**  
 WHO IS GOING TO CARE FOR THEM WHEN YOU ARE GONE??  
 FROM OUR BREAKOUT GROUPS

MULTIPLE CHILDREN ALL DIFFERENT  
 OUTSIDE FAMILY IS ALWAYS A CHALLENGE

YOUNG  
 ADOLESCENT  
 ADULTS

NO ONE SIZE FITS ALL

STRESSFUL

GET ON THE LIST TO GET ASSISTANCE

LEARN FROM ONE ANOTHER

JUST DIAGNOSED LONG WAITS FOR TESTING

NONE IN OUR FAMILY CONSIDERED DIFFERENT!

SEE THE SIGNS LOOKING BACK

SERVICE SPECIALISTS ENGAGE + DON'T BE AFRAID TO REACH OUT

SUPPLEMENTS UTILIZE THOSE THAT HELP

CONSIDER DIET SUPPLEMENTS IF BIZ

STRUGGLE WITH SCHOOLS IN-BETWEEN STAGE - SENT HOME WHEN NOT GOOD MAKES IT TOUGH!

GIVE MULTIPLE OPTIONS

START LOW GO SLOW

HELPS WITH MANY SYMPTOMS

**THC**

STUDIES SHOW CANNABIS CAN HELP REDUCE INTENSITY!

CAN USE HEMP - 3% THC  
 FEDERAL LEGAL

STRAIN IN THE FAMILY

STRESS AS PHYSICIAN PARENTS

BIAS

CHANGING BARRIERS BASED ON EXPERIENCES

ADLS

COOKING + FOOD

STIGMA

SLEEP COMMUNICATION

ONLY MAC + CHEESE AND ONLY FROM ONE RESTAURANT!

CAN ONLY EAT SO MANY OF THESE MEALS

KEEP A DIARY

FULL SPECTRUM CBD

PRECISION OF LANGUAGE

THINGS LIKE MANAGING PERIODS

BE FLEXIBLE PIVOT

THE FOOD IS SUSPICIOUS

NOT RIGHT

CONSIDER THERAPIES ON YOUR OWN DON'T WAIT! GET PARENTS WHAT THEY NEED

EVALUATE EARLY

SPECIAL NEEDS TRUST

ESTABLISH GUARDIANSHIP FUTURE

STATE RESOURCES NONE AS CARING AS YOU ARE!

CONTINUITY OF CARE

HELPS SO MUCH - GENEMES often MISSED IN GIRLS

KNOW RIGHTS - ABA IS POSSIBLE IN SCHOOL - ASK FOR WHAT YOU NEED!

CHILD ADVOCATES ARE AVAILABLE + KNOW RESOURCES

ADVOCATE FOR SPECIFIC NEEDS ie KNOW WHAT IS NEXT - SHOW THEM - TOOL IN YOUR BOX

IN-HOME THERAPY - ABA STRICT AND RESTRICTIVE WONDERFUL FOR YOUNGER CHILDREN

ImageThink

We have more