

February 28th, 2026

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PERSONAL DATA

HOME ADDRESS: 1012 Sycamore Lane, Columbia MO 65203

DATE OF BIRTH: October 11, 1967

PLACE OF BIRTH: Bethlehem, Pennsylvania

EDUCATION

Medical School:

1988-1992 University of Pittsburgh
Degree: M.D., May 1992

Undergraduate:

1984-1988 University of Pennsylvania
Degree: B.A., May 1988
Major in Psychology

Secondary:

1978-1984 The Hill Preparatory School, Pottstown, PA
Degree: High School Diploma, May 1984

POST-GRADUATE TRAINING

Fellowship in Teaching and Learning

2011-2012 Keck School of Medicine-University of Southern California

Residency in Family Medicine:

1993-1996 University of Pittsburgh Medical Center - St. Margaret Memorial Hospital Family Practice Residency Program

Preliminary Year Internship in Internal Medicine:

1992-1993 University of Pittsburgh Medical Center, Pittsburgh, PA
Internal Medicine Preliminary Year Intern

PROFESSIONAL EXPERIENCE

Academic Appointments

2020-present Professor of Clinical Family Medicine, Department of Family and Community Medicine, University of Missouri-Columbia, Columbia, MO

2013-2020 Associate Professor of Clinical Family Medicine, Department of Family and Community Medicine, University of Missouri-Columbia, Columbia, MO

2007-2013 Assistant Professor of Clinical Family Medicine, Department of Family and Community Medicine, University of Missouri-Columbia, Columbia, MO

Clinical Experience

2007-present Department of Family and Community Medicine
University of Missouri-Columbia, Columbia, MO

2003-2007 Family Medicine Physician
Kiawah-Seabrook Medical Care, Johns Island, SC

2001-2003 Family Medicine Urgent Care Physician
Doctor's Care, Beaufort Office, Port Royal, SC

1996-2001 Family Medicine Rural Practice Physician
Tallahassee Memorial Regional Medical Center,
Blountstown Office, Blountstown FL

BOARD CERTIFICATION

American Board of Family Practice: Initial certification 1996. Recertification 2002, 2009, 2018, currently on longitudinal certification tract and current.

OTHER CERTIFICATIONS AND MEMBERSHIPS

American Academy of Family Physicians, 1990-present
Missouri Academy of Family Physicians (MAFP), 2007-present
Society of Teachers of Family Medicine, 2007-present
Missouri State Medical Association, 2012-present
American Balint Society, 2010-2022
South Carolina Academy of Family Practice, 2001-2007
Florida Academy of Family Physicians, 1996-2001
South Carolina Medical Society, 2001-2007
Florida Bureau of Worker's Compensation Certification, 1996

PUBLICATIONS

Koopman P, Patel A, Crawford B. In healthy adults, does routine vitamin supplementation reduce the incidence of respiratory infections? *Evidence-Based Practice*. April 2017; 20(4).

Koopman, PJ. "What is and What Should Never Be-President's Report" *Missouri Family Physician*, April-June 2016, Vol 35 (2): 4.

Koopman, PJ. "Communication Breakdown-President's Report" *Missouri Family Physician*, January-March 2016, Vol 35 (1): 4.

Koopman, PJ. "Too Much Medicine-President's Report" *Missouri Family Physician*, October-December 2015, Vol 34 (4): 4-5.

Hirner, JP, Koopman, PJ. Lupus Pernio as the Presenting Symptom of Sarcoidosis: A Case Report. *Missouri Family Physician*, October-December 2014:8-10.

Koopman, P. J. Snow. *Families, Systems, & Health*, Dec 2014, Vol 32(4):440.

Koopman P, Kane KY, Wells J. Are selective serotonin reuptake inhibitors (SSRIs) effective in the treatment of posttraumatic stress disorder? *Evidence-Based Practice*. June 2013; 16(6).

Koopman, P. J. and UMHC FCM Clinical Policies/Evidence-Based Practice Committee. Algorithm: Bipolar Disorder. University of Missouri Health Care - Department of Family and Community Medicine; 2011 [updated Jul 6, 2011]. Available from: <http://fcm-algo.umh.edu/Algorithms/Bipolar.htm>

Koopman, PJ. Family Medicine Congressional Conference. *Missouri Family Physician*, July-September 2011:22

Koopman, PJ. "103. Boy, he's old." In "Life in 55 Words: Part II". *Family Medicine*, 2011, Vol 43(1):45-6

Koopman, PJ. "No legs, No arms." In "Life in 55 Words: Part I", William D. Grant, EdD, Feature Editor. *Family Medicine*, 2008, Vol 40(4):241-4.

EDITORIAL EXPERIENCE

2020-2023 Aquifer Family Medicine Assessment Question author/editor

2007-2011 Editorial Board, *InfoPOEMS*, 2007-2011

EDUCATIONAL ACTIVITIES

2020-2024 Fourth-year Family Medicine Elective Director- Family Medicine Clerkship for University of Missouri School of Medicine

2018-2023 Delivered every four weeks a two-hour seminar to Family Medicine clerkship students on Dyslipidemia and Diabetes

2016-2020 Associate Family Medicine Clerkship Director for University of Missouri School of Medicine

2015-present Co-director Introduction to Patient Care Block 1- Introduction to Patient-Centered Care for 1st year Medical Students University of Missouri School of Medicine

2015-present Grader IPC1 knowledge-based exam, University of Missouri School of Medicine

2013-present Delivered an annual second-year medical student lecture on depression and suicide during their behavioral health block IPC 4 October 2014-2021

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- 2013-present Delivered an annual second-year medical student lecture on anxiety disorder during their behavioral health block October 2013-2021
- 2013-present COMPASS group facilitator for group of first-fourth year medical students, University of Missouri School of Medicine
- 2013-present Introduction to patient care facilitator for first-year medical students at the University of Missouri Block 1 August-September 2013-2021
- 2009-2023 Grader, Objective Structured Clinical Examination (OSCE), Third-Year Exam, University of Missouri School of Medicine, Columbia, MO
- 2008-present Medical Student 3rd Year Rotation Outpatient Preceptor, Department of Family and Community Medicine, University of Missouri School of Medicine, Columbia, MO
- 2007-present Resident Outpatient Attending, Family Medicine Residency, Department of Family and Community Medicine, University of Missouri School of Medicine, Columbia, MO
- 2007-present Inpatient Attending, Family Medicine Residency, Department of Family and Community Medicine, University of Missouri School of Medicine, Columbia, MO
- 2015 Introduction to Patient Care facilitator for first-year medical students at the University of Missouri Block 4 April-May 2015.
- 2014 Introduction to Patient Care facilitator for first-year medical students at the University of Missouri Block 2 October-December 2014
- 2010-2017 Resident Balint Group Leader and Co-Founder, Family Medicine Residency, Department of Family and Community Medicine, University of Missouri School of Medicine, Columbia, MO
- 2010 Grader, Problem Solving Exam, Second-Year Exam, University of Missouri School of Medicine, Columbia, MO
- 2006-2007 Medical Student Outpatient Experience, First-Year Summer Curriculum, South Carolina Academy of Family Physicians

2004-2007 Outpatient Preceptor, Longitudinal Patient Care Experience. Third-Year Medical Student Course, Medical University of South Carolina.

AWARDS AND HONORS

2022 Missouri Association of Family Physicians Distinguished Service Award

2019 Outstanding Clerkship Curriculum Innovation Award, University of Missouri School of Medicine

2014 Degree of Fellow, American Academy of Family Physicians

2013 Outstanding Clinical Faculty Teaching Award, University of Missouri School of Medicine

1988 Psi Chi Honor Society, University of Pennsylvania

PROFESSIONAL/VOLUNTEER LEADERSHIP POSITIONS

University

2025-present Member of the Momentum Steering Committee, redesigning Medical School Curriculum, MU School of Medicine

2025-present Member of the Pre-professional Scholars Committee, MU School of Medicine

2025-present Member of the Curriculum Committee, MU School of Medicine

2025 Co-chair of a Task Force of the Curriculum Committee regarding Second-Year Honors at the MU School of Medicine.

2015-present Member of Pre-Clinical Steering Committee of the MU School of Medicine

2015-present Co-director Introduction to Patient Care Block 1- Introduction to Interviewing and Physician-Patient Relationship-for first-year medical students MU School of Medicine

2020-2024 Director of Fourth-year Family Medicine Electives, MU School of Medicine

2016-2020 Associate Director, Family Medicine Clerkship, MU School of Medicine

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- 2013-2014 Co-chair, Admission Committee, MU School of Medicine
 - 2010-2014 Admissions Committee, MU School of Medicine
 - 2011-2013 Faculty Evaluation of Students Committee, MU School of Medicine
 - 2007-2011 Clinic Director, Smiley Lane Clinic, Department of Family and Community Medicine, MU School of Medicine
 - 2007-2011 Clinical Practice Leadership Committee, Department of Family and Community Medicine, MU School of Medicine
 - 1991-1992 Senior Class Vice-President, Class of 1992, University of Pittsburgh Medical School, Pittsburgh, PA

Regional

- 2017-present Co-Chair of the MAFP Advocacy Commission
- 2016-2017 Board Chair of the MAFP
- 2015-2016 President of the MAFP
- 2014-2015 President-Elect of the MAFP
- 2013-2014 Vice President of the MAFP
- 2010-2017 Co-Chair Education Commission MAFP
- 2009-2013 Board of Directors, 5th District Representative, MAFP
- 2009-2011 Education Commission Member, MAFP
- 1999 President of the Medical Staff, Calhoun-Liberty Hospital, Blountstown, FL
- 1998 Vice President of the Medical Staff, Calhoun-Liberty Hospital, Blountstown, FL
- 1997 Secretary of the Medical Staff, Calhoun-Liberty Hospital, Blountstown, FL
- 1997-2001 Ethics Committee, Calhoun-Liberty Hospital, Blountstown FL

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| 1999-2001 | Formulary Committee, Calhoun-Liberty Hospital, Blountstown FL |
| 1994-1996 | Ethics Committee Resident Member, St. Margaret Memorial Hospital, Pittsburgh, PA |

National

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| 2026 | Nominated to run for one of the three at-large Board Member positions to the AAFP Board of Directors |
| 2024-present | Elected to be a representative delegate for the AAFP to the American Medical Association House of Delegates |
| 2023-present | Delegate from Missouri to the AAFP Congress of Delegates |
| 2022-present | Representative from the AAFP to the Academic Family Medicine Council-AFMAC |
| 2025 | Member of the AAFP House of Delegates Reference Committee on Organization, Finance and Education |
| 2024 | Chair of the AAFP House of Delegates Advocacy Reference Committee |
| 2024 | Member of the AAFP House of Delegates In-Person Extracted items Reference Committee |
| 2023-2024 | Chair of the AAFP Commission on Federal and State policy. |
| 2023 | Reference Committee Member for the Advocacy Commission at the AAFP Congress of Delegates |
| 2022 | Member of the Credentials Committee at the AAFP Congress of Delegates |
| 2019-2024 | Member on the National AAFP Commission on Governmental Advocacy (now called Commission on Federal and State Policy) for a four-year term |

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- 2017-2022 Alternate delegate from Missouri to AAFP National Congress of Delegates
- 2013-present Representative from MAFP to the National AAFP Family Medicine Advocacy Summit (name change in 2016 from Family Medicine Congressional Conference)
- 2022 Reference Committee Member for the Advocacy Commission at the AAFP Congress of Delegates
- 2017-2020 Steering Committee Member of the Collaborative on Medical Student Education for STFM
- 2018 Reference Committee Member for the Advocacy Commission at AAFP Congress of Delegates

PRESENTATIONS

Peter J. Koopman, MD, Workshop: **Craft Your Personal Advocacy Plan.** 30-minute workshop, Advocacy Day Pre-Conference, Jefferson City, MO 2/23/2026

Peter J. Koopman, MD and Sarah Cole, MD: Welcome **and Legislative Advocacy 101** 45-minute lecture/presentation, Advocacy Day Pre-Conference, Jefferson City, MO 2/23/2026

Peter J. Koopman, MD and Sarah Cole, MD, Do's **and Don'ts of Advocacy: Balancing Personal Beliefs and Professionalism.** 60-minute lecture, MAFP Introduction to Advocacy for new Advocates, Jefferson City, MO 2/24/2025

Peter J. Koopman, MD. **Political Outlook Panel.** Moderator, 60-minute presentation, Family Medicine Advocacy Summit, Washington, DC 5/22/2023

Peter J. Koopman and Kathy Pabst, **Family Medicine Advocacy: Ask What You Can Do!** Colwill Seminar, Family and Community Medicine Department, University of Missouri, Columbia, MO 2/1/2023

Peter J. Koopman, MD and David Kelly, MD: **Keys to Mentoring in a Technology Driven Age.** 30-minute lecture, STFM Medical Student Education Conference, Portland, OR 2/1/2020

Peter J. Koopman, MD and David Kelly, MD: **To Lecture or Not to Lecture: That Is the Question!** 1 hour seminar, STFM Medical Student Education Conference, Portland, OR 1/31/2020

Peter J Koopman, MD, Magdalena Pasarica, MD, PhD et al: **Are You Getting Ready for Promotion and/or Tenure? You Should! Here Are Best Approaches.** 4-hour preconference workshop, STFM Medical Student Education Conference, Portland OR 1/30/2020

Peter J. Koopman, MD and Joanna Drowos, MD co-directors of preconference workshop: **There's an App for That: Using Technology to Improve Teaching, Scholarship, and Wellness. Tools for Academic and Home Life!** 4-hour pre-conference workshop, STFM Medical Student Education Conference, Jacksonville, FL 1/31/2019

Peter J. Koopman, MD; Sarah Stumbar, MD; Chivon Brown Stubbs, MD et al: **This is How We Do It: A Simulation of a Successful Skills-Based Workshop for Students and Teachers.** 1.5-hour workshop, STFM Medical Student Education Conference, Jacksonville, FL 2/2/2019

Peter J Koopman, MD; Sarah Swofford, MD, MSPH; Hannah Maxfield, MD; Colin McDonald; Amanda Allmon, MD, **We Need You! Recruiting Students into Family Medicine: Triumphs and Challenges,** 1 hour seminar, STFM Medical Student Education Conference, Austin, TX 2/3/2018

Peter J Koopman, MD; Tomoko Sairenji, MD, MSc; Nehman Andry, MD; Laurie Belknap, DO; et al, **Teaching in the Clinical Setting: Skills for Today's Family Physician,** 4-hour preconference, led 1-hour breakout session on self-directed learning, STFM Medical Student Education Conference, Austin, TX 2/1/2018

Peter J Koopman, MD, **Joint Psychiatry/Family Medicine Case Presentation,** Family and Community Medicine Grand Rounds, University of Missouri 7/13/2016

Peter J Koopman, MD, **Morbidity and Mortality Case Presentation,** Family and Community Medicine Grand Rounds, University of Missouri 6/1/2016

Peter J Koopman, MD, **Personality Disorders,** Resident Didactic Presentation, Columbia, MO 5/24/2016

Peter J Koopman, MD, **Treatment Resistant Depression,** Family Medicine Update, Columbia, MO 4/9/2016: 7/26/2016 Resident Didactic presentation

Peter J Koopman, MD, **Two Interesting Cases,** Resident Didactic Presentation, Columbia, MO 4/5/2016

Peter J Koopman, MD, **Fatty Liver Disease**, Resident Didactic Presentation, Columbia, MO 3/1/2016

Peter J Koopman, MD, **Family Medicine Advocacy**, Resident Didactic Presentation, Columbia, MO 2/2/2016

Peter J Koopman, MD, **Patient Centered Communication**, Resident Didactic Presentation, Columbia, MO 1/5/2016.

Peter J Koopman, MD, **Syncope**, Resident Didactic Presentation, Columbia, MO 11/24/2015

Peter J Koopman, MD, **Eye Exam and Abrasions**, Resident Didactic Presentation, Columbia, MO 11/3/2015

Peter J Koopman, MD, **The Follow-Up Interview**, IPC Block 1-Patient Interviewing, Columbia, MO 9/14/2015

Peter J Koopman, MD, **Dealing with Difficult Interviews**, IPC Block 1-Patient Interviewing, Columbia, MO 9/14/2015

Peter J Koopman, MD, **PBL Block 1 Case Wrap Up-Diabetes Mellitus**, Problem based Learning Block 1, Columbia, MO 9/4/2015

Peter J Koopman, MD, **History of the Present Illness**, IPC Block 1-Patient Interviewing, Columbia, MO 8/10/2015

Peter J Koopman, MD, **Interview Demonstration**, IPC Block 1-Patient Interviewing, Columbia, MO 8/3/2015

Peter J Koopman, MD, **Identifying Skin Lesions**, Resident Didactic Presentation, Columbia, MO 6/9/2015

Peter J Koopman, MD, **New Drug Update 2015, Missouri** Academy of Family Physicians Annual Spring Conference, Camdenton, MO 6/5/2015

Peter J Koopman, MD, **New Drug Update 2015, Resident** Didactic Presentation, Columbia, MO 5/5/2015

Richelle J Koopman, MD, Peter Koopman, MD, Amy Williams, MD, **Life of Ideas**, 1-hour Seminar, STFM Annual Spring Conference, Orlando, FL 4/28/2015

Peter J Koopman, MD, **New Drug Update 2015, Family Medicine Update**, Columbia, MO 4/10/2015

Richelle J Koopman, MD, Peter Koopman, MD, Amy Williams, MD, **Life of Ideas**, Colwill Seminar –Family and Community Medicine, University of Missouri 4/8/2015

Peter J Koopman, MD, **Integration of Primary Care and Psychiatry**, Family and Community Medicine Grand Rounds, University of Missouri 4/8/2015

Peter J Koopman, MD, **Cancer Facts-Jeopardy Edition**, Resident Didactic Presentation, Columbia, MO 4/7/2015

Peter J Koopman, MD, **A Primary Care Approach to Bipolar Disorder**, **Resident** Didactic Presentation, Columbia, MO 2/3/2015

Peter J Koopman, MD, **Integration of Primary Care and Psychiatry**, Psychiatry Grand Rounds, University of Missouri 1/28/2015

Peter J Koopman, MD, **Interpreting ECHO**, Resident Didactic Presentation, Columbia, MO 1/20/2015

Peter J Koopman, MD, **Anxiety Disorders**, Resident Didactic Presentation, Columbia, MO 12/2/2014

Peter J Koopman, MD, **New Drug Update 2014**, 1-hour didactic presentation, Family Medicine Update, Columbia, MO 4/26/14

Peter J Koopman, MD, Nikole J Cronk PhD, **Balint Group Introduction and Demonstration**, Colwill Seminar, Family and Community Medicine Department, University of Missouri, Columbia, MO 3/5/2014

Peter J Koopman, MD, **New Drug Update 2013**, 1-hour didactic presentation, MAFP Annual Fall Conference, Lake of the Ozarks, MO 11/18/2013

Peter J Koopman, MD, **Things I Learned in My Fellowship**, Colwill Seminar, Family and Community Medicine Department, University of Missouri, Columbia, MO June 20, 2012

Peter J Koopman, MD, **Highlight on Diabetes Initiative**, Roundtable Discussion, Missouri Academy of Family Physicians 64th Annual Scientific Assembly, Lake Ozark, MO 6/24/12

Peter J Koopman, MD, **An Approach to Bipolar Disease in Primary Care and An Algorithm**, Resident Didactics 12/11/2012; MAFP Annual Fall Conference 11/6/2012; Grand Round Presentation, University of Missouri Family and Community Medicine Department, Columbia, MO 5/30/12

Peter J Koopman, MD, Elizabeth A. Garrett, MD, Amanda Swenson, MD, **How Do We Teach Residents To Teach?** STFM Annual Spring Conference, Baltimore MD, 4/4/2013; STFM Medical Student Education Conference San Antonio TX, 1/25/2013; STFM Annual Spring Conference, Seattle, WA, April 2012

Peter J. Koopman, MD, Nikole J Cronk PhD, Richelle Koopman MD, MS, Erica N Ringdahl MD, **A Balint Curriculum's Effect on Family Medicine Residents' Empathy and Psychological Skills Using Existing Validated Scales**, Poster Presentation, Innovations in Medical Education Conference, Pasadena, CA, February 2012

Peter J Koopman, MD, **A Balint Curriculum's Effect on Family Medicine Residents' Empathy and Psychological Skills Using Existing Validated Scales**, 15-minute didactic presentation, Innovations in Medical Education Conference, Pasadena, CA, February 2012

James J. Stevermer, MD, Peter J Koopman, MD, **Self-Assessment Module Workshop-Cerebrovascular Disease**, 5-hour didactic workshop, Missouri Academy of Family Physicians Annual Fall Conference, Branson, MO November 2011; Family Medicine Update, Columbia Missouri April 2012

Peter J. Koopman, MD, **Lipid Management in the CKD Patient: A Patient-Centered Approach to Care**, 1-hour didactic presentation, Missouri Academy of Family Physicians Annual Fall Conference, Branson Missouri, November 2011

Peter J. Koopman, MD, Amanda Swenson, MD, Amy Williams, MD **Preceptor Educational Program Resident as Teachers Workshop**, ½-day workshops presented to PGY 2 Residents in Family Medicine, University of Missouri Health System, Columbia, MO, August 2017, and August 2018

Betsy A. Garrett, MD, MSPH, Peter J. Koopman, MD, Amanda Swenson, MD **Preceptor Educational Program Resident as Teachers Workshop**, 1- or ½-day workshops presented to Multi-specialty PGY 2 Residents, University of Missouri Health System, Columbia, MO August 2013, 2014, 2015 2016, July 2012, July 2011, July 2010

Peter J. Koopman, MD, Erik J. Lindbloom, MD, MSPH. **See One, Do One, Teach One: Teaching Procedures to Residents**, 45-minute Lecture/Discussion. Annual Spring Conference, Society of Teachers of Family Medicine. New Orleans, LA. April 2011

Scott Kinkade, MD, MSPH, Peter J. Koopman, MD, Erik J. Lindbloom, MD, MSPH, **5 Ways to Improve Your Inpatient Teaching**. 45-Minute Lecture/Discussion. Annual Spring Conference, Society of Teachers of Family Medicine. Vancouver, BC. April 2010

Peter J. Koopman, MD. **Thoracentesis.** Summer Clinical Seminar Series. Department of Family and Community Medicine, University of Missouri. August 2009

Peter J. Koopman, MD, **Eye Exam.** Summer Clinical Seminar Series. Department of Family and Community Medicine, University of Missouri. August 2008

Peter J. Koopman, MD. **Anoscopy.** Summer Clinical Seminar Series. Department of Family and Community Medicine, University of Missouri. July 2008

Peter J. Koopman, MD, **Understanding Hypertension.** Rock Hill Baptist Church, Rock Hill, SC. February 2004

Peter J. Koopman, MD. **Understanding Hypertension.** Johns Island Methodist Church, Johns Island, SC. June 2004