

## Sarah Sams

332 East State Steet  
Columbus, OH 43215  
(614) 329-5878 (c)  
(614) 788-5400 (w)

### PROFESSIONAL EXPERIENCE:

Grant Family Medicine Residency, Faculty, Associate Director, September 2007-present  
Medical Director, Grant Family Medicine Grove City: Oct. 2007 - 2017  
Dove Family Care, owner, office medical practice: Jan. 2001 – Sept. 2007  
Frantz Family Physicians, office medical practice: Sept. 1992 – December 2000  
Grant Medical Center, Family Medicine Residency: July 1991 – June 1994  
SportsMedicine Grant, sports event coverage and pre-participation physical exams: July 1991 – Sept. 1994

### TEACHING EXPERIENCE:

Associate Director/ Faculty: Grant Family Medicine Residency, Grant Medical Center  
Medical Director: Southwest Family Practice, (Residency outpatient office) Oct. 2007 – June 2017  
Preceptor, Grant Family Medicine Residency program, 1994 – 2007  
Clinical Assistant Professor of Family Medicine, The Ohio State University Department of Family Medicine  
Family Medicine Mentorship Program 1995 – present  
Medical Student Rotation Preceptor, 1994 – present  
3<sup>rd</sup>/4<sup>th</sup> Year Students: Required Month of Family Medicine 1994 – present  
2<sup>nd</sup> Year Students: Physical Diagnosis 2003 – 2007  
Affiliate Director, Sports Medicine Fellowship Program, The Ohio State University, Department of Family Medicine  
2001-2007  
Adjunct Clinical Faculty, Wright State University-Miami Valley College of Nursing, Family Nurse Practitioner Program  
Family Medicine Clinical Rotation: Preceptor 1998-2007  
Otterbein College of Nursing, Family Nurse Practitioner Program  
Family Medicine Clinical Rotation: Preceptor 1998-2007

### EDUCATION:

Grant Medical Center  
Columbus, Ohio  
Family Medicine Intern/ Resident, July 1991 – June 1994

The Ohio State University  
Columbus, Ohio  
Doctor of Medicine, June 1991  
License: State of Ohio, 1992 – present

Iowa State University  
Ames, Iowa  
B.S. *with distinction*, May 1986  
Major: Animal Science

### PROFESSIONAL AFFILIATIONS:

American Academy of Family Physicians  
AAFP Board of Directors: 2023-present  
AAFP Foundation Board of Trustees: 2024-2025  
Commission on Quality and Practice Board Liaison, 2026  
Commission on Education, Board Liaison 2025  
Commission on Membership and Member Services, Board Liaison 2024  
Commission on Finance and Insurance: 2019- 2023 chair 2023  
AAFP Congress of Delegates Finance and Insurance Reference Committee 2021 (Feb 2022)  
AAFP Congress of Delegates Advocacy Reference Committee 2020  
AAFP Congress of Delegates Tellers Committee: 2018

Commission on Governmental Advocacy: 2012-2016, Chair 2016  
AAFP-Foundation Emerging Leaders Institute: mentor 2015-present  
AAFP Key Contact  
Diplomate, American Board of Family Physicians, September 1994  
Recertification, September 2000, August 2007, April 2017  
Fellow of the American Academy of Family Physicians, 1999  
Congress of Delegates, Special Constituency Alternate Delegate 2005, Delegate 2006  
Congress of Delegates, Credentials Committee, 2006  
NCSC Woman's Caucus Co-Convener 2006

#### Core Content Review of Family Medicine

Board Member 2011-2014, 2017-2019 Chair: 2014, Treasurer: 2019

#### Ohio Academy of Family Physicians,

Member Ohio Council to Advance Maternal Health, June 2020 - present  
Member, Ohio Medicaid Clinical Advisory Group for Perinatal Care update, May 2019  
Member LARC Curriculum Advisory Committee: (Developed Learning objectives and Clinical Competencies in response to Senate Bill 332), January –June 2018  
Joy in Medicine Task Force- Co-Chair 2016-2022  
Task Force on Innovation in Family Medicine Departmental Funding, 2015  
Member, State of Ohio Governor's office of Health Transformation, Medicaid State Innovation Model Perinatal Advisory Group, November 2013-January 2014,  
Member, State of Ohio Physician Loan Repayment Advisory Board, 2013-2016  
AAFP Delegate 2019 - 2023  
AAFP Alternate Delegate, 2015-2018  
At large Director, 2014-2015  
Immediate Past President, 2011-2012  
President, 2010-2011  
Ohio Coalition of Primary Care Physicians, Chair, 2010-2011  
Health Policy Institute of Ohio Payment Reform Task Force, 2011  
Participant: HPIO Payment Reform Summit, December 2010  
Ohio Health Care Coverage and Quality Council, Enhanced Primary Care Home Steering committee: 2010-2011  
President Elect 2009-2010  
Vice President 2008-2009  
Speaker 2007-2008  
Vice Speaker 2006 – 2007  
District 10 Director August 2000 – 2006  
NCSC: Women Physician Representative – 2005,  
Reference Committee Chair, 2004, Vice Chair 2005, 2006  
Legislation and Advocacy Commission, 2003 – present, Chair 2000-2023  
Testified on several House and Senate Health Care bills  
Task Force on Professional Well Being, 2001 – 2007  
Communications Commission, 2001 – 2007 Chair 2005 – 2007,  
Web Site Editorial Board, 2001 – 2005  
Technology Task Force 2005 – 2010  
Social Media Task Force 2010  
Sports Medicine Commission, 1993 – 1995

#### Central Ohio Academy of Family Physicians,

Board member August 2000 – 2020  
Past President 2006/2007  
President 2005/2006  
President Elect 2004/2005  
Treasurer 2003-2004, 2015-present

#### **HOSPITAL AFFILIATIONS:**

Grant Medical Center, Columbus, OH, 1994 – present  
OB Peer Review committee 2019- 20253  
Women's health CPIT 2019-present  
Ohio Health Woman/ Infant Clinical Guidance Council 2020- present

St. Ann's Hospital, Westerville, OH (1994-2008, voluntary withdraw due to new employment)  
Riverside Methodist Hospital, Columbus, OH (~1997-2008, voluntary withdraw due to new employment)  
Columbus Children's Hospital, Columbus, OH

## **PRESENTATIONS:**

Montana Academy of Family Physicians Summer Conference: "4<sup>th</sup> Trimester Care" June 20, 2024  
Montana Academy of Family Physicians Summer Conference: "The New Pap Smear Guidelines" June 20, 2024  
AAFP State Legislative Conference: "Vaccine Legislation", May 22, 2022  
10 state Conference: "State Advocacy Updates", February 20, 2022  
10 State Conference: "Panel on Chapter Efforts in Health Equity and Public Health", February 19, 2022  
AAFP State Legislative Conference: "Administrative Simplification: A Chapter Focus" October 26, 2018  
Ohio Health Research Sharing Day, Podium presentation: "Assessing Resident Training in Deposition/Litigation Preparedness" May 24, 2017  
STFM Conference on Medical Student Education: "Using Video Clips: Enhance Your Teaching and Make It Stick", January 31, 2014 (with Larry Hurtubise, MA, and Allison Macerollo, MD)  
AAFP Annual Leadership Forum: "Engaging Leaders in Social Media", April 2013 (with Drs. Anne Montgomery, Sandra Hughes, and AAFP staff Kirk Ackerson and David Mitchell)  
RPS conference: Practice Management Boot Camp: March 2009 (with Dr. Alysia Herzog)  
Assoc. of Ohio Health Commissioners: "The Burden of Chronic Disease in Ohio", Oct 22, 2008  
Grant Alumni Conference: Selecting an EHR, October 2005  
Grant Family Medicine Residency: Starting a Practice From the Ground Up, April 2005  
OAFP Resident/Student Retreat: Breakfast Roundtable, Women's Health, April 2005  
OAFP Legislation and Advocacy Workshop, Establishing Relationships with your Representatives, May 2003,  
OAFP Resident/Student Retreat: Panel Discussion, Family Practice Lifestyles/ Personal Values and Priorities, April 2002  
OAFP Scientific Assembly, Panel Discussion, Electronic Medical Records, August 2001  
COAFP Annual Review- "Hormone Replacement Therapy", November 1998  
OAFP Scientific Assembly- "The Female Athlete Triad", August 1994

## **PUBLICATIONS:**

\*Sams S, Amin R, Elahinia H "Improving Health Equity and Patient Outcomes through Centering Pregnancy Model", The Ohio Family Physician, Volume 75, No 4, 2023  
Kinnevey C, Douglas D, Larsen A, Wilson M, Sams S, Kawooya M, et al. Model for Teaching the Helping Babies Survive Course Series and Advanced Life Support in Obstetrics Workshops to Rural Skilled Birth Attendants in Uganda. Afri Health Sci. 2021;21(4):1860- 9. <https://dx.doi.org/10.4314/ahs.v21i4.44>  
Sams S, Immunizations in Pregnancy. Core Content Rev Fam Med 49(1):37-38.  
Kinnevey, C, Kawooya, M, Tumwesigye, T, Douglas, D, Sams, S "Addressing Obstetrical Challenges at 12 Rural Ugandan Health Facilities: Findings from an International Ultrasound and Skills Development Training for Midwives in Uganda" International Journal of Maternal Child Health and Aids, Volume 5, Issue 1, pg 46-52, 2016  
White A, Sams S "Hyponatremia" Clinical Set Problem, Core Content Review of Family Medicine, Volume 43, No.6, August 2012  
"How to Select an EMR", The Ohio Family Physician, Volume 58, No 2, 2006

## **EXTRACURRICULAR ACTIVITIES:**

### Postgraduate:

CREDO, Wellness program for Pastors, Health Care Faculty, 2009-2021  
Elder, Overbrook Presbyterian Church  
Resting Deacon, Overbrook Presbyterian Church  
Wellness committee, Overbrook Presbyterian Church  
Worship committee, Overbrook Presbyterian Church  
Shooting Stars 4H club, Assistant Advisor (previous)  
Pregnancy Decision Health Center, volunteer ultrasonographer/ counselor  
City league softball participant  
Mentor, The Ohio State University College of Medicine Family Medicine Program  
American Red Cross, plasma and platelet pheresis donor

## **ACADEMIC HONORS/AWARDS:**

### Postgraduate:

Ohio State University College of Medicine Lifetime Achievement Award, 2017  
OAFP Philanthropist of the Year, 2013

Torchlight Leadership Award, Ohio Academy of Family Physicians, 2012  
Ambulatory Care Preceptor of the Year, OSU College of Medicine, 2003

**PERSONAL:**

Birth date: September 9, 1964

Hometown: Beaman, Iowa

Interests: kayaking, quilting, sewing