

Cedric T. Barnes, DO, FAAFP

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Professional Summary

Family Physician leader with over 25 years of clinical experience and an established record of national, state, and constituency leadership within the American Academy of Family Physicians. Very involved in membership engagement, governance, advocacy, diversity and inclusion, and practice sustainability. Demonstrated ability to lead physician organizations through complexity while remaining grounded in frontline family medicine.

LICENSURE & CERTIFICATION

- State Medical Licensure: Delaware, Georgia
- Board Certification: American Board of Family Medicine

EDUCATION & TRAINING

Warren Hospital — Phillipsburg, NJ July 1994 – June 1997
Rotating Internship & Family Practice Residency

- Chief Resident, Family Practice Residency (1996–1997)
Intern of the Year 1994-1995

Nova Southeastern University — Fort Lauderdale–Davie, FL August 1990 – June 1994
Doctor of Osteopathic Medicine

Auburn University — Auburn, AL August 1986 – August 1989
Bachelor of Science, Biology

CURRENT CLINICAL & EXECUTIVE ROLES

Southern Delaware Medical Group, PA — Milford, DE September 2006 – Present
Family Physician & President

- Founder and managing partner of a private practice
- Responsible for strategic planning, financial oversight, contracting, staffing, quality improvement, and compliance
- Full-spectrum family medicine: newborn through geriatrics, women's health, minor procedures, hospice

Barnes Family Practice, PA June 2002 – September 2006

- Founder and managing partner of a private practice
- Responsible for strategic planning, financial oversight, contracting, staffing, quality improvement, and compliance
- Full-spectrum family medicine: newborn through geriatrics, women’s health, minor procedures, hospice

Polaris Healthcare Rehabilitation Center & Nursing Home — Milford, DE
Medical Director August 2024 – Present

Post Acute Physician Partners, LLC — Millsboro, DE March 2023 – Present
 Family Physician (Skilled Nursing / Post-Acute Care)

PRIOR CLINICAL & EXECUTIVE ROLES

Aveanna Healthcare Hospice — Georgia & Delaware

- Medical Director February 2021 – May 2023
- Hospice Medical Director (GA) June 2023 – January 2024

Millennium Hospice — Milford, DE June 2019 – February 2021

- Medical Director

Delaware Hospice — Milford, DE August 2012 – June 2014

- Medical Director, Inpatient Unit

Genesis Elder Care — Milford & Seaford, DE 2002 – 2010

- Medical Director (Two Facilities)

Correctional Medical Services (Gander Hill Prison – Delaware) May 2002- September 2002

Newark Emergency Center May 2002 – May 2003

NATIONAL & STATE LEADERSHIP – AMERICAN ACADEMY OF FAMILY PHYSICIANS

American Academy of Family Physicians (AAFP)

- Chair, Commission on Membership & Member Services 2024 – 2025
- Chair, AAFP Member Constituency Task Force 2025
- Commission Member, Membership & Member Services 2019 – 2024
- Delegate, AAFP Congress of Delegates (DAFP) 2014 – Present
- Organization & Finance Reference Committee Member | *National Conference of Constituency Leaders* – 2019
- Delegate, National Conference of Constituency Leaders (BIPOC) 2021, 2022, 2024

Delaware Academy of Family Physicians (DAFP)

- President 2008 – 2009
- Board of Directors Multiple years
- Chair, Advocacy Committee 2023 – Present

BROADER PROFESSIONAL & COMMUNITY GOVERNANCE

- **Chair, Diversity, Equity & Inclusion Committee** — Medical Society of Delaware 2021 – Present
- Medical Society of Delaware AMA Delegation
- Secretary, Medical Society of Delaware Insurance Committee 2023 – Present
- Bayhealth Hospital Board Member 2022- Present
- Treasurer, First State Chapter — National Medical Association 2019 – Present
- President, First State Chapter — National Medical Association 2004 – 2018
- Delaware Healthy Mother & Infant Consortium 2009 – 2018
- Delaware Medicaid Pharmacy & Therapeutics Committee 2005 – 2007
- Delaware Carrier Advisory Committee Member 2006-2007

AWARDS & HONORS

- 2024 & 2013 Family Physician of the Year — Delaware Academy of Family Physicians
- 2024 Medical Director of the Year (All-Star Award) — Delaware Health Care Facilities Association

PROFESSIONAL MEMBERSHIPS

- American Academy of Family Physicians
- Delaware Academy of Family Physicians
- American Medical Association
- Medical Society of Delaware
- National Medical Association
- American Osteopathic Association