



2026 Posters

July 30-August 1 | FUTURE | Kansas City, MO

FUTURE's poster competition is an opportunity for med students and fam med residents to share innovative research and unique projects. This year's authors offer valuable insights within the categories of clinical inquiry, community projects, educational programs, and research.

Poster Presentations

Access to Care and Dilated Eye Exams Among U.S. Adults with Diabetes: Evidence from MEPS 2022 (Research)

Michael Phan and Jeewaka Manamendra | Medical College of Georgia

Associations Between Healthcare Access and Well-Being in Adults with Mobility Limitations (Research)

Kendrick Yu | University of Alabama at Birmingham Heersink School of Medicine

Contraception and Teratogens in an Establish Care Visit: Results and Reflections from an Observed Structured Clinical Examination for UME and GME Learners (Research)

Zoya Surani and Nicola Young | Duke University School of Medicine

From Preparation to Practice: Predictors of Behavioral Health Care Delivery Among Early-Career Family Physicians (Research)

Andrea Augustine | Duke University School of Medicine

Gender Differences in Tattoo Removal in the Formerly Incarcerated and Gang-Affiliated Community: Implications for IPV Survivors (Research)

Karina Collins | Keck School of Medicine of USC

Medicaid Work Requirements: Projecting the Impact of the "One Big Beautiful Bill" (Research)

Molly Stegman | Penn State College of Medicine

"More Than Skin Deep": Mental Health Outcomes in Adolescents with Seborrheic Dermatitis: A Retrospective Cohort Analysis (Research)

Meghan Hartman and Cameron Coakes | Penn State College of Medicine

The Uncounted Dead: Six Years of Unhoused Mortality in New Mexico, 2019 - 2024 (Research)

Jenna Norton, Samantha Longley and Morgan Stein | University of New Mexico School of Medicine

Association Between Sleep Duration and Antihypertensive Medication Use: A Cross-Sectional Analysis of NHANES 2021-2023 Data (Research)

Karima Benaicha, MD, Chantal Markarian, MD and Brandon Munoz, MD | San Dimas Community Hospital Residency

Impact of a Data-Driven, System-Based Intervention on Ambulatory Medication Harm (Research)

Shana-Kay Lambert-Johnson, MD | Medical City Fort Worth

Poster Displays

A Comparative Analysis of Primary Care Accessibility in Hong Kong and The United States: Implications for Patient Willingness to Seek Medical Attention (Research)

Janis Dong | Touro College of Osteopathic Medicine

Adherence to Estrogen Blockade Therapy in a Community Medical Center (Research)

Aubrey Keller and Abbie Bowman | Medical University of South Carolina

Determinants of Medical Student Specialty Choice: A Cross-Sectional Study of Factors Associated with Interest in Primary Care (Research)

Lauren Heinonen | University of Michigan Medical School

Tirzepatide or Semaglutide? A Primary Care Approach to Obesity Pharmacotherapy (Research)

Sura Aljanabi | Ross University School of Medicine

Sexual and Vaginal Health Priorities for Transgender Men: Perspectives from Patients in the US Deep South (Research)

Kelsey Hornbuckle | University of Alabama Heersink School of Medicine

A Case of Diet-Induced Oxalate Nephropathy (Clinical Inquiry)

Elizabeth Kouch and Kishore Bharadwaj | California Northstate University

Acute Kidney Injury in a Healthy Young Adult Using Creatine Supplementation: A Reversible Prerenal Case (Clinical Inquiry)

Devan Magalski | At. Still University College of Medicine Arizona

Beyond Polypharmacy: An Invisible Cause of Dizziness and Falls in an Elderly Patient (Clinical Inquiry)

Harley Grayson and Alysse Lalonde | UAB Heersink School of Medicine

Bridging the Distance: Rural POCUS-Based Diagnosis and Co-Management of Non-Immune Fetal Hydrops (Clinical Inquiry)

Emma Harrison, MD | Self Regional Healthcare Family Medicine Residency Program

Comparative Effectiveness Between Metformin Plus SGLT2 Inhibitors and Metformin Plus GLP1 Receptor Agonists in Patients with Type 2 Diabetes Mellitus: A Systematic Review and Meta-analysis (Clinical Inquiry)

Rojina Pokharel, MD | LSU Health Shreveport Monroe

Complicated Management of Amelanotic Melanoma: From Misdiagnosis to Successful Immunotherapy (Clinical Inquiry)

Apoorva Singh and Gabriel Blanchet | Western University of Health Sciences COMP-NW

Complicated Removal of Nexplanon Implantation in the Biceps Femoris Muscle: A Review of Updated Nexplanon Guidelines for Family Physicians (Clinical Inquiry)

Lydia Piendel and Jasmine Lake | AU/UGA Medical Partnership

Cyclobenzaprine: A Tricyclic Antidepressant Derivative with Elusive Features (Clinical Inquiry)

Bilal Rajper, MD | Morehouse School of Medicine/California Hospital Medical Center

Delayed Diagnosis and Disease Progression of Melanoma Associated with Black Salve Use (Clinical Inquiry)

Sakshi Bhatt | Touro University Nevada College of Osteopathic Medicine

Euglycemic Diabetic Ketoacidosis Associated with SGLT2 Inhibitor Use in the Setting of Reduced Oral Intake and GLP-1 Receptor Agonist Therapy: Implications for Primary Care (Clinical Inquiry)

Cedrick Ntambwe, MD | Lynchburg Family Medicine Residency

Fast Clots and Furious Fevers: Septic Emboli from an Unusual Non-Cardiac Source (Clinical Inquiry)

*Josmarie Ruiz, MD and Meghana Voladri, MD | San Joaquin General Hospital
Michael Molen | St. George's University School of Medicine*

Feeling the Burn: A Case of Atypical Exertional Rhabdomyolysis (Clinical Inquiry)

*Meghana Voladri, MD | San Joaquin General Hospital
Priyam Khemani, DO and Jennie Nguyen, DO | Touro University*

Footloose: The Dilemma of Recognizing What May Be Osteomyelitis, Chronic Diabetic Ulcer or Melanoma (Clinical Inquiry)

*Patricia Oribabor, MD, Priyam Khemani, DO and Meghana Voladri, MD | San Joaquin General Family Medicine Residency Program
Lovepreet Johal | Touro University*

Heartfelt Hemoglobin: Severe Anemia as the Harbinger of Undiagnosed Cirrhosis (Clinical Inquiry)

*Nhan Luu | Touro University California College of Osteopathic Medicine
Constanza Fernandez Concha Llona, MD and Javier Bustamante Otanez, MD | San Joaquin General Hospital Family Medicine Residency*

Injection-Based Therapies to Treat Refractory Costochondritis and Tietze Syndrome: A Systematic Review (Clinical Inquiry)

Aditi Yellu | Medical College of Georgia

Integrated Multidisciplinary Outpatient Approach for Management of Complex Postoperative Wounds (Clinical Inquiry)

Valerie Chehade | St. George's School of Medicine

Low FODMAP Diet for Symptom Management in Pediatric Irritable Bowel Syndrome: An Evidence-Based Review (Clinical Inquiry)

Jasdeep Grewal | Ross University School of Medicine

Minding the Gaps—How Family Physicians Support Transition from Pediatric to Adult Care in Cystic Fibrosis: An Evidence-Based Review (Clinical Inquiry)

Samuel Marquina | University of Florida College of Medicine

Posterior Reversible Encephalopathy Syndrome with Subarachnoid Hemorrhage Revealing Occult Autoimmune Disease (Clinical Inquiry)

*Nicole Yuzon | Western University of Health Sciences College of Osteopathic Medicine of the Pacific-Northwest
Brandon Noorvash | Western University of Health Sciences College of Osteopathic Medicine of the Pacific
Sheila Toro Guerrero, MD and Luis Chavied | Rio Bravo Family Medicine Residency Program*

Recognizing Monkeypox Outside Traditional Risk Groups: Heterosexual Male with Undiagnosed Diabetes Mellitus (Clinical Inquiry)

Alena Khalil | Nova Southeastern University Dr. Kiran C Patel College of Osteopathic Medicine

Severe Atherosclerotic Cardiovascular Disease in a Low-Risk Male Adhering to a Strict “Carnivore” Diet: A Case Report (Clinical Inquiry)

Shakthika Saravanan | Medical University of South Carolina

Silent but Deadly: A Case on Unprovoked DVT as a Diagnostic Gateway to Occult Malignancy and Adrenal Incidentaloma (Clinical Inquiry)

Zaide Rodriguez Zambrano, MD, Meghana Voladri, MD and Stegi Ilanthiraian, DO | San Joaquin General Hospital

Anisha Thomas | Touro University

Subtherapeutic INR, Supratherapeutic Risk: A Hidden Danger of Anticoagulation Bridging (Clinical Inquiry)

Abhijeet Kaur, MD and Amro Al-Omari, MD | Trinity Health Hospital

Surveillance Finding More Than Colon Cancer: Incidental Detection of Anal Melanoma in a 50-Year-Old Patient (Clinical Inquiry)

Johanna Mosquera Moscoso, MD | Mayo Clinic Florida

Tyler Janitz, DO | Mayo Clinic Family Medicine Residency Program

Valeria Gonzalez | Mayo Clinic Alix School of Medicine

Wernicke's Encephalopathy Without Chronic Alcohol Use (Clinical Inquiry)

Nupur Tamhane, MD | Gadsden Regional Family Medicine Residency

When "Stable" Isn't Benign: Metastatic NSCLC Emerging from a Long-Observed Pulmonary Nodule (Clinical Inquiry)

Fariha Shoukat, MD and Ahmad Akhtar, MD | Mercy Health Anderson Hospital Family & Community Medicine Residency Program

Amigos En Medicina: A Student-Led Free Clinic Addressing Barriers to Osteoarthritis Care in a Predominantly Hispanic Community (Community Project)

Larissa Garza and Arcadio Salinas | University of the Incarnate Word School of Osteopathic Medicine

Coffee for a Cause: A Sustainable Student-Led Model for Advancing Community Health (Community Project)

Francesca Muzio and Antonio Astarita | Albany Medical College

Evaluating the Impact of a Comprehensive Obesity Management Program on Behavioral Change and Psychosocial Experiences Among Safety-Net Populations: implications for Obesity Care (Community Project)

Jacqueline Cabral | David Geffen School of Medicine at UCLA

Assessment of the Impact of Self-Regulated Learning Component on Student Knowledge Retention in Family Medicine Procedural Workshops (Educational Program)

Nicole Kuo and Athena Berreles-Luna | UT Medical Branch

Building Capacity: Forensic Medical Evaluations in Central Texas (Educational Program)

Nima Rahman | Dell Medical School at The University of Texas at Austin

Recharging the Resident: Evaluating Somatic Recovery Technology in a Family Medicine Residency Program (Educational Program)

Samantha De Filippis, MD, Shastine Ali, MD, Alexandra Urdaneta, DO and Jonathan Hofmann, DO | AdventHealth Wesley Chapel Family Medicine GME

Teaching Nutrition Through Experience: Initial Outcomes from a Culinary Medicine Elective Week for Medical Students (Educational Program)

Grace Gyllenborg | University of Kansas School of Medicine

The Tapestry of Us: A Place-Based Narrative Medicine Workshop Integrating the Native Hawaiian Framework of Pilinahā (Educational Program)

Kalpana Balaraman, Julia Takata and Kasen Wong | John A. Burns School of Medicine

Vaccine Hesitancy in Small Town Iowa: Population Survey and Communication Workshop for Pre-Health Students (Educational Program)

Abby Jones | University of Iowa Carver College of Medicine