

COVID-19 can still lead to serious illness, especially as you get older.



Adults 65 and older carry the heaviest burden of serious COVID-19 illness:

MORE THAN
 **80%** OF
COVID-19 deaths

 **70%** OF
adult COVID-19
hospitalizations¹

 Protection can
DECREASE
over time.

Add another layer of protection.

Recent U.S. evidence found that getting an updated COVID-19 vaccine provided adults 65 and older with:

- » **About 40%–46% additional protection against hospitalization** during the first four months after vaccination.²
- » An updated vaccine can protect you against hospitalization.

Adults 65 and older, and people with certain health conditions, have a higher risk of becoming seriously ill from COVID-19.

Your risk of getting very ill from COVID-19 increases when health conditions add up.

8 out of 10 adults hospitalized with COVID-19 had at least two underlying medical conditions.¹

Your risk may be higher if you are living with:

- » Heart disease
- » Diabetes
- » Chronic lung disease
- » Chronic kidney disease
- » Overweight or obesity
- » Cancer
- » A weakened immune system

Having more than one condition can increase your risk further.

If you get sick, act quickly.

COVID-19 treatments generally must begin within **5–7 days** after symptoms start.

For people at higher risk, **treatment can reduce the risk of hospitalization by more than 50%.**

Call your doctor promptly if you start having symptoms.

Your family doctor knows your health history.

A conversation today can help protect you and your family from serious illness tomorrow.

The people who love you are counting on you.

Talk with your doctor about an updated COVID-19 vaccine.

 **AAFP** 

¹ 2023–2024 respiratory illness season

² 2024–2025 respiratory illness season

Source: Centers for Disease Control and Prevention (www.cdc.gov)