



# AAFP Family Medicine Board Review Express®

September 23-26, 2026

All times listed are CENTRAL time zone

**Hybrid**

As of 1/12/26

Day 1 – Wednesday, September 23, 2026	
7:00 – 8:00 am	Breakfast
8:00 – 8:15 am	Welcome & Overview – <i>David Weismiller, MD, ScM, FAAFP</i>
8:15 – 8:45 am	Hematology Essentials - <i>Teresa Holt, MD, FAAFP</i>
8:45 – 9:45 am	Health Promotion and Prevention I & II – <i>David Weismiller, MD, ScM, FAAFP</i>
9:45 – 10:15 am	ENT/Otolaryngology Essentials – <i>Teresa Holt, MD, FAAFP</i>
10:15 – 10:30am	Q&A 1
10:30 – 10:45 am	Break
10:45 – 11:15 am	Musculoskeletal Medicine I: Common Orthopedic Problems – <i>Joseph Garry, MD, FACSM, FAAFP</i>
11:15 – 11:45 am	Neurology Essentials – <i>Teresa Holt, MD, FAAFP</i>
11:45 am – 12:15 pm	Musculoskeletal Medicine II: Sports Medicine – <i>Joseph Garry, MD, FACSM, FAAFP</i>
12:15 – 12:30 pm	Q&A 2
12:30 – 1:30 pm	Lunch Break
1:30 – 2:00 pm	Geriatrics I – <i>Russell Blackwelder, MD, MDiv, CMD</i>
2:00 – 2:45 pm	Dermatology Essentials I & II – <i>Benjamin Gilmer, MD, MS</i>

2:45 – 3:15 pm	Geriatrics II – <i>Russell Blackwelder, MD, MDiv, CMD</i>
3:15 – 3:45 pm	Health Promotion and Prevention III: Obesity and Metabolic Syndrome – <i>Teresa Holt, MD, FAAFP</i>
3:45 – 4:00 pm	Q&A 3
4:00 – 4:15 pm	Break
4:15 – 4:45 pm	Geriatrics III – <i>Russell Blackwelder, MD, MDiv, CMD</i>
4:45 – 5:15 pm	Emergency Medicine I: General Principles, Resuscitation, Stroke/TIA – <i>Robert Dachs, MD, FAAFP</i>
5:15 – 5:30 pm	Health Promotion and Prevention IV: Preoperative Risk Stratification/Postoperative Care – <i>Teresa Holt, MD, FAAFP</i>
5:30 – 5:45 pm	Q&A 4
5:45 – 6:30 pm	Guide to Exam Preparation (no CME) – <i>David Weismiller, MD, ScM, FAAFP</i>

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<b>Day 2 – Thursday, September 24, 2026</b>	
7:00 – 8:00 am	Breakfast
8:00 – 8:30 am	Cardiovascular Medicine V: Peripheral Vascular Disease – <i>Robert Dachs, MD, FAAFP</i>
8:30 – 9:00 am	Navigating Chronic Pain – <i>Teresa Holt, MD, FAAFP</i>

9:00 – 9:30 am	Urology Essentials – <i>Benjamin Gilmer, MD, MS</i>
9:30 – 9:45 am	Q&A 5
9:45 – 10:00 am	Break
10:00 – 10:30 am	Emergency Medicine II: Trauma, Wound Care, Surgical Abdomen – <i>Robert Dachs, MD, FAAFP</i>
10:30 – 11:00 am	Musculoskeletal Medicine III: Fracture Care – <i>Joseph Garry, MD, FACSM, FAAFP</i>
11:00 – 11:30 am	Emergency Medicine III: Infectious Disease, Allergy, Toxicology – <i>Robert Dachs, MD, FAAFP</i>
11:30 am – 12:00 pm	Musculoskeletal Medicine IV: Pediatric Orthopedics – <i>Joseph Garry, MD, FACSM, FAAFP</i>
12:00 – 12:15 pm	Q&A 6
12:15 – 1:15 pm	Lunch Break
1:15 – 1:45 pm	Rheumatology Essentials – <i>Benjamin Gilmer, MD, MS</i>
1:45 – 2:30 pm	Cardiovascular Medicine I: ACS and Hyperlipidemia – <i>Jonathon Firnhaber, MD, FAAFP</i>
2:30 – 3:00 pm	Pediatrics I: Common Newborn Issues – <i>Janalynn Beste, MD, FAAFP</i>
3:00 – 3:30 pm	Endocrine Disease II: Essentials – <i>Benjamin Gilmer, MD, MS</i>
3:30 – 3:45 pm	Q&A 7
3:45 – 4:00 pm	Break
4:00 – 4:30 pm	Pediatrics II: Well-Child Care and Adolescent Medicine – <i>Janalynn Beste, MD, FAAFP</i>
4:30 – 5:15 pm	Cardiovascular Medicine II: Hypertension – <i>Jonathon Firnhaber, MD, FAAFP</i>
5:15 – 5:45 pm	Pediatrics III: Fever and Infectious Diseases – <i>Janalynn Beste, MD, FAAFP</i>

5:45 – 6:15 pm	Cardiovascular Medicine III: Heart Failure – <i>Jonathon Firnhaber, MD, FAAFP</i>
6:15 – 6:30 pm	Q&A 8

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<b>Day 3 – Friday, September 25, 2026</b>	
7:00 – 8:00 am	Breakfast
8:00 – 9:00 am	Health Promotion and Prevention V & VI: Basic Statistics, Levels of Evidence, Epidemiology – <i>David Weismiller, MD, ScM, FAAFP</i>
9:00 – 9:30 am	Endocrine Disease I: Diabetes Mellitus – <i>Jonathon Firnhaber, MD, FAAFP</i>
9:30 – 10:00 am	Gastroenterology I: Upper Tract – <i>David Weismiller, MD, ScM, FAAFP</i>
10:00 – 10:15 am	Q&A 9
10:15 – 10:30 am	Break
10:30 – 11:00 am	Nephrology I: Acute Kidney Disease – <i>Jonathon Firnhaber, MD, FAAFP</i>
11:00 – 11:30 am	Behavioral Medicine I: Major Depression – <i>Thomas W. Heinrich, MD</i>
11:30 am – 12:00 pm	Nephrology II: Chronic Kidney Disease – <i>Jonathon Firnhaber, MD, FAAFP</i>
12:00 -12:15 pm	Q&A 10

12:15 – 1:15 pm	Lunch Break
1:15 – 1:45 pm	Behavioral Medicine II: Bipolar and Anxiety Disorders – <i>Thomas W. Heinrich, MD</i>
1:45 – 2:15 pm	Maternity Care I – <i>David Weismiller, MD, ScM, FAAFP</i>
2:15 – 2:45 pm	Cardiovascular Medicine IV: Dysrhythmias – <i>Jonathan Firnhaber, MD, FAAFP</i>
2:45 – 3:15 pm	Behavioral Medicine III: ADHD, Autism, and OCD – <i>Thomas W. Heinrich, MD</i>
3:15 – 3:30 pm	Q&A 11
3:30 – 3:45 pm	Break
3:45 – 4:15 pm	Maternity Care II – <i>David Weismiller, MD, ScM, FAAFP</i>
4:15 – 4:45 pm	Pulmonary I: Asthma – <i>Shawn K. Conner, MD</i>
4:45 – 5:30 pm	Infectious Disease Essentials: STI's, Hepatitis A, B, C, HIV – <i>David Weismiller, MD, ScM, FAAFP</i>
5:30 – 5:45 pm	Q&A 12

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**Day 4 – Saturday, September 26, 2026**

7:00 – 8:00 am	Breakfast
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7:55 – 8:00 am	Announcements - <i>David Weismiller, MD, ScM, FAAFP</i>
8:00 – 8:30 am	Gastroenterology II: Lower Tract – <i>David Weismiller, MD, ScM, FAAFP</i>
8:30 – 9:00 am	Pulmonary II: COPD – <i>Shawn K. Conner, MD</i>
9:00 – 9:30 am	Women’s Health I – <i>David Weismiller, MD, ScM, FAAFP</i>
9:30 – 10:00 am	Pulmonary III: Pulmonary Infections, Pneumonia Part 1 – <i>Shawn K. Conner, MD</i>
10:00 – 10:15 am	Q&A 13
10:15 – 10:30 am	Break
10:30 – 11:00 am	Pulmonary IV: Pulmonary Infections, Pneumonia Part 2/Occupational Lung Disease – <i>Shawn K. Conner, MD</i>
11:00 – 11:30 am	Women’s Health II – <i>David Weismiller, MD, ScM, FAAFP</i>
11:30 am – 12:00 pm	Pulmonary V: Lung Cancer, OSA, Sarcoidosis, Pulmonary Fibrosis – <i>Shawn K. Conner, MD</i>
12:00 – 12:15 pm	Q&A 14
12:15 pm	Adjourn

Note: A downloadable syllabus is included with registration. A printed syllabus is available for purchase for **\$175 while supplies last.**