

All times listed are CENTRAL time zone
Schedule subject to change

Day 1 – Tuesday, June 16

8:00 – 8:15 am	Welcome and Overview - <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:15 – 9:15 am	USPSTF Update 2026 – <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
9:15 – 10:00 am	The Global Pivot: Implementing the 2026 WHO Obesity Guidelines in Primary Care - <i>Tim R. Brown, PharmD, BCACP, FASHP</i>
10:00 – 10:15 am	Q&A 1
10:15 – 10:30 am	Break
10:30 – 11:30 am	Type 2 Diabetes – Strategies in Treatment Update – <i>Tim R. Brown, PharmD, BCACP, FASHP</i>
11:30 am – 12:15 pm	Photo Rounds – What Is the Diagnosis and What is the Treatment? – <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
12:15 – 12:30 pm	Q&A 2
12:30 – 1:30 pm	Lunch
1:30 – 2:30 pm	The Psychedelic Frontier: Navigating Psilocybin and MDMA in Primary Care – <i>Thomas W. Heinrich, MD</i>
2:30 – 3:15 pm	Beyond the ‘Cleared’ Stamp: Evidence-Based Preop Evaluation in 2026 – <i>Teresa Holt, MD, MS</i>
3:15 – 4:00 pm	The Mind-Heart-Kidney Axis: Why Mental Health is a Metabolic Metric – <i>Thomas W. Heinrich, MD</i>
4:00 – 4:15 pm	Q&A 3
4:15 – 4:30 pm	Break
4:30 – 5:15 pm	Pharmacotherapy 2026 – <i>Tim R. Brown, PharmD, BCACP, FASHP</i>
5:15 – 5:45 pm	The ‘Wait’ of Sinusitis: Navigating the 2025 AAO-HNS Guideline Update – <i>Teresa Holt, MD, MS</i>
5:45 – 6:00 pm	Q&A 4
6:00 pm	Recess



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**Family Medicine Update Livestream
 June 16-20, 2026**

As of 3/6/2026

Day 2 – Wednesday, June 17

7:55 – 8:00 am	Welcome and Overview - <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:00 – 9:00 am	State of Immunizations – <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
9:00 – 9:45 am	Healthcare AI 3.0: Moving from Documentation to Decision Support – <i>Johnson Ukken, MD</i>
9:45 – 10:15 am	The Stimulant Surge: Navigating Adult ADHD and the Risk of Misuse in 2026 - <i>TBD</i>
10:15 – 10:30 am	Q&A 5
10:30 – 10:45 am	Break
10:45 – 11:30 am	The ‘Do Less’ Doctrine: Navigating Pediatric Medical Overuse in 2026 - <i>Elizabeth Wolf, MD, MPH</i>
11:30 am – 12:15 pm	Iron Deficiency Anemia: A 2026 Roadmap from Diagnosis to Targeted Repletion - <i>TBD</i>
12:15 – 12:30 pm	Q&A 6
12:30 pm	Recess

Day 2 –Wednesday, June 17 – Optional Session (*separate registration and fee required*)

1:30 – 3:30 pm	The 27-Hour Day: Engineering the Survival of Primary Care in the Age of Moral Injury – <i>Angela Bacigalupo, MD, MPH, FAAFP, Steven Lin, MD, David Weismiller, MD, ScM, FAAFP, Johnson Ukken, MD</i>
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Day 3 – Thursday, June 18

7:55 – 8:00 am	Welcome and Overview - <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:00 – 8:45 am	Hypertension 2026 – Implementing the New ACC/AHA Standards in Primary Care – <i>Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
8:45 – 9:15 am	Silence the Noise: Evidence-Based Updates for the 2026 Tinnitus Guidelines – <i>Justin Bailey, MD, FAAFP</i>
9:15 – 10:00 am	The Genetics of Obesity: Explaining Biological Destiny to Your Patients - <i>TBD</i>
10:00 – 10:15 am	Q&A 7
10:15 – 10:30 am	Break
10:30 – 11:15 am	Top MSK POEMS: Re-evaluating Orthopedics for the Family Physician - <i>TBD</i>
11:15 – 12:00 pm	The Interconnected Patient: Navigating the Cardio-Pulmonary-Renal Axis in the Age of the Cardiovascular-Kidney-Metabolic (CKM) Syndrome – <i>Justin Bailey, MD, FAAFP, Tim R. Brown, PharmD, BCACP, FASHP and Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
12:00 pm – 12:15 pm	Q&A 8
12:15 pm	Recess

Day 3 – Thursday, June 18 – Optional Session (separate registration and fee required)

1:30 – 3:30 pm	ECG Interpretation (Basic) - <i>Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
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**Family Medicine Update Livestream
 June 16-20, 2026**

As of 3/6/2026

Day 4 – Friday, June 19

7:55 – 8:00 am	Welcome and Overview – <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:00 – 9:00 am	The Evidence-Based Standard of Care – A New Paradigm in the Legal World – <i>Christopher Robertson, JD, PhD</i>
9:00 – 9:30 am	The ‘Unseen’ Risk: Targeted Gastric Cancer Screening in High-Risk US Populations – <i>TBD</i>
9:30 – 10:15 am	Top Cardiovascular Disease POEMS: Research That Will Change Your Monday Morning Practice – <i>Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
10:15 – 10:30 am	Q&A 9
10:30 – 10:45 am	Break
10:45 – 11:15 am	The Protein Paradox: Why Everything We Knew About Liver Diets Has Changed – <i>TBD</i>
11:15 am – 12:00 pm	The Antithrombotic Balancing Act: Who Gets What, When and for How Long? – <i>Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
12:00 - 12:15 pm	Q&A 10
12:15 pm	Recess

Day 4 – Friday, June 19 – Optional Session (*separate registration and fee required*)

1:30 – 3:30 pm	ECG Interpretation (Advanced) - <i>Jonathon Firnhaber, MD, MAEd, MBA, FAAFP</i>
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Family Medicine Update Livestream
June 16-20, 2026

As of 3/6/2026

Day 5 – Saturday, June 20

7:55 – 8:00 am	Welcome and Overview – <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:00 – 8:45 am	Inertia in Medicine – Treating the Symptoms of Menopause – Post Black Box - <i>David Glenn Weismiller, MD, ScM, FAAFP</i>
8:45 – 9:30 am	The “L” in Cardiovascular-Kidney-Metabolic (CKM) Syndrome: Why Liver Health is Central to Metabolic Success – <i>Robert C. Langan, MD</i>
9:30 – 10:15 am	The Stress Test of Pregnancy: Navigating the Cardiometabolic Bridge - <i>TBD</i>
10:15 – 10:30 am	Q&A 11
10:30 – 10:45 am	Break
10:45 - 11:30 am	Precision Testosterone Therapy: Navigating Clinical Guidelines in a ‘Vitality’ Driven Era – <i>Joel Heidelbaugh, MD</i>
11:30 am – 12:15 pm	The Autism Surge: Decoding the Rise in Prevalence and Diagnosis for 2026 – <i>TBD</i>
12:15 – 12:30 pm	Q&A 12
12:30 pm	Adjourn