

**AAFP Musculoskeletal and Sports Care Course**  
**September 11-14, 2019**  
**Washington, DC (Reston, VA)**

As course chair, I'm honored that you have considered this course. This course was developed by family and sports medicine physicians to be the premier course by equipping primary care providers with the knowledge and skills to care for the majority of musculoskeletal and sports medicine conditions. The faculty were carefully selected to include leaders in both their topics and also teaching. They will use their experience in teaching residents, fellows, and practicing providers to enhance your knowledge and skills.

The topics included will aid you in managing conditions seen in various settings (acute/urgent care, traditional ambulatory, sports/athletic)

All of the optional workshops are designed to enhance your individual skill set to enhance your care by utilizing **hands on** experience and faculty guidance. The expert faculty will provide pearls to apply immediately to your patients and practice. Some further details about the workshops are listed below.

**Deepak Patel, MD, FAAFP, FACSM, Course Chair**

*Director of Sports Medicine, Rush Copley Family Medicine Residency Program, Aurora, Illinois; Assistant Professor, Rush Medical College, Chicago, Illinois*

**Joint Injections: Ultrasound and Landmark Guided Workshop**

(#101) Thursday, September 12, 2:00 – 5:00 pm  
\$240

In the injection workshop, attendees will learn the correct selection of supplies, prep, and approach with musculoskeletal injections. Attendees will identify landmarks on each other, apply Ultrasound to aid in visualization, and also practice on injection mannequins. You'll have an opportunity to gain valuable skills and practice injections for shoulders, knees, wrist, hands, ankles and feet. The expert faculty will verify and perfect your technique.

**Physical Examination of the Upper Extremity Workshop**

(#102) Thursday, September 12, 2:00 – 5:00 pm  
\$240

As providers are expected to diagnose and treat patients with fewer available resources, having a strong foundation in musculoskeletal examination is essential. The upper extremity workshop will help attendees to develop their approach to the evaluation of commonly seen upper extremity conditions. Through demonstration and hands-on supervised practice with expert faculty, the learner will gain a better understanding of best ways to approach the patient with an upper extremity complaint. Review of special tests, history and exam pearls and case examples will provide the learner with usable tools to apply in their practices.

**SMART (Sideline Management Assessment Response Techniques) Workshop**

(#103) Thursday, September 12, 2:00 – 5:00 pm  
\$240

This is an interactive, hands-on workshop with the participant learning and practicing skills for the appropriate on-field management of the athlete with a suspected spine injury, upper and lower extremity dislocations, and eventually in office. Participants will learn a progression for the sideline assessment of an athlete with a suspected concussion as well as assessment tools for an office-based evaluation of a patient with a concussion. This workshop will utilize a "flipped classroom" approach requiring participants to review specific material prior to the workshop.

**Casting and Splinting Workshop**

(#104) Friday, September 13, 2:00 – 5:00 pm

\$240

This is an interactive, hands-on workshop with the participant learning and practicing casting and splinting for various upper and lower extremity injuries. Participants will learn the appropriate splint and/or cast for specific injuries that can be managed in their office. The participants will learn of billing procedures and necessary supplies to incorporate casting and splinting into their practice. This workshop will utilize a “flipped classroom” approach requiring participants to review specific material prior to the workshop.

**Osteopathic Manipulative Treatment (OMT)**

(#105) Friday, September 13, 2:00- 5:00 pm

\$240

The OMT workshop is designed for providers who wish to experience a hands-on introduction on how to evaluate their patients for somatic dysfunction in musculoskeletal complaints, as well as serving as a refresher for those wishing to refine and advance their skills. A variety of techniques will be covered, which will permit veterans of OMT to further their skills. The expert faculty will verify and hone your technique.

**Physical Examination of the Lower Extremity Workshop**

(#106) Friday, September 13, 2:00 – 5:00 pm

\$240

As providers are expected to diagnose and treat patients with fewer available resources, having a strong foundation in musculoskeletal examination is essential. The lower extremity workshop will help attendees to develop their approach to the evaluation of commonly seen lower extremity conditions. Through demonstration and hands-on supervised practice with expert faculty, the learner will gain a better understanding of best ways to approach the patient with a lower extremity complaint. Review of special tests, history and exam pearls and case examples will provide the learner with usable tools to apply in their practices.