

**All times listed are Central time zone****Schedule Subject to Change**

Day 1 – Thursday, April 23 – Session 1	
7:30 – 7:45 am	Welcome and Overview – <i>Maya Bass, MD, MA, FAAFP</i>
7:45 – 8:45 am	Perimenopause/Menopause Overview: Addressing Misinformation in Diagnostic Criteria and When it All Begins – <i>Maya Bass, MD, MA, FAAFP</i>
8:45 – 9:15 am	Contraceptive Needs of Perimenopausal Women – <i>Lakshmi Sundaresan, MD and Libby Wetter, MD</i>
9:15 – 9:30 am	Q & A 1
9:30 – 9:45 am	Break
9:45 – 10:15 am	Body Image in Midlife – <i>Mara Gordon, MD</i>
10:15 – 11:15 am	Menoplay (Not Pause): Living Vibrantly with Lifestyle Medicine – <i>Beth Polk, MD, FAAFP</i>
11:15 – 11:30 am	Q&A 2
11:30 am	Session Adjourns

Day 1 – Thursday, April 23 – Session 2	
12:40 – 12:45 pm	Welcome/Announcements – <i>Maya Bass, MD, MA, FAAFP</i>
12:45 – 1:15 pm	Vasomotor Symptoms, Sleep and Mood – <i>Sharon George, MD, FAAFP</i>
1:15 – 1:45 pm	Hormones and Mental Health/Cognitive Decline or “Menopause Brain” – <i>Sharon George, MD, FAAFP</i>
1:45 – 2:15 pm	Recognizing and Treating Depression and Anxiety During perimenopause – <i>Grace Shih, MD, FAAFP</i>
2:15 – 2:45 pm	Menopause Care for Gender Diverse Patients – <i>Crystal Beal, MD</i>
2:45 – 3:00 pm	Q&A 3
3:00 – 3:15 pm	Break



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3:15 – 3:45 pm	Prevention and Management of Cardiovascular Disease in Midlife Women: Blood Pressure, Lipids and Diabetes – <i>Heather Paladine, MD, Med, FAAFP and Jessica Platt, MD</i>
3:45 – 4:15 pm	Medical Intervention: Osteopenia, Osteoporosis and Fractures – <i>Trent Taylor, MD</i>
4:15 – 4:45 pm	The Role of Nutritional Supplements – <i>Marissa Lapedis, MD, FAAFP</i>
4:45 – 5:00 pm	Q&A 4
5:00 – 5:15 pm	Reflection Session Day 1
5:15 pm	Session Adjourns

**All times listed are Central time zone*****Schedule Subject to Change*****Day 2 – Friday, April 24 – Session 3**

7:25 – 7:30 am	Welcome/Announcements – <i>Maya Bass, MD, MA, FAAFP</i>
7:30 – 8:00 am	Overview of Genitourinary Syndrome of Menopause (GSM) – <i>Rebecca Kasper, MD</i>
8:00 – 8:30 am	Management of Sexual Dysfunction and Low Libido – <i>Stephanie Purnell, MD</i>
8:30 – 9:00 am	Pelvic Organ Prolapse – <i>Jessica Rueb, MD</i>
9:00 – 9:30 am	Treatment of Abnormal Uterine Bleeding in Menopause – <i>Sarina Schraager, MD</i>
9:30 – 9:45 am	Q&A 5
9:45 – 10:00 am	Break
10:00 – 10:30 am	Beyond Mammograms: Advanced Screenings and Risk Assessment – <i>Sharon George, MD, FAAFP</i>
10:30 – 11:00 am	Cancer Survivorship: The Impact of Menopause – <i>Ivonne McLean, MD, FAAFP</i>
11:00 – 11:30 am	Menopause Care for Patients with HIV – <i>Nyasha George, MD, FAAFP</i>
11:30 – 11:45 pm	Q&A 6
11:45 pm	Session Adjourns

Day 2 – Friday, April 24 – Session 4

12:55 – 1:00 pm	Welcome/Announcements – <i>Maya Bass, MD, MA, FAAFP</i>
1:00 – 1:30 pm	Screening and Prevention in Menopause: Summary – <i>Maya Bass, MD, MA, FAAFP</i>
1:30 – 1:45 pm	Problem-Based Learning (PBL) Case Overviews/Instructions



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1:45 – 2:15 pm	Cases 1-3 Small Group Discussions
2:15 – 2:45 pm	Group Reports
2:45 – 3:00 pm	Break
3:00 – 3:15 pm	Problem-Based Learning (PBL) Case Overviews/Instructions
3:15 – 3:45 pm	Cases 4-6 Small Group Discussions
3:45 – 4:15 pm	Group Reports
4:15 – 4:30 pm	Reflection Session Day 2
4:30 pm	Adjourn