

2018 Report of the Reference Committee on Health of the Public & Science

National Conference of Constituency Leaders — Sheraton Kansas City Hotel at Crown Center

- 1 The Reference Committee on Health of the Public & Science has considered each of the
- 2 items referred to it and submits the following report. The committee's recommendations on
 - each item will be submitted as a consent calendar and voted on in one vote. Any item or
- 4 <u>items may be extracted for debate.</u>

be it further

ITEM NO. 1: RESOLUTION NO. 3001: IMPLICIT BIAS

 defining implicit bias and recognizing its impact on disparities of care, and be it further RESOLVED, That the American Academy of Family Physicians encourage the Review Committee of Family Medicine (RC-FM) of the Accreditation Council for Graduate Medical

RESOLVED. That the American Academy of Family Physicians creates a policy statement

RESOLVED, That the American Academy of Family Physicians creates continuing medical education opportunities around implicit bias, and be it further

Education to include implicit bias trainings within residency education core curriculum, and

RESOLVED, That the American Academy of Family Physicians encourages research on the effects of implicit bias on patient outcomes and how education around this topic can have measurable and positive effects on population health and individual practice.

The reference committee heard mixed testimony. Those against the resolution stated that they did not think there was sufficient evidence to support the effect of brief educational interventions on implicit bias and associated behaviors and thought that some institutions may use short educational programs to avoid more systemic interventions. However, most that provided testimony were in support, and said that education could promote evolution, leading to more robust systemic change. More eloquently, one person said that "conversations can change culture." Other supporters said that their residents appreciate the opportunity to address their implicit biases. The reference committee agreed with the supporters and noted that implicit bias training is in-line with current work from the AAFP's The EveryONE Project. The reference committee did acknowledge the concerns of short term training and recommended that substitute resolved language be adopted to include "longitudinal training" in the second resolved clause.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3001, which reads as follows, be adopted in lieu of Resolution No. 3001:

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 RESOLVED, That the American Academy of Family Physicians create a policy statement defining implicit bias and recognizing its impact on disparities of care, and be it further

RESOLVED, That the American Academy of Family Physicians encourage the Review Committee for Family Medicine (RC-FM) of the Accreditation Council for Graduate Medical Education to include longitudinal implicit bias training within residency education core curriculum, and be it further

RESOLVED, That the American Academy of Family Physicians create continuing medical education opportunities around implicit bias, and be it further

RESOLVED, That the American Academy of Family Physicians encourage research on the effects of implicit bias on patient outcomes and how education around this topic can have measurable and positive effects on population health and individual practice.

ITEM NO. 2: RESOLUTION NO. 3002: COMPREHENSIVE SEX EDUCATION IN SCHOOLS

RESOLVED, That the American Academy of Family Physicians acts to promote health education programs within public elementary, middle, and high schools that are age-appropriate, culturally relevant, and include evidence-based medical information regarding contraception, sexually transmitted infection (STI) prevention, consent, and sexual and gender minority issues. lessian, gay, bisexual, transgendered, questioning, intersexual, and asexual/ally (LGBTQIA) issues.

RESOLVED, That the AAFP define comprehensive sex education in current policy.

ADOPTED AS AMENDED

The reference committee heard testimony in support of this resolution. The current AAFP policy, "Adolescent Health Care, Sexuality and Contraception" does not define what constitutes comprehensive sex education in schools. There was also support for more inclusive language, striking out the terms lesbian, gay, bisexual, transgender, questioning, intersex, and asexual/ally (LBGTQIA) and replacing it with the phrase intersex, transgender, and sexual minority persons. The reference committee agreed with the supporters because the AAFP can be an important advocate for evidence-based sex education in schools and with the suggested language changes. The authors requested revision to the resolved clause to use language that is more inclusive and future proof.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3002, which reads as follows, be adopted in lieu of Resolution No. 3002:

RESOLVED, That the American Academy of Family Physicians revise the adolescent healthcare, sexuality, contraception policy to replace the current phrase, lesbian, gay, bisexual, transgendered, questioning, intersexual, and asexual/ally (LGBTQIA), with the following: intersex, transgender, and sexual minority persons, and to define comprehensive sex education.

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ITEM NO. 3: RESOLUTION NO. 3003: REVISION OF REPRODUCTIVE HEALTH POLICIES WORDING

RESOLVED, That the American Academy of Family Physicians (AAFP) modifies its Reproductive Health Policy to specify that the AAFP support a person's access to comprehensive reproductive health services, including prenatal care, full spectrum family planning, and assisted reproductive technology and opposes nonevidence-based restrictions on medical care and the provision of such services, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) modifies its policy on Coverage for Reproductive Decisions to specify that the AAFP endorse the principle that persons receiving health care paid for through health plans funded by state or federal governments who have coverage for continuing a pregnancy also should have coverage for ending a pregnancy in addition to coverage for assisted reproductive technology.

The reference committee heard testimony in support of the resolution which asked for AAFP policies on reproductive health services and coverage to be more inclusive of patients regardless of gender, sexual identity, and marital status. The reference committee reviewed current AAFP policies and determined that the language requested in the resolution is already included in the policies, "Coverage for Reproductive Decisions" and "Coverage Equity for Drugs, Testing, Procedure, Preventive Services, and Reproductive Technologies". However, the committee agreed that the policy, "Reproductive Health Services" should be revised as it currently only advocates for women to have access to these services.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3003, which reads as follows, be adopted in lieu of Resolution No. 3003:

RESOLVED, That the American Academy of Family Physicians modify its policy, "Reproductive Health Services" to include key aspects regarding support for access for all patients to reproductive health services and oppose nonevidence-based restrictions on medical care and the provision of such services.

ITEM NO. 4: RESOLUTION NO. 3004: UPDATE TO "PREVENTION AND CONTROL OF SEXUALLY TRANSMITTED AND BLOODBORNE INFECTIONS" POLICY STATEMENT

RESOLVED, That the American Academy of Family Physicians Commission on Science and Health of the Public updates the language of the Prevention and Control of Sexually Transmitted and Bloodborne Infections policy statement to reflect current evidence-based guidelines and best clinical practice. **RETURNED TO ORIGINAL – ADOPTED**

The reference committee heard testimony in support of the resolution advocating for updating the policy to be more inclusive and reflect current evidence and best practices. The reference committee agreed with the spirit of the resolution, but had concerns with the lack of specific strategies in the resolved clause. Therefore, the reference committee recommended adopting a substitute resolved clause highlighting specific evidence-based strategies that were mentioned in the resolution.

<u>RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3004, which reads as follows, be adopted in lieu of Resolution No. 3004.</u>

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RESOLVED, That the American Academy of Family Physicians update the language of the policy, "Prevention and Control of Sexually Transmitted and Bloodborne Infections" to include additional evidence-based strategies for safer sex that are not limited to abstinence, monogamous relationships, or use of barriers, encouraging patients to talk with partners about their status and history, individualized screening recommendations based on risk criteria, safe use of toys and prosthetics, and pharmaceutical prophylaxis.

ITEM NO. 5: RESOLUTION NO. 3005: INCLUDING MEDICAL RESOURCES AND REFERRAL **INFORMATION ON ANTI-BULLYING WEBSITES**

RESOLVED, That the American Academy of Family Physicians advocates for the inclusion of medical resources and referral information on major non-profit anti-bullying websites, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) sends a letter recommending the incorporation of links to physician professional organizations including AAFP and American Academy of Pediatrics to websites such as StopBullying.gov, StompOutBullying.org and other appropriate organizations, and be it further

RESOLVED, That the above referenced letter includes a statement recommending the individual who is seeking resources consult their primary care physician.

The reference committee heard testimony in support of the resolution. The reference committee discussed the lack of medical resources on anti-bullying websites. There was discussion about the family physicians' unique role in supporting people that have been bullied. The reference committee also discussed that it would not be appropriate for the AAFP to ask anti-bullying websites to include materials from the American Academy of Pediatrics (AAP) and agreed to revise the resolved clause to remove the reference to AAP. Additionally, the reference committee recommended striking the first resolved clause and keeping the second, as they were duplicative. The reference committee also recommended including a statement recognizing family physicians' expertise for advocating for their patients, families, and communities, regarding healthcare issues resulting from bullying. Therefore, the reference committee recommended adoption of a substitute resolution with the above changes.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3005, which reads as follows, be adopted in lieu of Resolution No. 3005.

RESOLVED, That the American Academy of Family Physicians (AAFP) send a letter to stopbullying.gov requesting that they incorporate a link to the content on bullying on familydoctor.org and be it further

RESOLVED, That a letter be sent to StopBullying.gov and other appropriate organizations that highlights the expertise family physicians have in addressing healthcare issues resulting from bullying that affects their patients, families, and communities.

ITEM NO. 6: RESOLUTION NO. 3006: MENSTRUAL EQUITY

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RESOLVED, That the American Academy of Family Physicians issues a policy statement declaring access to menstrual hygiene a public-health, gender-equality, and human rights issue, and represents a social determinant of health, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) provides access to menstrual hygiene products in restrooms at AAFP offices and all conference venues, whether at AAFP cost or by contract with venues.

The reference committee heard testimony in support of the resolution which included statements supporting menstrual equity as a matter of dignity and income equality, and one that is supported by the United Nations and the World Health Organization. The reference committee discussed the resolution and agreed with its intent.

<u>RECOMMENDATION: The reference committee recommends that Resolution No. 3006 be adopted.</u>

ITEM NO. 7: RESOLUTION NO. 3007: NON-DISCRIMINATION AGAINST PREP USERS

RESOLVED, That language opposing discrimination in the purchase of life or health insurance by people taking pre-exposure prophylaxis (PrEP) for HIV is included in the American Academy of Family Physcian's statement entitled "Prevention and Control of Sexually Transmitted and Bloodborne Infections."

The reference committee heard testimony in favor of the resolution, specifically noting that some patients are being denied coverage for PrEP and advocating to decreasing barriers to its access is an important issue. The reference committee discussed the resolution and determined that the resolved clause should be revised for clarity. Therefore, a substitute resolution is recommended.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3007, which reads as follows, be adopted in lieu of Resolution No. 3007:

 RESOLVED, That the American Academy of Family Physician's policy statement entitled "Prevention and Control of Sexually Transmitted and Bloodborne Infections" include language opposing discrimination in the purchase of life or health insurance by people taking pre-exposure prophylaxis for HIV.

ITEM NO. 8: RESOLUTION NO. 3008: REDUCE SEXUAL HARASSMENT OF FEMALE PHYSICIANS AND TRAINEES

RESOLVED, That the American Academy of Family Physicians expands the existing policy statement on violence, harassment, and bullying to include information about the negative impact of sexual harassment on family physicians and medical trainees, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) provides online resources on the AAFP website for physicians dealing with sexual harassment in the workplace perpetrated by colleagues, superiors, or patients, and be it further

RESOLVED, That the American Academy of Family Physicians schedules sessions at Family Medicine Experience and at the National Conference for Family Medicine Residents and Medical Students meeting about sexual harassment, and be it further,

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 RESOLVED, That the American Academy of Family Physicians issues a position statement that encourages medical schools and residencies to have trusted, clearly defined, accessible complaint procedures to address sexual harassment.

The reference committee heard testimony in favor of the resolution which included that the AAFP should be bold and disruptive on this issue. It was noted that the American Medical Association is also addressing this issue. The reference committee discussed the resolution and recommended a substitute resolution with editorial changes in the third resolved clause and deletion of the fourth resolved clause since it is required by labor laws and out of the purview of the AAFP.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3008, which reads as follows, be adopted in lieu of Resolution No. 3008:

RESOLVED, That the American Academy of Family Physicians expand the existing policy statement on "Violence, Harassment, and School Bullying" to include information about the negative impact of sexual harassment on family physicians and medical trainees, and be it further

RESOLVED, That the American Academy of Family Physicians (AAFP) provide online resources on the AAFP website for physicians dealing with sexual harassment in the workplace perpetrated by colleagues, superiors, or patients, and be it further

RESOLVED, That the American Academy of Family Physicians include sessions at Family Medicine Experience and at the National Conference for Family Medicine Residents and Medical Students about sexual harassment.

ITEM NO. 9: RESOLUTION NO. 3009: ACCESS TO EVIDENCE-BASED HIV PREVENTION STRATEGIES IN STATE AND FEDERAL CORRECTION SYSTEMS

RESOLVED, That the American Academy of Family Physicians sends a letter to the Federal Bureau of Prisons requesting integration of Pre-Exposure Prophylaxis (PrEP) – including medication, condoms, education, and frequent HIV/sexually transmitted infection screening – into routine HIV prevention strategies at the federal prison level, and be it further

RESOLVED, That the American Academy of Family Physicians updates its "Incarceration and Health: A Family Medicine Perspective" Position Paper to recommend integration of Pre-Exposure Prophylaxis (PrEP) – including medication, condoms, education, and frequent HIV/sexually transmitted infection screening – into routine HIV prevention strategies for incarcerated personas at all levels of government, and be it further

RESOLVED, That the American Academy of Family Physicians creates a State Legislative Issue Backgrounder to recommend integration of Pre-Exposure Prophylaxis (PrEP) – including medication, condoms, education, and frequent HIV/sexually transmitted infection screening.

The reference committee heard testimony in favor of the resolution including that PrEP is a fundamental right and important for incarcerated populations. The reference committee recommended the adoption of the resolution as written.

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RECOMMENDATION: The reference committee recommends that Resolution No. 3009 be adopted.

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ITEM NO. 10: RESOLUTION NO. 3010: THE FOURTH TRIMESTER

RESOLVED, That the American Academy of Family Physicians supports the optimization of the postpartum period to include comprehensive maternal-centric partnership during the entirety of the postpartum period, and be it further

RESOLVED, That the American Academy of Family Physicians supports American Congress of Obstetricians and Gyecologists' committee opinion on the personalization of postpartum care, and be it further

RESOLVED, That the American Academy of Family Physicians studies the fiscal impact of more comprehensive and personalized postpartum care, including, but not limited to, the potential saving of economic burden via reduction of disparities.

The reference committee heard testimony in favor of the resolution whose intent is to increase postpartum visits and provide a continuum of care for women and infants and allows for advocacy to support the coverage for postpartum visits. It was important that the AAFP have a position on the impact of perinatal complications, especially for women of color.

The reference committee was in favor of the spirit of the resolution. However, it believed the resolution was not clear as written and recommended substitute language. It was noted that the Commission on Health of the Public and Science recommended and the Board approved that AAFP not support the American College of Obstetricians and Gyecologists' Committee Opinion on Optimizing Postpartum Care since it did not follow a transparent evidence-based methodology and was not focused on the family-centric, mother/infant dyad.

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RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3010, which reads as follows, be adopted in lieu of Resolution No. 3010:

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RESOLVED, That the American Academy of Family Physicians develop an evidencebased clinical practice guideline that provides recommendations for optimizing the postpartum period which includes a comprehensive family-centric partnership.

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ITEM NO. 11: RESOLUTION NO. 3011: SHACKLES ON WOMEN DURING ACTIVE LABOR **AND IMMEDIATE POSTPARTUM**

RESOLVED, That the American Academy of Family Physicians opposes the shackling of incarcerated people who are in active labor and during the postpartum period, considered to be six to eight weeks after delivery, with proper safety protections for the healthcare team.

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51 52 The reference committee heard testimony in support of the resolution as shackling impedes the procedures that can be performed and the level of care that can be provided. The reference committee agreed with testimony and recommended the resolution be adopted.

RECOMMENDATION: The reference committee recommends that Resolution No. 3011 be adopted.

ITEM NO. 12: RESOLUTION NO. 3012: "IT'S ON US" TO STOP SEXUAL ASSAULT

RESOLVED, That the American Academy of Family Physicians takes action to support current policy by becoming a medical organization partner of the White House Task Force to Prevent Sexual Assault "It's On Us" campaign for college campus sexual assault prevention.

The reference committee heard testimony in support of the resolution. The testimony highlighted that support of the campaign is consistent with AAFP policy regarding interpersonal violence. Members of the reference committee agreed with the testimony and the importance of engaging everyone in conversations on preventing sexual assault. The reference committee recommended that the resolution be adopted.

RECOMMENDATION: The reference committee recommends that Resolution No. 3012 be adopted.

ITEM NO. 13: RESOLUTION NO. 3013: PROMOTING SAFE SCHOOLS

RESOLVED, That the American Academy of Family Physicians develops or collects and disseminates education on successful community-based approaches to school violence prevention.

The reference committee heard testimony in support of the resolution and identified this area as a gap in policy. The reference committee agreed that educational resources for family physicians to promote successful programs to address school violence are needed and further determined that school violence is an issue that should be highlighted. The reference committee recommended a substitute resolution be adopted to include a resolved clause asking the AAFP to recognize school violence as a public health concern.

RECOMMENDATION: The reference committee recommends that Substitute Resolution No. 3013, which reads as follows, be adopted in lieu of Resolution No. 3013.

RESOLVED, That the American Academy of Family Physicians recognize school violence as a public health concern, and be it further

RESOLVED, That the American Academy of Family Physicians develop or collect and disseminate education on successful community-based approaches to school violence prevention.

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ITEM NO. 14: RESOLUTION NO. 3014: RECIPES FOR LIFE

RESOLVED, That the American Academy of Family Physicians financially supports a pilot program to replicate the "Recipes for Life Program" to be implemented in multiple urban centers across the United States, and be it further

RESOLVED, That the American Academy of Family Physicians collaborates with large-chain grocery stores across the nation to develop creative ways to impact health outcomes in communities of color.

RESOLVED, That the AAFP investigate and promote successful community-based programs that exist at the intersection of chronic disease mangement and prevention, food access and food selection, and be it further

RESOLVED, That the AAFP invesitage colaborative opportunities with large food vendors that can specifically address food disparities in the country. **ADOPTED AS AMENDED**

The reference committee heard testimony in support of the resolution with the authors citing success with the program in their communities. The reference committee agreed with the spirit of the resolution, however, they had concerns that the requirements of a fiscal note were not addressed. Additionally, there were concerns with the AAFP promoting one specific program and with the request for the AAFP to collaborate with large-chain grocery stores.

RECOMMENDATION: The reference committee recommends that Resolution No. 3014 not be adopted.

ITEM NO. 15: RESOLUTION NO. 3015: SEXUAL CONSENT

RESOLVED, That the American Academy of Family Physicians (AAFP) creates a policy on sexual health to include a statement acknowledging that consent in sexual encounters is a public health issue, and be it further

RESOLVED, That the American Academy of Family Physicians includes in a new policy on sexual health, a recommendation that family physicians should discuss with and educate all patients on the concept of consent to sexual activity and what to do if sexual contact takes place against one's consent, and be it further

RESOLVED, That the American Academy of Family Physicians creates a Consent Toolkit to include assistance in educating patients on sexual consent, bodily autonomy, and other age appropriate resources.

The reference committee heard testimony in support of the resolution, which focused on consent being central to issues of sexual assault. The reference committee acknowledged that the AAFP has current policy recommending that family physicians discuss the concept of consent with adolescents, but would like to expand it to all patients. Members testified that as family physicians care for patients across all spectrums of age, gender, and sexual orientation, it is important for them to champion consent in sexual contact. A toolkit with resources on sexual consent would aid in this endeavor and help to address patient questions and concerns. The reference committee agreed with the testimony provided and that consent should be discussed with all patients, therefore, they recommended the resolution be adopted.

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RECOMMENDATION: The reference committee recommends that Resolution No. 3015 be adopted.

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1 I wish to thank those who appeared before the reference committee to give testimony and the reference committee members for their invaluable assistance. I also wish to commend 2 3 the AAFP staff for their help in the preparation of this report. 4 5 6 Respectfully Submitted, 7 8 9 10 Tina Tanner, MD, FAAFP - Chair 11 12 Jaividhya Dasarathy, MD, FAAFP - Women 13 Diana Mercado-Marmarosh, MD – Minority 14 Shealeatha Taylor-Bristow, MD – New Physician 15 Brian McCollough, MD – IMG 16

Theresa Garcia, MD – LGBT

Bridget Lynch, MD (Observer)

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