

# 2016 Agenda for the Reference Committee on Practice Enhancement

National Conference of Constituency Leaders — Sheraton Kansas City Hotel at Crown Center

Item No.	Resolution Title
1. Resolution No. 5001	Supporting Nationwide Adoption of Physician Orders for Life- Sustaining Treatment (POLST)
2. Resolution No. 5002	Expanding Patient-Centered Education Materials
3. Resolution No. 5003	Physician Management of Patient Reviews on Social Media
4. Resolution No. 5004	End of Life Care Discussions: Educating Family Physicians
5. Resolution No. 5005	The Use of LC-MS Screening Tools to Evaluate Patients for Polypharmacy and Medication Compliance
6. Resolution No. 5006	Direct-to-Consumer Advertising
7. Resolution No. 5007	Physicians Are Not Credit Cards
8. Resolution No. 5008	Improving Patient Satisfaction Through Autonomy and Shared Decision Making Through Continuing Medical Education
9. Resolution No. 5009	Social and Behavioral Domains and Measures for Electronic Health Records
10. Resolution No. 5010	Updating the Prerequisites for "Recognition of Focused Practice in Hospital Medicine Exam"
11. Resolution No. 5011	Increase Point of Care Ultrasound (POCUS) Education in Family Medicine
12. Resolution No. 5012	To Promote the Mission of The American Academy of Family Physicians by Limiting Pay for Performance Parameters to Those Reasonably Under the Control of the Physician
13. Resolution No. 5013	Systemic Solutions to Physician Burnout



## **Resolution No. 5001**

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Supporting Nationwide Adoption of Physician Orders for Life-Sustaining Treatment

2	(POLST)
4 5 6 7 8	Submitted by: Karla Booker, MD, FAAFP, Women Monica Parker, MD, Women Elizabeth Cozine, MD, Women Lisa Fleischer, MD, FAAFP, Women
9	WHEREAS, The percentage of the population over age 65 is increasing, and
11 12 13	WHEREAS, by 2030, more than 20% of United States residents are predicted to be older than 65, compared to 13% in 2010 and 9.8% in 1970, and
14 15 16 17 18	WHEREAS, Physician Orders for Life-Sustaining Treatment (POLST) was developed to improve the quality of patient care and reduce medical errors by creating a system that identifies patient wishes regarding medical treatment and communicates and respects them by creating a portable order, and
19 20 21 22 23	WHEREAS, POLST is a document prepared using shared decision-making with patients and providers that outlines patient wishes, values, beliefs, and goals of care; specifically, POLST can outline code status, wish for home-based versus hospital-based care, and wishes regarding feeding (e.g., feeding tube), and
24 25 26	WHEREAS, only 17 of 50 states have POLST laws, which are not necessarily valid from state to state, and
27 28 29	WHEREAS, Advance Directive is not a physician order and is thereby not durable in emergent patient care settings, and
30 31 32 33	WHEREAS, confusion exists regarding validity of Advance Directive, Do Not Resuscitate, and Health Care Power of Attorney orders, POLST is able to clearly delineate patient wishes in a single document, now, therefore, be it
34 35	RESOLVED, That the American Academy of Family Physicians (AAFP) support legislation to bring Physician Orders for Life-Sustaining (POLST) to all 50 states.



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1 2	Expanding Patient-Centered Education Materials
3 4 5 6	Submitted by: Anita Ravi, MD, MPH, New Physicians Stella King, MD, MHA, FAAFP, Minority Eddie Richardson, Jr., MD, FAAFP, Minority Sneha Chacko, MD, Minority
7	Gheria Chacko, MD, Millotty
8	WHEREAS, Family physicians also serve patients whose primary language is not English or Spanish, and
10 11 12	WHEREAS, family physicians also serve patients who are unable to read, and
13 14 15	WHEREAS, studies have shown that adding pictures to patient education material can increase comprehension and adherence, especially for patients with low literacy skills, now, therefore, be it
16 17 18	RESOLVED, That the American Academy of Family Physicians (AAFP) expand the available languages of patient education materials beyond English and Spanish, including on FamilyDoctor.org, and be it further,
19 20 21	RESOLVED, That the American Academy of Family Physicians (AAFP) increase the use of pictoral information for patient education material, including on FamilyDoctor.org.



Physician Management of Patient Reviews on Social Media

Leanne Swiderski, MD, New Physician Nardin Khalil, MD, New Physician

Alberto Marcelin, MD, New Physician

Submitted by: MiLinda Zabramba, MD, New Physician

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online patient reviews, and be it further

#### **Resolution No. 5003**

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7 Megan Adamson, MD, New Physician 8 Jessica Triche, MD, Women Physician Mitzi Rubin, MD, New Physician 9 Tobe Momah, MD, Minority Physician 10 11 WHEREAS, Striving for high patient satisfaction can become a barrier to physicians providing 12 13 quality evidence-based health care, especially in the cases of patients requesting medications or 14 services that are not indicated, and 15 16 WHEREAS, studies have shown that patients who are prescribed persistent opioid medications for chronic pain are more likely to be highly satisfied with all health care services and patients in 17 18 practices with frugal antibiotic prescribing were less satisfied with their health care, and 19 20 WHEREAS, 2014 data showed that 1.9 million Americans had a substance use disorder involving 21 prescription pain relievers, and 22 23 WHEREAS, in 2010-2011, an estimated 506 antibiotic prescriptions per 1,000 patients were written 24 annually, but only 353 of these antibiotic prescriptions were estimated to be appropriately 25 prescribed, and 26 27 WHEREAS, poor public reviews on social media can be detrimental to a physician's reputation and 28 relationship with other patients in his or her practice, and 29 30 WHEREAS, the unintended consequences of patient satisfaction scores have contributed to physician burnout with 78% of physicians reporting that patient satisfaction surveys moderately or 31 severely affected their job satisfaction, and 28% of physicians reported that the scores made them 32 33 consider quitting, now, therefore, be it 34 35 RESOLVED, That the American Academy of Family Physicians (AAFP) research the impact of 36 social media physician reviews on the practices of family physicians, and be it further

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RESOLVED, That the American Academy of Family Physicians (AAFP) develop educational resources for family physicians to better manage their online identity specifically with regard to

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- RESOLVED, That the American Academy of Family Physicians (AAFP) send letters to websites that post reviews about physicians encouraging them to inform the physicians when a review is 43
- posted about them, and that they allow physician offices an opportunity to provide a general 44
- response that is compliant with the Health Insurance Portability and Accountability Act. 45



## **Resolution No. 5004**

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1 2	End of Life Care Discussions: Educating Family Physicians
3 4 5 6 7	Submitted by: Karla Booker, MD, FAAFP, Women Monica Parker, MD, Women Elizabeth Cozine, MD, Women Lisa Fleischer, MD, FAAFP, Women
8 9	WHEREAS, Many physicians report being unsure how to discuss end-of-life care, and
10 11 12	WHEREAS, in a 2016 survey, 46% of physicians feel unsure of what to say, and 29% report they have had no formal training on initiating the conversation, and
13 14 15	WHEREAS, 89% of patients surveyed report doctors should discuss end-of-life issues with their physicians; however, only 17% of patients have had such conversations with their physicians, and
16 17 18 19	WHEREAS, the World Health Organization states, "All people have a right to receive high quality care during serious illness and to a dignified death, free of overwhelming pain, and in line with their spiritual and religious beliefs," and
20 21 22 23 24	WHEREAS, Centers for Medicare and Medicaid Services estimates that between 2002 and 2010, per capita spending for patients 65-85 years old increased 36% from \$11,692 to \$15,857. During that same time period, per capita spending for patients over 85 increased 38% from \$25,192 to \$34,783, and
25 26	WHEREAS, hospice care saves Medicare an average of \$2,309 per hospice user, and
27 28	WHEREAS, Advance Care Planning is now a reimbursable Medicare benefit, and
29 30 31 32	WHEREAS, family physicians are uniquely suited to facilitating these conversations given the Family Medicine Creed, "You the patient are my first professional responsibility, whether man, woman or child, ill or well, seeking care, healing, or knowledge," now, therefore, be it
33 34 35	RESOLVED, That the American Academy of Family Physicians (AAFP) prioritize education to its membership regarding initiating conversations about goals of care and end-of-life planning, the spectrum of Palliative Care and Hospice benefits, and the utility of Advance Directive and

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Physician Orders for Life-Sustaining Treatments (POLST) documentation.



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1 The Use of LC-MS Screening Tools to Evaluate Patients for Polypharmacy and Medication 2 Compliance 3 4 Submitted by: Khalil Alleyne, MD, Minority Kevin Wong, MD, Minority 5 Tobe Momah, MD, New Physicians 6 7 Alberto Marcelin, MD, New Physicians 8 Venis Wilder, MD, GLBT 9 Monica Parker, MD, Women 10 11 WHEREAS, There are over 100,000 deaths per year related to drug interactions, polypharmacy and/or medication misuse, making this issue the fourth to sixth leading cause of death in the United 12 13 States, and 14 15 WHEREAS, nearly one-third of Americans ages 57 to 85 take at least five prescription drugs and 16 over 50% of Americans take over-the-counter supplements, and 17 18 WHEREAS, the current methods of medication reconciliation is subjective (i.e. having the patients 19 bring their medications in and assuming because they have the bottle they are taking them), and 20 21 WHEREAS, Liquid Chromatography–Mass Spectrometry (LC-MS) technology is the standard for 22 confirmation of controlled and illicit drug use, and 23 24 WHEREAS, tests like the Bennett Polypharmacy Profile (BPP) is a urinalysis screening tool for 25 detecting the top 100 most prescribed medications used in primary care using LC-MS technology, 26 and 27 28 WHEREAS, over 30,000 BPP polypharmacy screens have been done to date, with results of 29 patient non-compliance greater than 80%; (i.e., over 80% of results showed medications that were 30 prescribed but not present, or medications that were not prescribed but were present in a patient's 31 system), and 32 33 WHEREAS, the BPP is reimbursed by Medicare, Medicaid and most major insurances, and 34 35 WHEREAS, according to the Annuals of Internal Medicine April 2014, nearly one-third of patients 36 fail to fill first-time prescriptions, now, therefore, be it 37 38 RESOLVED, That the American Academy of Family Physicians (AAFP) recommend screening tools, such as the Bennett Polypharmacy Profile, as a resource for patient medication reconciliation 39 40 and compliance.



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1 2	Direct-to-Consumer Advertising
3 4 5 6 7	Submitted by: Cathleen London, MD, Women Robert Sedlacek, MD, New Physicians Rachel Franklin, MD, Women Karla Booker, MD, Women
8 9 10	WHEREAS, The American Medical Association has policy condemning direct-to consumer advertising of pharmaceuticals, and
11 12	WHEREAS, only the United States and New Zealand allow direct-to-consumer advertising, and
13 14 15	WHEREAS, drug companies know that for every \$1,000 spent on a television advertisement will result in 24 new patient customers for them, and
16 17	WHEREAS, drug company profits are at a record high, and
18 19	WHEREAS, drug companies spend 19 times more on marketing than research, and
20 21 22	WHEREAS, every other country has decided these advertisements are not in the people's best interest and have made them illegal, now, therefore, be it
23 24 25	RESOLVED, That the American Academy of Family Physicians (AAFP) condemn direct-to- consumer advertising, and be it further
26 27	RESOLVED, That the American Academy of Family Physicians (AAFP) create a public campaigr to educate the public on the dangers of direct-to-consumer advertising.



for performance measures.

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#### **Resolution No. 5007**

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1 Physicians Are Not Credit Cards 2 3 Submitted by: Lisa Casey, MD, Women 4 Madalyn Schaefgen, MD, FAAFP, Women 5 Laurel Dallmeyer, MD, FAAFP, General Registrant 6 Jaividhya Dasarathy, MD, FAAFP, IMG 7 8 WHEREAS, Insurers are ranking physicians according to pay-for-performance measures that are 9 not under the control of the physician, such as access to care, patient compliance, socioeconomic 10 status, and 11 12 WHEREAS, patients who are part of the above groups are being dismissed from physician 13 practices in attempt to meet these quality measures, and 14 15 WHEREAS, physicians have been limited in their ability to practice medicine secondary to the 16 insurer practice of ranking physicians, and 17 18 WHEREAS, physicians are being removed from insurance panels secondary to not meeting these 19 performance measures, which is also reportable for licensure, and 20 21 WHEREAS, the measures are retrieved by insurance companies via inaccurate and inconsistent 22 methods, now, therefore, be it 23 24 RESOLVED, That the American Academy of Family Physicians enact a policy statement 25 disallowing pay-for-performance measures to be collected by insurance companies for the purpose 26 of ranking physicians or removing them from insurance panels, and be it further 27 28 RESOLVED, That the American Academy of Family Physicians strongly advise insurance 29 companies to cease ranking physicians and/or removing them from insurance panels based on pay



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1 Improving Patient Satisfaction Through Autonomy and Shared Decision Making Through 2 Continuing Medical Education 3 4 Submitted by: Sharif Latif, MD, IMG 5 Jorge Plasencia, MD, FAAFP, IMG 6 7 WHEREAS, The health care environment is emphasizing the patient care experience through patient satisfaction scores, and 8 9 10 WHEREAS, the physician reimbursement is correlated with patient satisfaction scores, and 11 12 WHEREAS, physician rapport is correlated with patient adherence to treatment, and 13 14 WHEREAS, active patient involvement in their health care results in adherence to treatment, now, 15 therefore, be it 16 17 RESOLVED, That the American Academy of Family Physicians (AAFP) consider inclusion of continuing medical education (CME) addressing patient satisfaction through autonomy and shared 18 decision making through CME at the AAFP Family Medicine Experience (FMX). 19



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Social and Behavioral Domains and Measures for Electronic Health Records

Submitted by: Tobie Smith, MD, Women Sarah Olsasky, DO, Women

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WHEREAS, There is abundant research that identifies that the social determinants of health affect patient outcomes impacting morbidity and mortality, and

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WHEREAS, physician payment is currently affected by patient outcomes which are not currently stratified by the social determinants of health partially due to lack of collection of this data at the patient level, and

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WHEREAS, nearly 80% of office based family physicians used electronic health records and there is currently no validated electronic health record collection tool to obtain information on patient social determinants, and

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19 20 WHEREAS, the American Association of Medical Colleges, Institute of Medicine, and National Association of Community Health Centers are currently conducting individual research or pilot studies to identify domains and measures that capture the social determinants of health and identify which measures should be identified in the electronic health record and the obstacles to including the measures in the electronic health record, now, therefore be it

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RESOLVED, That the American Academy of Family Physicians (AAFP) investigate the current research that identifies the current domains and measures that capture the social determinants of health to inform the development of electronic health record templates, and be it further

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RESOLVED, That the American Academy of Family Physicians (AAFP) investigate developing a tool of domains and measures to capture the social determinants of health in the electronic health record that members can use, and be it further

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RESOLVED, That the American Academy of Family Physicians (AAFP) advocate to electronic health record vendors to incorporate domains and measures to capture the social determinants of health in the electronic health record, and be it further

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RESOLVED, That the American Academy of Family Physicians (AAFP) educate members regarding validated tools or templates that members can use to capture the social determinants of health into the patient's medical record, such as by creating mock-ups of electronic health record templates and examples of ways to incorporate this data into daily workflow, among other potential resources.



#### **Resolution No. 5010**

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Updating the Prerequisites for "Recognition of Focused Practice in Hospital Medicine Exam"

2 3 Submitted by: Suhail Shaikh, MD, FAAFP, Minority 4 Javaid Saleem, MD, FAAFP, IMG 5 Rebecca Lundh, MD, Women 6 7 WHEREAS, The American Board of Family Medicine (ABFM) in conjunction with the American Board of Internal Medicine (ABIM) now offers Recognition of Focused Practice in Hospital Medicine 8 9 (RFPHM) program, and 10 WHEREAS, this program has been developed in response to the growing number of ABFM-11 certified family physicians who are primarily caring for the patients in the hospital setting, and 12 13 14 WHEREAS, one of the current requirements is the verification of at least three years of unsupervised hospital medicine practice experience in the United States or Canada that fully 15 16 meets the requirements of either the direct patient care pathway or the clinical/systems pathways, 17 and 18 19 WHEREAS, the physicians who are spending a year of training in hospital medicine fellowship are 20 rather getting delayed to fulfill the above-mentioned requirements, now, therefore, be it 21 22 RESOLVED, That the American Academy of Family Physicians (AAFP) advocate for an additional 23 pathway for the individuals who have successfully completed the fellowship in hospital medicine to 24 be eligible for the "Recognition of Focused Practice in Hospital Medicine."



#### **Resolution No. 5011**

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1 Increase Point of Care Ultrasound (POCUS) Education in Family Medicine 2 3 Submitted by: Sarah McNeil, MD, Women 4 Santina Wheat, MD, New Physicians 5 Shannon Connolly, MD, Women Bhavik Kumar, MD, New Physicians 6 7 Jessica Guh, MD, Minority 8 Miranda Balkin, MD, GLBT 9 10 WHEREAS, A large body of evidence demonstrates that ultrasound improves clinical outcomes, 11 facilitates more rapid diagnoses, shortens times to definitive treatment, reduces failure and complication rates during procedures, and improves patient satisfaction, and 12 13 14 WHEREAS, point of care ultrasound (POCUS) is a cost-effective, evidence-based, and straightforward medical procedure that meets the triple aim of care, health, and cost by increasing access 15 16 and decreasing referrals (and therefore cost), and 17 18 WHEREAS, according to the Family Physician Workforce Reform "family physicians...will fill critical 19 roles in the health care marketplace. Current recommendations are intended to support efforts to 20 ensure health care access for all in America and to meet the needs of underserved rural and urban 21 populations," and 22 23 WHEREAS, the American Academy of Family Physicians (AAFP) has long recognized the 24 importance of supporting family medicine's broad scope of practice, and 25 26 WHEREAS, POCUS is easy to do and teach in resource-poor settings (Partners in Health, 27 American Institute for Ultrasound Medicine), and 28 29 WHEREAS, family doctors staff FQHCs across the country and this population can benefit from 30 increased POCUS, and 31 32 WHEREAS, the Journal of Residency Education published a required list of procedural training in 33 2008 that includes ultrasound, and 34 35 WHEREAS, in a recent survey of internal medicine residents 100% desired more formal ultrasound 36 training, and 37 38 WHEREAS, according to one 2015 AAFP survey only 7.4% of family doctors do OB ultrasound and 7.4% do non-OB ultrasound, and 39 40 41 WHEREAS, the Association of Family Medicine Residency Directors requires family medicine

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residencies to teach basic POCUS including prenatal (amniotic fluid index, fetal presentation,

43 44 45	placental localization) and guidance for central vascular access, paracentesis, thoracentesis, MSK injections), and
46 47 48	WHEREAS, a recent survey of family medicine residency directors showed that only 2.2% of programs currently have a POCUS curriculum, now, therefore, be it
49 50 51 52	RESOLVED, That the American Academy of Family Physicians (AAFP) encourage every U.S. family medicine residency program to include point of care ultrasound (POCUS) training, and be it further
53 54 55	RESOLVED, That the American Academy of Family Physicians (AAFP) increase continuing professional development opportunities regarding point of care ultrasound (POCUS) [for example, at its scientific meetings and Continuing Medical Education (CME) courses].

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quality measures and benchmarks.

### **Resolution No. 5012**

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1 To Promote the Mission of The American Academy of Family Physicians by Limiting Pay for 2 Performance Parameters to Those Reasonably Under the Control of the Physician 3 4 Submitted by: Laurel A. Dallmeyer, MD, FAAFP, Women 5 Lisa Casey, MD, Women 6 Gail Guerrero Tucker, MD, FAAFP, Women 7 Jaividhya Dasarathy, MD, IMG 8 Preston Thomas, MD, Minority 9 10 WHEREAS, An increasing percentage of physician reimbursement is tied to "pay for performance," 11 in which the percent of patients meeting clinical benchmarks is used to both judge and pay 12 physicians, and 13 14 WHEREAS, while measures such as access to appointments, generic fill rate, and provision of education at office visits are reasonably under the control of the physician, measures such as 15 16 glycosylated hemoglobin level and blood pressure at office visits are not, and are more closely tied 17 to patient socioeconomic status than the actions and ability of the physician, and 18 19 WHEREAS, the socioeconomic status of patients is strongly correlated with overall health, ability to comply with medication regimens, and ability to engage in health care, and 20 21 22 WHEREAS, the constant onslaught of reports criticizing physicians for patient benchmarks not 23 under the direct control of the physician is both demeaning and discouraging, and contributes to 24 physician burnout, and 25 26 WHEREAS, financially penalizing physicians who care for difficult patients can lead to withdrawal 27 of care for patients who need care most, and further promote health disparities, now, therefore, be 28 29 30 RESOLVED, That the American Academy of Family Physicians (AAFP) enact a policy statement 31 that patient controlled quality measures and benchmarks such as lab values and medication fill 32 rates be removed from pay-for-performance arrangements, and be it further 33 34 RESOLVED, That the American Academy of Family Physicians (AAFP) lobby legislatures and 35 insurance companies to remove patient-controlled quality measures from pay for performance 36 arrangements, and be it further 37 38 RESOLVED. That the American Academy of Family Physicians (AAFP) enact a policy statement discouraging insurance companies from rating or ranking physicians based on patient-controlled 39



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1	Systemic Solutions to Physician Burnout
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3	Submitted by: Meghan Velonek, MD, New Physicians
4	Melissa Hemphill, MD, New Physicians
5	Kyle Bradfor Jones, MD, New Physicians
6	Jessica Richmond, MD, New Physicians
7	Miguel Concepcion, MD, New Physicians
8	Collyn Steele, MD, New Physicians
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10	WHEREAS, Maslach Burnout Inventory showed 54.4% of physicians reported at least one
11	symptom of burnout in 2014, and
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13	WHEREAS, family physicians where among the top four specialties experiencing burnout, and
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15	WHEREAS, physician burnout is significantly higher than in other professional careers, and
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17	WHEREAS, the American Academy of Family Physicians (AAFP) has identified that
18	physician burnout is a system problem in its position statement for physician burnout, now,
19	therefore, be it
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21	RESOLVED, That the American Academy of Family Physicians (AAFP) create a toolkit for use by
22	health organization leaders to provide screening and supportive resources for physician burnout.