

AAFP Foundation Student and Resident Trustees

2025 Annual Report

AAFP Foundation Student and Resident Trustees

Resident



Kelly Dougherty, MD
Mercy FMR
St. Louis, MO
Class of 2025

Student



Andrea Augustine, MPH
Duke University School of Medicine
Durham, NC
Class of 2026

Purpose & Scope of Work

The American Academy of Family Physicians (AAFP) Foundation is the philanthropic arm of the AAFP, dedicated to advancing family medicine through humanitarian, educational, and scientific initiatives. Its mission is to improve health by supporting programs that enhance the professional development of family physicians, foster innovative research, and reduce health disparities in underserved communities. The Foundation's work is made possible through revenue from individual donations, AAFP Insurance Services, and support from corporate donors. Together, these contributions have enabled the Foundation to invest over \$2 million in initiatives that strengthen the primary care workforce and expand access to high-quality, patient-centered care.

Key Discussions & Actions

Family Medicine Leads (FM Leads)

FM Leads invests in the future of the family medicine specialty by supporting efforts to strengthen the workforce pathway and cultivate well-trained, visionary leaders. Dr. Dougherty and Student Doctor Augustine are honored to have participated in the Emerging Leader Institute, where they gained valuable knowledge, mentorship, and structured training to support their growth as future leaders in family medicine.

- Emerging Leader Institute (ELI): ELI is a signature program of the AAFP Foundation, and pairs selected medical students and residents with experienced mentors to develop and complete a year-long leadership project in one of three tracks: (1) Policy & Public Health, (2) Personal & Practice, and (3) Philanthropic & Mission-Driven. Each year, 30 emerging leaders are selected to participate in the immersive 2-day institute. Leadership Project Award recipients from the 2023 cohort presented their work through poster sessions at the AAFP National Conference (now known as AAFP FUTURE), with the top project from each track honored during a special session featuring live presentations and a Q&A.

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- Scholarships: The AAFP National Conference (now known as AAFP FUTURE) has been a cornerstone event for medical students and residents exploring a future in family medicine. Recognizing both the importance of attending and the financial challenges that may stand in the way, the AAFP Foundation continues to provide critical support through FM Leads Scholarships. Thanks to the generosity of our donors, the Foundation awarded 270 scholarships this year- including 30 designated for participants in the Family Medicine Leads ELI- ensuring broader access to this transformative experience.

Family Medicine Cares (FM Cares)

- FM Cares International (FMCI): FMCI supports medical education and patient care in the Dominican Republic. A resident scholarship is awarded annually to join the delegation. The 2025 recipient is Shaneen Whyte, MD, MS, of Broward Health Family Medicine in Fort Lauderdale, FL.
- FM Cares USA: This program supports the establishment and sustainability of free clinics serving the uninsured. In 2024, ten clinics received funding- five of which were new- to purchase essential medical equipment and instruments.
- Resident Service Award: Each year, two first- or second-year residents are awarded grants to address healthcare disparities in underserved U.S. communities.
 - Dr. Brandy Truong and Dr. Sofya Kats (Kaweah Health FMR in Visalia, CA): Their project addresses STI and cancer screening among LGBT+ populations in Tulare County through training and workshops with The Source LGBT+ Center.
 - Dr. Armand Ntchana (LSU FMR in Alexandria, LA): His "Rapides Health Project" delivers wellness education aimed at improving long-term health outcomes in Rapides Parish, Central Louisiana.

Family Medicine Discovers

- Rapid Cycle Scientific Discovery and Innovation (RapSDI): The RapSDI program provides funding to practicing family physicians for short-term, innovative research projects that address real-world challenges in primary care. The program can support and welcomes early-career or inexperienced researchers because of a partnership with DARTNet Institute. This initiative empowers physicians to contribute valuable insights and solutions to the growing body of family medicine knowledge. Two new scholars have been selected for 2025's 5th cycle, each receiving awards of up to \$40,000 and their research is underway.

Center for the History of Family Medicine (CHFM)

The CHFM serves as the collective memory of the specialty by functioning as a historical research library, archives, and museum. It also acts as the official repository for major family medicine organizations, including AAFP, ABFM, ACOFP, ADFM, AFMRD, NAPCRG & STFM.

- Richard D. Feldman, M.D. Student and Resident Essay Contest: This annual contest invites scholarly essays on the history of family medicine in the U.S.
 - First Place (\$2,000): Rowan Magnuson (University of Massachusetts Chan Medical School)
Essay: [Medicalizing Marginalization: The Role of Family Physicians in Treating the Social Determinants of Health](#)

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- Second Place (\$1,000): Pratiti Roy, MD (Lancaster General Health)
Essay: [The Compendium of Hardknocks: A Window into the History of Family Medicine](#)
- Oral History Grant: This is a \$3,000 grant awarded annually to support the creation of oral history interviews that offer new perspectives on family medicine.
- The Sandra L. Panther Fellowship: This fellowship provides a \$3,000 award to support original research using CHFM collections, advancing understanding of FM's history.

This year, we also celebrate the incredible work of the AAFP Foundation's fundraising team. Their efforts ensure the continued availability of scholarships, fellowships, awards, and other resources for students, residents, and early-career physicians. In 2024, the Foundation received \$1,138,555 in contributions from 3,285 individual donors. As your fellow trustee representatives, we invite you to consider donating to the Foundation. Whether it's supporting leadership development or global service opportunities, every dollar helps strengthen the family medicine pipeline. Your gift- no matter the amount- can support a classmate, a colleague, or a future changemaker in our field. We are the generation of action, and together, we can shape the future of family medicine.

Personal Reflections

Andrea Augustine, Student Trustee: Serving in this role over the past year has been both an honor and a tremendous learning experience. I'm deeply grateful for the chance to connect with inspiring physicians, dedicated non-physician collaborators, and the incredible Foundation staff. Participating in the FM Leads, FM Discovers, and FM Cares workgroups- and the CHFM Board of Curators- has expanded my understanding of the Foundation's mission and reach. As an ELI alumna and National Conference/FUTURE scholarship recipient, I've experienced firsthand the lasting impact of the Foundation's programs. I look forward to continuing in this position for my second term and remain committed to representing the student voice and exploring new ways to strengthen our programming. I encourage any student passionate about family medicine and service to consider running next year- this role is meaningful and deeply rewarding.

Dr. Kelly Dougherty, Resident Trustee: While serving as the resident trustee and as an alumnus of Emerging Leaders Institute, it has been amazing to see all of the ways the Foundation supports residents and students! From ELI to the number of medical student run-free clinics Family Medicine Cares supports, the AAFP Foundation is truly investing in the future of our specialty. I urge you to consider applying for one of our amazing programs to see how you can grow as a Family Physician! As I reflect on my growth as a philanthropist, I challenge all those reading this to donate to the organization of your choosing, and I can confidently tell you the AAFP Foundation is an incredible way to support the future of our Family Medicine. Thank you all for listening to me be the Foundation's cheerleader over the past two years. Serving in this role changed my life, and I hope the next Resident Trustee can say the same!