

Association of Family Medicine Residency Directors Resident Representative 2025 Annual Report

AFMRD Resident Representative

Resident

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Monroe, LA

Class of 2025

Purpose and Scope of Work

The Association of Family Medicine Residency Directors (AFMRD) is dedicated to inspiring family medicine residency program directors to provide exceptional training. The association's mission is to create a community of residency directors who are committed to excellence, innovation, and mutual support in addressing public health needs. AFMRD aims to provide educational and developmental opportunities through mentorship and innovative programs tailored to its members' needs. It enhances residency programs by offering resources for accreditation, fostering innovation, and promoting diversity and inclusion. Furthermore, the association advocates for family medicine and graduate medical education on a broader scale.

Activities and Achievements

Over the past year, the AFMRD Board actively engaged in a range of initiatives focused on advancing family medicine residency education, advocacy, and workforce development. One priority area was promoting the role of family physicians in maternal and child health. The board emphasized the urgent need for research demonstrating the non-inferiority of family physicians in providing pregnancy care across diverse practice settings, including urban academic centers, FQHCs, and suburban communities.

The board explored the evolving landscape of residency application platforms through presentations from representatives. Discussions centered on platform usability, application costs, and their potential benefits for applicants and programs alike.

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Work continued standardizing procedural competency expectations for family medicine residents. A confidential list of required procedures was reviewed to ensure alignment with graduation requirements and support competency-based assessment.

In preparation for 2026, the board collaborated with the ABFM on upcoming verification requirements for procedural competency. AFMRD committed to forming a dedicated workgroup tasked with developing a national list of required procedures, including minimum numbers and definitions of competency benchmarks.

The AFMRD supported a national shift toward Competency-Based Medical Education (CBME) through participation in a series of webinars designed for residency leaders. These sessions offered guidance on curriculum development and assessment models aligned with CBME principles.

In collaboration with STFM and with funding from the ABFM, a national consensus initiative was launched to advance Point-of-Care Ultrasound (POCUS) education. This faculty development program integrates hands-on training, online learning, and longitudinal experiences to build core POCUS teaching skills within family medicine residencies.

The board participated in policy discussions around new licensing pathways for international medical graduates (IMGs). Legislative efforts in multiple states aim to reduce barriers for internationally trained physicians and address pressing workforce shortages.

The ABFM Foundation approved funding for a three-year leadership training initiative for Associate program directors (APDs), site directors, and other family medicine professionals not currently served by the NIPDD model. The AFMRD supported this initiative to strengthen leadership across the specialty.

Subcommittee work

None

Lessons Learned and the Value of Serving on AFMRD Board

My leadership role has provided invaluable insights into health policy and advocacy within the realm of family medicine. One of the board's core responsibilities is addressing issues affecting residency programs and presenting these concerns to key decision-makers such as the Accreditation Council for Graduate Medical Education (ACGME) and the American Board of Family Medicine (ABFM). Our advocacy efforts are rooted in keeping members informed of legislative and policy matters impacting residency training, always striving to prioritize the best interests of residents and their educational environments.

Serving on the board alongside program directors from across the country has been a privilege. This experience allowed me to bring a resident's perspective to the table, while also gaining a deeper appreciation for the board's thoughtful and collaborative decision-making processes. My understanding of the complexities and opportunities within graduate medical education has grown significantly through these discussions.

I also had the opportunity to review scholarship applications for the Family Medicine Advocacy Summit (FMAS) and to attend the summit in person. This provided firsthand exposure to advocacy in action and strengthened my appreciation for the role of policy in shaping medical education.

As I complete my two-year term as the AFMRD Resident Representative, I am deeply grateful for the opportunity to have served. I strongly encourage residents who are passionate about advocacy and leadership to consider running in the next AFMRD Resident Member election. This role offers a unique chance to grow both personally and professionally while making meaningful contributions to the future of family medicine education.