

# FMIG Network National Coordinator 2025 Annual Report

## FMIG Network National Coordinator:

### **Alison Johnston**

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State College, PA

*Class of 2025*

Lancaster General Hospital Family Medicine Residency

*Class of 2028*

## **Purpose & Scope of Work**

The FMIG (Family Medicine Interest Group) Network exists to inspire and support medical students across the country as they explore and pursue careers in family medicine. As the FMIG Network National Coordinator, I lead a team of six Regional Coordinators and two Student Organization Liaisons who work closely with the AAFP to provide resources, guidance, and leadership development for student leaders nationwide. Our efforts are aimed at strengthening the pipeline into family medicine, especially for those historically underrepresented in medicine.

### Regional Coordinators:

- Jonathan Bakly, OMS3; Touro University Nevada College of Osteopathic Medicine
- Molly Hurd, MS3; Robert Larner, MD College of Medicine at The University of Vermont
- Amanda Lilley, MS3; Medical College of Georgia, Athens
- Lila Lohmiller, MS2; University of Minnesota Medical School – Duluth Campus
- Jennifer Lowell, MS1 – East Tennessee State University James H. Quillen College of Medicine

### International Medical Student Regional Coordinator:

- Khizran Ali, MS4; Windsor University School of Medicine

### LMSA Liaison:

- Alvaro Cortez, MS3; Medical College of Georgia at Augusta University

### SNMA Liaison

- Aasha Henderson, MS3; Morehouse School of Medicine

## Key Initiatives and Updates (January–April 2025)

### Leadership Onboarding and Strategic Planning

Our 2025 team convened at AAFP headquarters in January for strategic planning and team building. We reaffirmed our mission to:

- Promote inclusivity and diversity in family medicine
- Support FMIGs nationwide in their programming
- Empower students to pursue advocacy and leadership roles
- Encourage collaboration between FMIGs and allied organizations

### FMIG Network Registration & Membership Promotion

A new FMIG registration process launched this year, streamlining access to the Core Grant and Student Membership Ambassador programs. We received **133 FMIG registrations**, up from 81 Core Grant applicants the previous year. This process allows Regional Coordinators to more effectively connect with and support FMIGs across the country.

Our team continues to promote AAFP student membership through active recruitment, partnerships with LMSA and SNMA, and a strong presence on social media. As of February 2025, student membership reached **24,200**.

### Program of Excellence (PoE) Awards

The FMIG Network continues to host the Program of Excellence Awards, which recognizes outstanding FMIGs across the country. Best practices and innovative ideas from the 2024 award winners are also captured and promoted in FMIG programming resources on the [AAFP website](#) and throughout the Network.

Our FMIG Network leadership team thoroughly reviewed applications this spring and the 2025 POE winners were announced at this morning's annual FMIG Awards Breakfast.

### Interorganizational Collaboration

- **SNMA:** Liaison Aasha Henderson hosted a residency application panel at SNMA's AMEC for 80+ attendees and helped staff an AAFP booth.
- **LMSA:** Liaison Alvaro Cortez represented AAFP at the LMSA National Conference this spring and lead family medicine programming.
- Two of our regional coordinators, Amanda Lilley and Molly Hurd, will be representing the FMIG Network this coming fall at the FMEC annual meeting this fall. They will be hosting an advocacy workshop.

### FMIG Network at FUTURE Conference

Our team is planning sessions for the FUTURE Conference, including:

- FMIG Leadership Welcome
- FMIG Annual Celebration and Awards Breakfast
- Underrepresented in Medicine Discussion Group
- 3rd Annual FMIG Leadership Summit

### **FMIG Well-being Champion Program**

The AAFP was awarded a Health Resources and Services Administration (HRSA) grant to support “Physician Health First: Building Resiliency Interactionally During Graduate Education (BRIDGE).” Goal three of the grant included the development of an FMIG Well-being Champion Program. The program provides selected champions with training to produce and facilitate workshops at your medical school on wellness-related topics that are designed to help students build the critical skills needed to create a culture of well-being and overcome the challenges of education.

The grant concluded December 2024. The programs and curriculum that was created by the WBCs will be available on the AAFP website in early 2025.

### **AAFP Foundation Partnership**

This year, we introduced a **monthly newsletter section** to highlight AAFP Foundation opportunities. Collaborating with the Foundation’s student representative ensures FMIG leaders are informed about scholarships, grants, and other support resources.

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### **Lessons Learned and Reflections**

Serving as FMIG Network National Coordinator has been one of the most formative leadership experiences of my medical school career. I’ve gained skills in advocacy, team leadership, strategic planning, and interorganizational collaboration. More importantly, I’ve had the privilege of mentoring rising leaders and watching their passion for family medicine take root. This role has reaffirmed my commitment to primary care and shown me how national engagement can amplify the voice of students and create lasting impact. I encourage all students passionate about family medicine, leadership, and advocacy to apply for FMIG Network roles. These positions offer a meaningful opportunity to shape the future of our specialty and empower your peers.