

STFM Board of Directors 2025 Annual Report

Student Representative to the STFM Board of Directors

Student

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Purpose & Scope of Work

The Society of Teachers of Family Medicine (STFM) is a national, interdisciplinary community of academic family medicine educators that seeks to advance family medicine through teaching, education, and scholarship. As a student representative to the STFM Board of Directors, my role was designed to incorporate the perspective of health professions learners and trainees into STFM's programs and initiatives. As Board members, we provided our insights and held voting rights that influenced the organization's policies and decision-making.

Activities & Achievements

Early this year, STFM held a successful Medical Student Education (MSE) Conference in San Antonio, Texas, with strong student participation. After a warm welcome from our President, including a light-hearted discussion on the unique qualities of armadillos, we attended thought-provoking lectures and inspiring poster presentations, and fostered a vibrant community of family medicine learners at all stages of training. GroupMe was utilized to connect student peers and provide important conference and STFM updates.

At the conclusion of the conference, a town hall was hosted to collect feedback on updates to the National Clerkship Curriculum (NCC)—more on this below. As a result of the conference, we formed meaningful connections with both peers and potential mentors and gathered innovative ideas for the future of medical student education.

The 2025 Annual Conference, held in Salt Lake City, Utah, carried a notable energy that reaffirmed STFM's mission and values.

Board of Director Meetings

Student Member to the Board of Directors

The Board of Directors met regularly throughout the year to discuss STFM's ongoing strategic planning, professionalism in family medicine, the residency application and MATCH process, the AAFP's revamped family medicine digital storytelling initiative, and a broader effort to

enhance family medicine scholarship. Time was also dedicated to affirming STFM's commitment to health equity and antiracism initiatives.

Committee Work

Medical Student Education Committee

The Medical Student Education Committee (MSE) was primarily responsible for executing the MSE Conference (detailed above), which was successful both in attendance and participant feedback.

One of the committee's key initiatives was to evaluate and respond to feedback regarding the NCC. Discussions included incorporating innovative assessment methods, streamlining higher-order learning objectives, and reinforcing the narrative around family medicine's identity and societal value. The committee also reviewed its goals in the context of STFM's strategic plan and engaged in discussions with the AAFP about potential updates to the residency application and match systems.

Lessons Learned and the Value of Serving on STFM Board of Directors

Student Representative

Serving on the STFM Board of Directors was a career-changing and immensely valuable experience. I gained a deeper understanding of the internal workings of an education-focused organization and the distribution of work across its many committees. I built a national network of mentors and colleagues, which broadened my vision of what a career in academic medicine can be.

I also learned the power of the student voice. In Board meetings filled with more than 30 accomplished professionals, it can be intimidating to speak up. However, I was consistently encouraged and celebrated for offering questions and insights from a student's perspective