



# AFP Resident and Student Representative 2022 Annual Report

## American Family Physician Resident and Student Representative

### Resident

Lilian White, MD  
Cleveland Clinic FMR  
Cleveland, OH  
Class of 2023

### Resident

Erin Fredrickson, DO, MPH  
University of Washington FMR  
Seattle, WA  
Class of 2023

### Student

Jack Kennedy  
University of the Incarnate Word  
School of Osteopathic Medicine  
San Antonio, TX  
Class of 2023

### Purpose & Scope of Work

*American Family Physician* (AFP) is the editorially independent, peer-reviewed, and evidence-based clinical journal of the AAFP. AFP delivers concise, easy-to-read clinical review articles for physicians and other health care professionals. AFP's mission is to empower family physicians to improve the health of patients and communities as the leading source of medical information while advancing science and health equity. As the student and resident representatives, we served as editorial members of the journal to advocate for student and resident perspectives, especially in terms of our interests and learning needs.

### Activities & Achievements, Lessons Learned and the Value of Serving as the AFP Resident and Student Representatives

#### Resident

Serving as the resident representatives has been such a wonderful experience! We have appreciated getting to know some of the dedicated editors and their feedback has been so helpful to our growth as writers and reviewers. Dr. Sexton took the time to take one of us with special interest in reviewing through her process with an entire article from start to finish. Hearing her thought process was super helpful to help hone some of the details and specific skills particular to being a good reviewer. I appreciated her emphasis on the reviewer as an assistant to the author to produce a high-quality article. Contributing to the dissemination of practice-changing evidence through the AFP Twitter account has been an adventure. We have also enjoyed working with Dr. Lin on the AFP Blog – we are grateful for his insightful and educational feedback. As people who hope to continue working in this space of education and advocacy in the form of writing, these friendships and connections are invaluable and have been such a joy to make and continue to grow! Over the next few months, we plan to continue to find ways to encourage resident involvement in AFP.

### **Activities & Achievements:**

- Peer-reviewed an article
- Wrote and published entry for *AFP* Blog
- Wrote and published practice guideline (in process)
- Contributed to content in social media accounts
- Participated in *AFP* Quiz Task Force
- Updated shared bibliography on systemic racism, collaborative project between *AFP* and *Annals of Family Medicine*
- Co-presented workshop on “*Getting Started in Medical Writing: Spotlight on Diversity and Equity*” at FMEC conference

### **Student**

My experience as the student member of the *AFP* editorial board has been one of the highlights of my medical school career. There's a sense of trepidation for a medical student interacting with such accomplished family medicine physicians, but immediately you are treated as one of their own. The team values the student perspective and meaningful contributions are encouraged!

Working with the editor-in-chief Dr. Sexton on a manuscript from beginning to end gave me a deeper understanding of evidence-based medicine and its role in a point-of-care family medicine journal. Writing posts for social media was another highlight allowing me to provide a student perspective to the over ten thousand *AFP* social media followers. Again, the team has been so positive, and encourages feedback and learning opportunities.

I have always wanted to get involved in writing and advocacy, and this was the perfect jumping off point. The connections and mentorship have exceeded every possible expectation, and I have grown so much from this opportunity. I plan to continue educating students on the value of the *AFP* and increasing student engagement.

### **Activities & Achievements**

- Peer-reviewed an article
- Participated in *AFP* podcast (in progress)
- Wrote and published entry for “*Diary of a Family Physician*” (in progress)
- Contributed to content in social media accounts
- Participated in *AFP* Quiz Task Force
- Updated shared bibliography on systemic racism, collaborative project between *AFP* and *Annals of Family Medicine*

*Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit [aafp.org](http://aafp.org).*