



AFP Resident and Student Representative 2023 Annual Report

American Family Physician Resident and Student Representative

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Purpose & Scope of Work

American Family Physician (AFP) is the editorially independent, peer-reviewed, and evidence-based clinical journal of the AAFP. AFP delivers concise, easy-to-read clinical review articles for physicians and other health care professionals. AFP's mission is to empower family physicians to improve the health of patients and communities as the leading source of medical information while advancing science and health equity.

As the student and resident representatives, we served as members of the editorial board of the journal. We participated in medical editing, writing and overall aim of the journal as well as serving as ambassadors between the AFP Journal and Students/Residents. We focused on representing the needs of the national collection of students and residents to ensure that they were able to benefit from the journal and that their subsequent feedback was heard.

Activities & Achievements

- Social Media Outreach via Twitter and Facebook for journal promotion.
- Participated in meetings with the Editorial Board focusing on the direction of the journal.
- Peer review and Editing of Procedural videos for online collection.
- Planning and Execution of AFP Photo Contest.
- Peer-review of articles for publication (In Progress)
- Participated in AFP podcast (In Progress)
- Wrote and published entry for AFP Blog (In Progress)
- Wrote and published Practice Guidelines (In Progress)

Lessons Learned and the Value of Serving on

Nia Carty MD (Resident Representative)

Creating educational content that improves the quality of others' learning has always been one of my greatest joys. Becoming a medical student, and now serving as a resident physician leader has only amplified my desire to continue finding novel ways to achieve this goal. Serving as a Resident Representative on the AFP Editorial Board has enabled me to do so on a national scale and collaborate with others who share the same passion. I enjoy advocating resident interests, concerns, and priorities during meetings with AFP leadership, as well as utilizing social media to increase visibility, access, and awareness of AFP as a critical, evidence-based, clinical resource amongst future and current family medicine physicians. I also appreciate that this position is a yearlong commitment which gives us sufficient time to participate in an array of opportunities and take full advantage of the mentorship afforded to us. Some of the upcoming projects I am looking forward to during the second half of the year include: participating in an AFP podcast, working on practice guidelines, and working one-on-one with Dr. Sexton (AFP Editor in chief) to learn how to review medical literature from the perspective of an editor. I also look forward to attending AFP's upcoming Diversity Council meeting as well as AFP's annual Editor Meeting. I feel very fortunate to have the opportunity to serve as a Resident Representative on the AFP Editorial Board, and highly encourage other residents to apply for this role next year.

Kiersten Kelly MD (Resident Representative)

Through this role, I have learned about the vast scope of the *American Family Physician* Journal, and it has become one of my primary resources in clinical care. If I have a question about a patient, I often look first to the AFP prior to discussing with an attending, which has immensely improved my continued learning as a resident and my ability to provide evidence-based care more independently. Through this role, I have served as a liaison for the AFP journal and have sought to help other residents utilize the journal for the incredible resource it is. Further, I have the ability to participate in social media outreach in addition to learning the inner operations of this highly esteemed journal as we have regular contact with Dr. Sexton, the editor in chief, and other members of the leadership team. Being a resident member of the AFP editorial board has been an incredible learning opportunity.

Evan Starr OMS III (Student Representative)

This opportunity I have had as Student Member to the Editorial Board of the AFP Journal has been the crowning achievement of my medical journey thus far. I have always had a passion for Research and Family Medicine and being able to work on those goals simultaneously has been extremely rewarding. While I have previously participated in many different facets of research, being involved in the different stages of planning and delivery within AFP journal has allowed me a more comprehensive view of the importance of evidence-based medicine in primary care settings. The Editorial team is committed to not only producing a high-quality journal, but also helping develop students and residents and equip them with the skills to contribute to this crucial field of medicine. Everyone went out of their way to make sure we were involved and were quick to offer help and guidance. Working with this group of passionate individuals toward a common goal has been insightful and motivating.

I have been able to share my view as a student and offer ideas on how to better engage students and residents nationwide to ensure that the resources the AFP has to offer are well known and utilized. These resources the AFP has organized are extremely helpful and often underused. Practice guidelines, algorithms, procedure videos and CME questions all proved very helpful in my rotations, and I plan to lean heavily on them in my future residency and career.

While I yet have much to learn, this role has allowed me a better understanding of the importance evidence-based care plays in the lives and outcomes of patients. The vast collection of accessible resources that the AFP has organized is powerful and can help students, residents and attendings alike offer the highest level of care. I would encourage any students with a desire to get involved in research, editing or advocacy within family medicine to apply for this role and take advantage of this opportunity!

Note: This report was prepared by the resident or student representative(s) listed and includes their account(s) of the business conducted during their term. This is not an official record of business proceedings from the AAFP or any other entity. To find out more about the business of the AAFP, its congresses, commissions, and current policies visit aafp.org.